

**36<sup>TH</sup> ANNUAL**

**MORRIS COUNTY**

**FROSH-SOPH RELAYS**

**RANDOLPH HIGH SCHOOL**

**THURSDAY, APRIL 17, 2025**

**Frosh - Soph Relay Championships - 4/17/2025****Randolph HS****Event List-By Event Number**

Event #	Event Name	Event #	Event Name
1	Girls 4x100 Meter Shuttle Hurdle		
2	Boys 4x110 Meter Shuttle Hurdle		
3	Boys 4x200 Meter Relay		
4	Girls 4x200 Meter Relay		
5	Boys 4x200 Meter Relay		
6	Boys Distance Medley		
7	Girls Distance Medley		
8	Boys Distance Medley		
9	Boys 4x100 Meter Relay		
10	Girls 4x100 Meter Relay		
11	Boys 4x100 Meter Relay		
12	Girls 1600 Sprint Medley		
13	Boys 1600 Sprint Medley		
14	Boys 4x800 Meter Relay		
15	Girls 4x800 Meter Relay		
16	Boys 4x800 Meter Relay		
17	Boys 4x400 Meter Relay		
18	Girls 4x400 Meter Relay		
19	Boys 4x400 Meter Relay		
20	Girls Shot Put Relay		
21	Boys Shot Put Relay		
22	Girls Discus Throw Relay		
23	Boys Discus Throw Relay		
24	Girls Javelin Throw Relay		
25	Boys Javelin Throw Relay		
26	Girls High Jump Relay		
27	Boys High Jump Relay		
28	Girls Long Jump Relay		
29	Boys Long Jump Relay		
30	Girls Triple Jump Relay		
31	Boys Triple Jump Relay		
32	Girls Pole Vault Relay		
33	Boys Pole Vault Relay		

## FROSH-SOPH RELAYS MEET HISTORY

<u>YEAR</u>	BOYS	SCORE
2024	Morris Knolls	89
2023	Delbarton	113
2022	Morristown	118
2021	Morris Knolls	94
2020	Not Held	
2019	Randolph	121
2018	Morris Knolls	94
2017	Morris Knolls	122
2016	Randolph	74
2015	Randolph	75
2014	Chatham	106
2013	Whippany Park	65
2012	Randolph	95
2011	Randolph	112
2010	Randolph	123
2009	Randolph	86
2008	Randolph	155
2007	Randolph	129
2006	Not Held	
2005	Not Held	
2004	Randolph	104
2003	Not Held	
2002	Morristown	121
2001	Morristown	97
2000	Not Held	
1999	Morristown	118
1998	Not Held	
1997	Morris Hills	98
1996	Morristown	84
1995	Morristown	88
1994	West Morris	73
1993	Not Held	
1992	Randolph	80
1991	Hanover Park	52
1990	Randolph	60

<u>YEAR</u>	GIRLS	SCORE
2024	Morris Knolls	89
2023	Morris Hills	78
2022	Morristown	103
2021	Chatham	74
2020	Not Held	
2019	Mendham Mountain Lakes	54
2018	Chatham	74
2017	West Morris	60
2016	West Morris	68
2015	West Morris	73
2014	Whippany Park	72
2013	Whippany Park	90
2012	Villa Walsh	58
2011	West Morris	66
2010	Mountain Lakes	66
2009	Whippany Park	65
2008	Madison	51
2007	Morristown	112
2006	Not Held	
2005	Not Held	
2004	Morristown	76
2003	Not Held	
2002	Morris Knolls	50
2001	Morristown	58
2000	Not Held	
1999	Morris Knolls	61
1998	Not Held	
1997	Mount Olive	52
1996	Randolph	56
1995	Morris Knolls	52
1994	Randolph	45
1993	Not Held	
1992	Morris Knolls	62
1991	Randolph	77
1990	Randolph	43

**Frosh - Soph Relay Championships - 4/17/2025**  
**Randolph HS**  
**Records**

**Event 1 Girls 4x100 Meter Shuttle Hurdle**

Meet Record 1:09.29 4/15/2016

- Randolph  
M. O'Malley, J Kranis, A Horwitz, S Heiberger

**Event 2 Boys 4x110 Meter Shuttle Hurdle**

Meet Record 1:10.67 4/18/2008

- Randolph  
C O'Donnell, K Hantke, T Agunbiade, S Vitale

**Event 3 Boys 4x200 Meter Relay**

Meet Record 1:36.72 4/18/2019

- Randolph  
F Zarro, D Turner, J Kehayas, M Hyatt

**Event 4 Girls 4x200 Meter Relay**

Meet Record 1:44.69 4/20/2012

- Mount Olive  
K Orji, A Warren, S Nimoh, M Poggi

**Event 5 Boys 4x200 Meter Relay**

Meet Record 1:35.39 4/18/2019

- Randolph  
T Ruscher, R Dong, G Krasner-Cohen, R Rice

**Event 6 Boys Distance Medley**

Meet Record 11:30.71 4/13/2017

- Delbarton  
I Daly, I Washington, C Failla, H Vives

**Event 7 Girls Distance Medley**

Meet Record 13:02.74 5/13/1996

- Randolph  
B Jones, M Zamor, M Willersdork, S Snyder

**Event 8 Boys Distance Medley**

Meet Record 11:12.54 4/15/2016

- Whippany Park  
T Gallo, T Siino, J Thoma, N Thoma

**Event 9 Boys 4x100 Meter Relay**

Meet Record 47.08 4/17/2014

- Randolph  
C Zarro, J Daddario, A Salemi, J Simmons

**Event 10 Girls 4x100 Meter Relay**

Meet Record 51.56 4/20/2023

- Morris Knolls  
E Ramos, A Ramos, M Adams, R Bastos

**Event 11 Boys 4x100 Meter Relay**

Meet Record 45.75 4/18/2019

- Randolph  
T Ruscher, R Dong, G Krasner-Cohen, R Rice

**Event 12 Girls 1600 Sprint Medley**

Meet Record 4:25.25 4/18/2008

- Mendham  
E Meyers, M Walker, S Bahneman, L Vigilante

**Event 13 Boys 1600 Sprint Medley**

Meet Record 3:48.09 4/20/2012

- Mount Olive  
N Hars, M Inglese, A Cerda, E Garcia

**Event 14 Boys 4x800 Meter Relay**

Meet Record 9:14.67 4/18/2019

- Chatham  
J Decandia, P Grosso, J Fortuna, S Hofheniz

**Event 15 Girls 4x800 Meter Relay**

Meet Record 10:00.65 4/19/2013

- Mount Olive  
M Poggi, J Tavalare, C Jacobsen, S Masukeqicz

**Frosh - Soph Relay Championships - 4/17/2025**  
**Randolph HS**  
**Records**

<b>Event 16 Boys 4x800 Meter Relay</b>			
Meet Record	8:40.19	4/15/2016	- Whippany Park E Cayir, T Siino, J Thoma, N Thoma
<b>Event 17 Boys 4x400 Meter Relay</b>			
Meet Record	3:44.04	4/19/2018	- Morris Hills J Dawson, C Diaz-Viola, L Grayson, D Wallace
<b>Event 18 Girls 4x400 Meter Relay</b>			
Meet Record	4:14.17	4/21/2022	- Morristown C Annuik, A Murphy, T Campbell, G Neely
<b>Event 19 Boys 4x400 Meter Relay</b>			
Meet Record	3:36.86	4/18/2019	- Montville M Fardo, A Hurley, J Cecco, N Amoroso
<b>Event 20 Girls Shot Put Relay</b>			
Meet Record	89-01	5/12/1997	A Rosamilia, D Humphrey, R Flora - Parsippany Hills
Field Events	39-03.75	4/17/2014	Nickolette Dunbar - Whippany Park
<b>Event 21 Boys Shot Put Relay</b>			
Meet Record	133-09	5/17/2002	V Lusardi, M Trulby, D Tague - Morris Hills
Field Events	47-10.25	5/17/2002	Kyle Osborne - Morristown
<b>Event 22 Girls Discus Throw Relay</b>			
Meet Record	262-00	4/17/2009	J Jarvis, K Wade, K Bongo - Morris Knolls
Field Events	107-02	4/14/2019	Melissa Aymil - Mendham
<b>Event 23 Boys Discus Throw Relay</b>			
Meet Record	341-05	4/20/2023	H.Struble, S D'Alessio, A.Vinas - Pequannock
Field Events	146-10	4/19/2018	Sam Dennerlein - Chatham
<b>Event 24 Girls Javelin Throw Relay</b>			
Meet Record	285-04	4/17/2009	J Jarvis, K Wade, K Bongo - Morris Knolls
Field Events	116-00	5/17/2002	Kate Nazario - Morris Knolls
<b>Event 25 Boys Javelin Throw Relay</b>			
Meet Record	426-02	5/17/2002	S Kryger, R Hastrup, K Regner - Randolph
Field Events	153-08	4/20/2007	A Donahue - Morris Knolls
<b>Event 26 Girls High Jump Relay</b>			
Meet Record	14-07	4/13/2017	M O'Malley, K Hull, E Guttman - Randolph
Field Events	5-05	4/13/2017	Meghan O'Malley - Randolph
<b>Event 27 Boys High Jump Relay</b>			
Meet Record	17-02	4/20/2007	A Simms, R Prophete, S Lisboa - Boonton
Field Events	6-00	4/20/2007	Andre Simms - Boonton
<b>Event 28 Girls Long Jump Relay</b>			
Meet Record	46-07	5/14/2004	A Alfano, J Russo, M Wecht - Hanover Park
Field Events	17-03	4/13/2017	Karen Hull - Randolph
<b>Event 29 Boys Long Jump Relay</b>			
Meet Record	56-07.25	4/17/2009	M Fritz, P Rynearson, C Demarco - Whippany Park
Field Events	20-08.50	4/18/2019	Azarai Lewis - Delbarton
<b>Event 30 Girls Triple Jump Relay</b>			
Meet Record	96-06.50	4/20/2019	K Hoffman, S Porrao, A Angley - West Morris
Field Events	32-10.50	4/20/2012	Tess Degginger - Morristown

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**Records**

**Event 31 Boys Triple Jump Relay**

Meet Record	116-07.25	4/17/2009	M Fritz, P Rynearson, C Demarco - Whippany Park
Field Events	42-08	4/17/2009	Mike Fritz - Whippany Park

**Event 32 Girls Pole Vault Relay**

Meet Record	25-00	4/20/2023	S.Sathiyam, S Sackett, G Ledford - Morris Hills
Field Events	10-06	4/20/2023	Shreya Sathiyam - Morris Hills

**Event 33 Boys Pole Vault Relay**

Meet Record	30-06	5/14/2004	D Kline, C Silver, B Cooper - Roxbury
Field Events	13-00	4/20/2023	Cade Zecolla - West Morris