



HUMBOLDT ATHLETICS

Humboldt High School
1020 New York St.
Humboldt, KS 66748
620-473-2251

Humboldt Middle School
1105 Bridge St.
Humboldt, KS 66748
620-473-3348

2025 Humboldt Invitational Varsity Girls & Boys Track Meet Thursday, May 8, 2025 – 10:00 am

SCHOOLS PARTICIPATING: Altoona, Anderson County, Burlington, Caney Valley, Cherryvale, Crest, Elk Valley, Eureka, Frontenac, Hartford, Humboldt, Iola, Liberty Home Alliance, Marmaton Valley, Pleasanton, Riverton, Southern Coffey County, St. Mary's Colgan, Uniontown, Waverly, Yates Center

ENTRY FEE: \$150.00 Please send before or bring to the meet. (\$15 each under 10)

ENTRIES: All will be done online –
All entries will need to be final by 7:00 pm on Wednesday, May 7th.
There is a maximum of THREE (3) entries from each school in all individual events. ONE (1) relay team per school per event.

COACHES MEETING: 9:15 am Complex Classroom (East Side of Building)

Event sheets will be at coaches meeting so you can scratch any of your athletes not competing. No new entries will be allowed / Hospitality room will be provided.

FIELD EVENTS: 10:00 am

Long Jump	East Runway	Boys / Girls	3 Attempts & Finals
Triple Jump	West Runway	Girls / Boys	3 Attempts & Finals
Girls High Jump	West Pit	Starting Height 4'0"	3 Attempts each Height
Boys High Jump	East Pit	Starting Height 5'0"	3 Attempts each Height
Girls Discus	West Ring	Minimum 80"	3 Attempts & Finals
Boys Discus	East Ring	Minimum 100'	3 Attempts & Finals
Girls Shot Put	South Ring	Minimum 25'	3 Attempts & Finals
Boys Shot Put	North Ring	Minimum 35'	3 Attempts & Finals
Best throwers need to go first please in shot.			
Girls Javelin	Grass	Minimum 75'	3 Attempts & Finals
Boys Javelin	Runway	Minimum 100'	3 Attempts & Finals
Pole Vault	Girls / Boys	Girls - 6'0", Boys - 8'0"	3 Attempts each Height 3 Attempts each Height

RUNNING EVENTS: 12:00 PM – Finals will be 15 minutes following conclusion of preliminaries

ORDER OF RUNNING EVENTS -

Girls 3200 M Run
Girls 100 M Dash – Prelims
Boys 100 M Dash – Prelims
Boys 4 X 800 M Relay
Girls 200 M Dash – Prelims
Boys 200 M Dash – Prelims
Boys 110 M HH – Prelims
Girls 100 M HH – Prelims
Girls 4 X 800 M Relay

15 MINUTE BREAK

Girls 100 M HH
Boys 110 M HH
Girls 100 M Dash
Boys 100 M Dash
Girls 1600 M Run
Boys 1600 M Run
Girls 4 X 100 M Relay
Boys 4 X 100 M Relay
Girls 400 M Dash
Boys 400 M Dash
Girls 300 M IH
Boys 300 M IH
Girls 800 M Run
Boys 800 M Run
Girls 200 M Dash
Boys 200 M Dash
COED Discus Relay (4 X 100)
Boys 3200 M Run
Girls 4 X 400 M Relay
Boys 4 X 400 M Relay

COED Discus Relay event – Any combination of boys/girls/coaches. Use a discus in place of a baton. Counts as an event, but will not be scored. One team per school. Must be in at least one field event (except coaches.)

GENERAL INFORMATION:

1. KSHSAA track and field / rules and regulations will apply.
2. Scoring: 10-8-6-4-2-1 (individual and relay)
3. Starting Blocks will be provided.
4. Medals will be awarded to 1st, 2nd & 3rd place.
5. Medals will be distributed to coaches in a packet following the conclusion of the meet.

6. A concession stand will be provided.
7. Spikes 1/8" or less may be worn on the All Weather Track and runways
8. Cleats and metal baseball/softball shoes may be worn on the grass for Javelin.
9. Complaints should be taken to the Games Committee and not the individual running an event.
10. We will measure the first throw, must meet minimum after that.
11. Have athletes in more than one field event get their jumps/throws in at each event. Don't wait around. Move from one event to the next, then go back for finals.

GAMES COMMITTEE:

Humboldt – Eric Carlson
Caney – Coach
Eureka – Coach

Questions:

Terry Meadows - Meet Manager,
terrymeadows@usd258.net
School - 620-473-2251 ext 205
Cell - 620-473-0232