Central Colorado Athletic League

@ Vanguard HS

Saturday, May 03, 2025

8:30 am Coaches Meeting

Running Events

9:15 am First Event

Girls 100m Hurdles
Boys 110m Hurdles
Boys 3200m Relay
Girls 800m Medley Relay
Boys 100m Dash
Girls 100m Dash
Boys 800m Relay
Girls 800m Relay
Boys 1600m Run
Girls 1600m Run
Boys 400m Relay
Girls 400m Relay
Boys 400m Dash
Girls 400m Dash
Boys 800m Run
Girls 800m Run
Boys 200m Dash
Girls 200m Dash
Boys 1600m Relay
Girls 1600m Relay

Field Events

9:00 am Concurrent Start

Girls High Jump *(3-6 Start Ht)*
Girls Shot Put
Girls Triple Jump
Boys Discus
Boys Long Jump

As each event above completes, the opposite gender event below will begin

Boys High Jump *(4-0 Start Ht)*
Boys Shot Put
Boys Triple Jump
Girls Discus
Girls Long Jump