# ALEC RUSH "DASH" INVITATIONAL 2025

**TUESDAY, APRIL 15, 2025 - 4 PM ● FRONTIER JUSTICE FIELD**
**1510 SW Jefferson Street ● Lee's Summit, MO 64081**

**ENTRIES:** Deadline for entries is Sunday, April 13 at 9:00 AM
Entries may be edited up to Monday, April 14 at 8:00 PM
https://mo.milesplit.com/meets/658250-alec-rush-dash-invitational-2025

**ENTRY LIMITS:** 2 entries per running & 3 per field event; 1 entry per relay; unlimited 1600

**ENTRY FEES:** $75 per team ($150 for both boys and girls)
Checks payable to Summit Christian Academy

**SCRATCHES:** At coaches meeting (3:30 PM - lower level press box); No additions

**STARTER:** Robert Wheeler

**ATH. DIRECTOR:** Andre Echols; andreechols@sca-kc.org

**HEAD COACH:** Shea Allen; sheaallen@sca-kc.org

**SCORING:** 10-8-6-5-4-3-2-1

**AWARDS:** Top 3 for each event; 1st Place Team Plaque

**SPIKES:** 1 / 4" Pyramid

**TEAM SET-UP:** West bleachers
Tents welcome - please use west side of stadium outside of track fence

**CHALK MARKINGS ONLY ON TRACK & JUMPING SURFACES - NO TAPE**

## FACILITIES

**(SEE MAP BELOW)**

**ADMISSION:** Adults $3; School age students and Seniors $1; Children under 5 are free

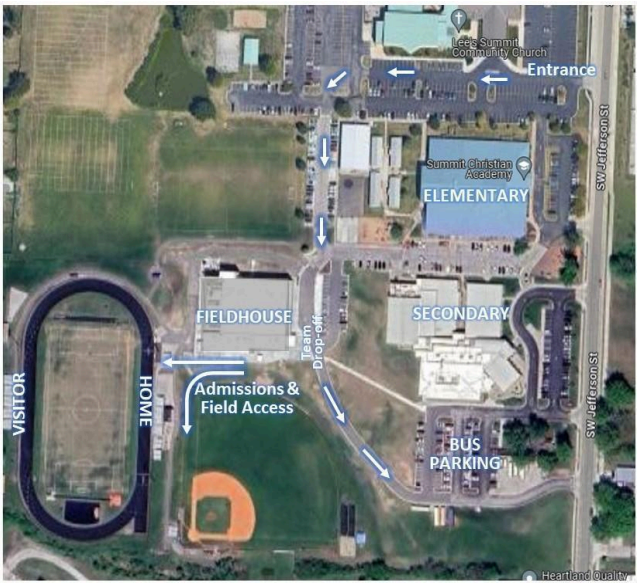
**CONCESSIONS:** Southwest corner of Field House

**RESTROOMS:** South side of Field House; **Please do not use locker room restrooms**

**PLEASE KEEP OUTSIDE GAME FIELD BARRIER OF THE INFIELD GRASS - THANK YOU!**

# ORDER OF EVENTS

| | | |
|---|---|---|
| **BULLPEN:** | Southeast corner of track behind 100 Meter start line | |
| **COACHES MEETING:** | 3:30 PM | Lower level press box |
| **EVENT WORKERS:** | 3:45 PM | Lower level press box |
| **FIELD EVENTS:** | **Prelims followed by top 9 to finals** | |
| | 3:30-3:55 PM | Event locations open for warm-up |
| | 3:45 PM | Pole Vault (G/B) - South end of football field inside track |
| | 4:00 PM | Discus (G/B) - North of stadium outside fence |
| | | Long Jump (G/B) - North end of football field inside track |
| | | High Jump (B/G) - South end of football field inside track |
| | | Shot Put (B/G) - NW corner of track |
| | | Triple Jump (B/G) - North end of football field inside track |

Opening Heights and runway directions to be set at coaches meeting

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|---|---|---|
| **RUNNING EVENTS:** | | **All Finals** |
| **(Rolling Schedule)** | 4:30 PM | 4x800 M. Relay |
| **(All Events to be G/B)** | | 100 M. Hurdles |
| | | 100 M. Dash |
| | | 4x200 M. Relay (1-3 = Red to Red; 4 = Yellow to Yellow) |
| | | 1600 M. Run |
| | | 4x100 M. Relay (All Yellow to Yellow) |
| | | 400 M. Dash |
| | | 800 M. Run |
| | | 200 M. Dash |
| | | 4x400 M. Relay (All Blue to Blue) |