



2025 Martins Ferry Relays Schedule of Events

4 p.m. – Finals in All Field Events (All events will be three throws, jumps and vaults, added together as a team to determine who wins the event)

**Shot Put: Girls then Boys
Discus: Boys then Girls
High Jump: Girls then Boys
Long Jump: Boys then Girls
Pole Vault: Boys then Girls**

***4:45 p.m. Timed Finals: All races will be heated worst to best times 4x800m**

**4x800m Relay
100m/110m HH
100m Dash
1600m Run
Sprint Medley Relay (100m, 100m, 200m, 400m)
300m IH
Distance Medley Relay (1200m, 400m, 800m, 1600m)
Shuttle Hurdle Relay
4x400m Relay**

***Approximate Time.**

Live Results:

