



**2025 GHSA STATE TRACK & FIELD STATE CHAMPIONSHIPS1A-Division II, 3A May 9-10, 2025**  
**Hugh Mills Stadium, Albany, GA (Adjusted for weather)**

Pole Vault Warm-up times- (60 minutes) 8:00 am, 11:00 am, 2:00 pm, 5:00 pm

9:00 am	High Jump-Class 3A Boys, Pole Vault-Class 3A Boys, Discus Throw-Class 1A Girls, Shot Put-Class 3A Boys, Long Jump-Class 1A Girls, Triple Jump-Class 3A Boys
10:30 am	High Jump-Class 3A Girls, Discus Throw-Class 1A Boys Shot Put-Class 3A- Girls, Long Jump-Class 1A Boys, Triple Jump-Class 3A Girls
12:00 pm	Pole Vault-Class 1A Girls High Jump-Class 1A Boys, Discus Throw-Class 3A- Girls, Shot Put-Class 1A Boys, Long Jump-Class 3A Girls, Triple Jump-Class 1A Boys
1:30 pm	High Jump-Class 1A Girls, Pole Vault-Class 3A Girls, Discus Throw-Class 3A Boys Shot Put-Class 1A Girls, Long Jump-Class 3A Boys, Triple Jump-Class 1A Girls
6:00 pm	Pole Vault-Class 1A Boys

**Running Events**

3:30 pm	100 Meter Hurdles
3:50 pm	110 Meter Hurdles
4:10 pm	100 Meter Dash
<b>4:40 pm</b>	<b>4x800 Meter Relay <i>Finals</i></b>
6:40 pm	4x100 Meter Relay
7:00 pm	400 Meter Dash
7:30 pm	300 Meter Hurdles
8:00 pm	200 Meter Dash
<b>8:30 pm</b>	<b>1600 Meter <i>Finals</i></b>

**Saturday, May 10, 2025**

***Finals***

10:00 am	100 Meter Hurdles
10:15 am	110 Meter Hurdles
10:30 am	100 Meter Dash
10:45 am	4x200 Meter Relay
11:30 pm	800 Meter Run
11:50 pm	4x100 Meter Relay
12:15 pm	400 Meter Dash
12:35 pm	300 Meter Hurdles
12:55 pm	200 Meter Dash
1:15 pm	3200 Meter Run
2:25 pm	4x400 Meter Relay
3:00 pm	Presentation of Trophies

2025 STATE MEET VERTICAL OPENING HEIGHTS/PROGRESSIONS BOYS POLE VAULT- 9'6"- 10'6"- 11'6"- 12'0"- 12'6"... GIRLS POLE VAULT- 7'- 8'- 9'- 9'6"- 10'0"... BOYS HIGH JUMP- 5'8"- 6'- 6'2"- 6'4"... GIRLS HIGH JUMP- 4'6"- 4'10"- 5'- 5'2"...

GAMES COMMITTEE AND EVENT OFFICIALS SHOULD USE JUDGMENT WITH REGARDS TO ADJUSTING DUE TO WEATHER OR FIELD TALENT FOR EACH GROUP WITH THE UNDERSTANDING THAT THESE CHANGES WERE IMPLEMENTED TO HELP MOVE THE EVENT ALONG AND NOT PRECLUDE ATHLETES FROM BEING ABLE TO COMPETE.

Due to the threat of inclement weather, the contesting of the throws and horizontal jumps has been adjusted to the following: Each athlete will receive four attempts, and the top 8 performances will be awarded.

Buses will need to drop athletes off at the North end hill.(on West Society) Buses will park behind the Albany High Field House . Someone will direct you there.

Entrances and exits will be marked on the track. Please ensure your athletes know where they are.

All athletes MUST BE SUPERVISED AT ALL TIMES on the Eastside. They CANNOT crossover to the Westside.

Concession will be held on both the athletes' and spectators' sides..

Students will not be allowed to jump over the walls.

Security will be in place throughout the stadium to assist.

Please call or email if you have questions or concerns.

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