

2025 GC Bearkat High School Relays Schedule
Friday, March 28

11:00am-12:30pm: Scratch Meeting in Complex/Coaches Meeting

1:00pm: 3200m Run -- VG, JVB/VB (run together)

1:00pm: Field Events

Pole Vault: VG followed by JVB/VB (vault together)

High Jump: VB, VG, JVB

Long Jump (west pit): JVB, VB, VG

Triple Jump (east pit): VB, VG, JVB

Discus: JVB, VB, VG

Shot Put: VG, JVB, VB

4:00pm (or 30 minutes after Field Events): Running Events (order: JVB, VG, VB)

4x100m Relay

800m Run

100m Hurdles (VG)

110m Hurdles (JVB, VB)

100m Dash

4x200m Relay

400m Dash

300m Hurdles (VG, JVB, VB)

200m Dash

1600m Run (may combine where needed)

4x400m Relay

Awards will be ready for pick up in the press box. Will email results ASAP.