



4:30 Field Events

1ST SESSION

POLE VAULT- GIRLS

HIGH JUMP- BOYS

LONG JUMP- GIRLS

DISCUS- GIRLS

SHOT PUT-BOYS

2ND SESSION

POLE VAULT- BOYS

HIGH JUMP- GIRLS

LONG JUMP- BOYS

DISCUS- BOYS

SHOT PUT- GIRLS

5:00 PM

(All Timed Finals)

4 x 800 Meter Relay

100/110 Meter High Hurdles

100 Meter Dash

4 X 200 Meter Relay

1600 Meter Run

4 X 100 Meter Relay

400 Meter Dash

300 Meter Hurdles

800 Meter Run

200 Meter Dash

3200 Meter Relay

4 X 400 Meter Relay

Shuttle Hurdle Relay