

Indian Creek Invitational

Date: Saturday, March 29th, 2025

Place: Lester Carney Track Wintersville, OH

Time: Coaches Meeting 8:15, Field Events will begin at 9:00. 4*800 at 9:45. Prelim track Events at 10:00 (top 6 advance to finals)

Entry Fee: \$100 per Team. If you bring both boys and girls \$175.00 total. Mail to: Attn: Athletic Department 200 Park drive Wintersville, OH 43953. Make checks payable to: Indian Creek Athletic Department.

Facility: Six lane All-Weather, 400 Meter track and runways, Concrete Shot Put and Discuss Pads.

Spikes: ¼” Pyramid Spikes for running events and FLATS for the Shot Put and Discus.

Weight Implements: Must be approved by meet management

Starting Blocks: Blocks will be provided. Can use your own

Relays: All relays will be run against time.

Relay Exchange Zones: 4x100 & 4x200 relays will be run entirely in lanes. 4x400 relay will be staggered thru two lanes.

Scoring: All events 10 – 8 – 6 – 4 – 2 – 1

Starting Heights: Starting heights for long jump & high jump will be based on entries.

Scratches: You will be given a scratch sheet in your packet. Please fill it out and return it to the meet director @ 8:15 a.m. You may replace any athlete in any event provided that you have an athlete entered in that event.

Tents: Set up tents in visitor stands (Indoor track will be open depending on weather)

Buses: Park by the bus garage

Entry Deadline: We must have all entries entered into Milesplit by March 28th by 2:00 pm

Note: No Pole Vault