



## Outdoor Track & Field Borough Championships

### Boys & Girls

*\*Please see Calendar for your respective borough championship date & time\**

Coaches Meeting will be held 30 minutes prior to the start of the meet; Clerking begins 15

minutes before the start of the meet;

Field & Track events begin at start of the meet

### ORDER OF EVENTS

<u>Track</u>	<u>Field</u>
Steeplechase( Girls-2000M;Boys-3000M)	High Jump
400M Intermediate Hurdles	Triple Jump
4x100M Relay	Long Jump
3000M Run (Girls)	Shot Put
3200M Run (Boys)	Discus
100M HH Trials (Girls; Top 6 to finals)	Pole Vault
110M HH Trials(Boys; Top 6 to finals)	Javelin
100M Dash Trials ( <i>Semi-final if no FAT at meet</i> ; Top 6 to Finals if FAT)	Multi-Event
800M Run	
100M Dash Semi-Finals ( <i>*if no FAT at meet</i> )	
110M HH Finals (Boys)	
100M HH Finals (Girls)	
100M Dash Finals	
1500M Race-Walk (Girls)	
400M Dash	
1500M Run (Girls)	
1600M Run (Boys)	
200M Dash	
4x800M Relay	
4x400M Relay	

*Please see "Track Information" and "Field Information" sections for additional details on events*

#### General Information:

- Athletes may compete in up to 3 events
- All events will only compete in the Varsity section
- If boys and girls are competing at the same time, girls events will be conducted first
- PSAL I.D. numbers are required for this meet. Any athlete that wears any other PSAL I.D number other than their own will have their performances forfeited.
- This meet is mandated and may be included as one of a team's ten-meet PSAL requirement for the Outdoor Track & Field season
- The "6-6 Rule" is in effect for this meet. This rule requires that all PSAL teams must maintain a minimum of 6 athletes on roster; six must compete on the day of a PSAL meet

#### Track Information:

- Trails for the **100M HH and 110M HH** will take place before **100M Dash Trials**
- Seeded heats will compete last

#### Field Information:

- Please check the Outdoor Track & Field calendar for your respective borough's field event schedule
- **Long Jump, Triple Jump, Discus, and Shot Put** athletes will get three attempts. Final scoring will be determined by the best of the 3 attempts
- All marks will be measured

#### Award Information:

- Medals will be awarded to the top 6 finishers in all events
- Team scoring will be in effect on a 10-8-6-4-2-1 scoring system
- The top 3 teams will receive awards

#### City Championship Information:

- Any athletes or team that wins an event in the borough championship (1<sup>st</sup> place) are eligible to compete in the city championship. If the athlete/team does not meet the required standard, the head coach must email Commissioner [Dwayne Burnett dburnett@schools.nyc.gov](mailto:dburnett@schools.nyc.gov) with the request for them to be entered. This must take place before the entry deadline.