

Derby North Middle School
Track and Field Meet
Tuesday, April 15th, 2025
Derby North Middle School Track
(3100 N. Rock Road)



Times: 3:00p.m. - - Coaches' meeting in front of press box in west stadium
3:30p.m. - - Finals in all Field Events/3200m Run
4:30p.m. - - Finals in all Running Events

Participating Schools: Derby Middle, Haysville, Newton, Derby North, Trinity Academy, Wichita Collegiate Middle School and Wichita Defenders Homeschool

Entry Fee: \$100 to help offset the cost of the timer crew

Scoring: 10-8-6-4-2-1 in all open running and field events.
10-8-6-4-2-1 in relays.

Entries: 4 entries per athlete
4 entries are allowed in each open running event and 3 entries in field events
1 relay team per event

We are using MileSplit for online entries. [MileSplit Support Page Link.](#)

1. **Create an account for your team “Derby North Invitational Track Meet”**
2. **Entries are open until Friday, 4/5/2024 at noon.**
3. **All scratches and changes will be made by the coaches. No additions or substitutions will be allowed after the coach’s meeting.**
4. **Contact Lee Pernice (lpernice@usd260.com) or 316-788-8408) if you have questions.**

Running Surface: Our track and the approaches for both the high jump and long jump are rubberized. Spikes in excess of 1/4” are not permitted. The shot and discus rings are concrete.
Please note: Spikes are not to be worn in the bleachers.

Equipment: 7th and 8th-grade girls will throw the 6lb shot put; 7th and 8th-grade boys will throw the 4 kg shot put. All divisions will throw the high school girls’ discus. Each school is responsible for supplying its own shots and discs.

Field Events: All competitors will be allowed three (3) attempts in the long jump, discus, and shot put. There will be no separate finals. Competitors will be allowed 3 misses at any height in the high jump.

Opening HJ heights: 7G – 3’8” 7B – 4’2” 8G – 3’10” 8B – 4’6”

Running Events: There will be no prelims in the running events. All races will be against time. False Starts: One false start to the field, the second false start will disqualify the runner

Hurdle Spacing: 100m low hurdles for both boys and girls. (13m to the first hurdle, 8.5m between, and 10.5m to the finish). We will use 30" hurdles. (33" for 8th boys).

Starting Blocks: Will be furnished.

Bus Parking: Buses need to enter from the Rock Road entrance and park in the west side parking lot.

Concessions: We will have concessions available

LOCKER FACILITIES WILL NOT BE AVAILABLE -- COME DRESSED.

Order Of Events -- **Listen For Calls**

Field Events -- 3:30p.m.

Schools listed in parentheses will be in charge of running those events.

(Derby) High Jump Pits -- South end of football field -- 8B-7B

(Derby) High Jump Pits -- South end of football field --8G-7G

(Derby North) Shot Put -- South Ring -- 8B-7B

(Haysville) Shot Put -- North Ring -- 8G-7G

(Newton) Discus -- SE area outside of stadium --7G-8G

(Newton) Discus -- SE area outside of stadium --7B-8B

(Colliegan MS) Long Jump--SW Side of football field--7G-8G

(Derby North) Long Jump -- SW Side of football field--7B-8B

(Haysville, Trinity, & Wichita Defenders) --Monitor exchange zones during relays.

Running Events 3:40pm

3200 M Run 8G, 8B (During field events)

1600 M Run 7G, 7B

Running Events 4:30p.m.

100 M Hurdles 7G, 7B, 8G, 8B (8th boys 33")

100 M Dash 7G, 7B, 8G, 8B

1600 M Run 8G, 8B

400 M Relay 7G, 7B, 8G, 8B

400 M Dash 7G, 7B, 8G, 8B

800 M Relay 7G, 7B, 8G, 8B

800 M Run 7G, 7B, 8G, 8B

800 M Medley 7G, 7B

1600 M Medley 8G, 8B

200 M Hurdles 7G, 7B, 8G, 8B (Last 5 hurdles)

200 M Dash 7G, 7B, 8G, 8B

1600 M Relay 7G, 7B, 8G, 8B

We will have a timer system for this meet.

If you have any questions, contact:

Lee Pernice, DNMS Athletic Director 316-788-8408 or email lpernice@usd260.com

or

Bryan Chadwick Head DNMS Track & Field Coach (316) 788-8408 or email bchadwick@usd260.com

