

2025 OVAC Junior High Championship Schedule



Thursday, May 1

(Note: All Poles and throwing implements mst be checked in by
3:00pm)

3:30 PM

Session 1

Discus

Boys followed by Girls

Long Jump

Boys followed by Girls

Pole Vault

Boys followed by Girls

Shot Put

Girls followed by Boys

High Jump

Girls followed by Boys

4:00 PM

4 x 800 Meter Relay

Girls followed by Boys

Session 2

(Note: Track events shall be Girls followed by Boys)

5:00 PM

100/110 Meter High Hurdles

100 Meter Dash

4 x 200 Meter Relay

1600 Meter Run

4 X 100 Meter Relay

400 Meter Dash

200 Meter Hurdles

800 Meter Run

200 Meter Dash

4 x 400 Meter Relay

