

EAST CANTON MIDDLE SCHOOL TRACK & FIELD INVITATIONAL

SATURDAY, APRIL 27TH, 2024

RULES AND REGULATIONS

1. **ALL ENTRIES MUST BE SUBMITTED ONLINE AT: oh.milesplit.com BY NOON ON THURSDAY, APRIL 25TH. SEE INSTRUCTION SHEET FOR DIRECTIONS. (NOTE: THIS IS THE SAME ENTRY METHOD THAT YOU MUST USE TO ENTER MANY OTHER MEETS)**
2. **ONLY 1/4" OR LESS PYRIMID SPIKES** WILL BE PERMITTED. ANYTHING LONGER WILL RESULT IN DISQUALIFICATION
3. **COACHES MEETING WILL TAKE PLACE AT 9:15 PM** AT THE FINISH LINE TENT . . . ALL SCRATCHES WILL TAKE PLACE THERE FOR RUNNING EVENTS. FIELD EVENTS WILL SCRATCH AT THE SITE. **ONLY EMERGENCY REPLACEMENTS WILL BE ALLOWED After 10:00 am.**
4. **WHEELCHAIR EVENTS MAY BE CONTESTED....100 DASH, 400 DASH, 800 METERS AND SHOT PUT FOR BOTH BOYS AND GIRLS. THESE EVENTS WILL NOT BE INCLUDED IN THE TEAM SCORES, BUT WILL BE IN THE OFFICIAL RESULTS. PLEASE CONTACT MEET MANAGEMNET WITH YOUR WHEELCHAIR ENTRIES.**
5. ALL TEAM CAMPS WILL BE IN AND AROUND THE VISITOR BLEACHERS ON THE NORTH SIDE OF THE STADIUM. NO ATHLETE, COACH OR SPECTATOR SHOULD "CUT THROUGH" THE COMPETITION AREA WHILE THE MEET IS GOING ON. **PLEASE STAY OFF THE TURF FIELD! THIS INCLUDES ATHLETES AND COACHES.**
6. FIELD EVENTS WILL BEGIN AT 4:30 PM WITH GIRLS DISCUS, LONG JUMP AND HIGH JUMP, BOYS POLE VAULT AND SHOT PUT. THROWING EVENTS IMPLEMENT WILL BE "COMMON IMPLEMENTS" AND EACH ATHLETE WILL BE ABLE TO USE ANY IN THE POOL. RUNNING EVENTS WILL BEGIN AT 5:00 PM.
7. **BULLPENS WILL BE USED TO "CHECK IN" FOR EVERY RUNNING EVENT.** THE BULLPEN FOR THE 200 METER DASH AND 200 METER HURDLWS IS BEHIND THE 200-METER STARTING LINES, ON THE NORTHWEST CORNER OF OUR STADIUM. BULLPEN FOR ALL OTHER RUNNING EVENTS IS ON THE SOUTH SIDE OF THE HIGH JUMP APRON . . . IN FRONT OF THE CONCESSION STAND. **ATHLETES WILL BE TAKEN FROM THE BULLPEN TO THE STARTING LINE.**
8. CHECK-IN FOR ALL FIELD EVENTS WILL BE AT THE SITE OF THE EVENT.
9. COACHING AREAS WILL BE USED FOR ALL EVENTS. POLE VAULT IS IN THE TURF IN THE NORTHEAST CORNER OF THE FIELD. HIGH JUMP AND LONG JUMP IS BEHIND THE SCOREBOARD AT THE WEST END OF THE STADIUM. DISCUS IS IN THE DUGOUT AT THE DISCUS CAGE. SHOT PUT IS IN THE GRASS, WEST OF THE CIRCLE. ALL RUNNING EVENTS IS OUTSIDE THE TRACK FENCE
10. PLEASE USE ALL APPROPRIETE GATES. NO FENCE JUMPING

11. NO FANS OR SPECTATORS WILL BE PERMITTED NEAR THE FINISH LINE INSIDE OR OUTSIDE THE TRACK. STAT AREA IS MEANT FOR TIMING AND MEET PERSONEL ONLY.
12. WE WILL SCORE EIGHT PLACES. 10 – 8 – 6 – 5 – 4 – 3 – 2 – 1 - WITH AWARDS FOR EACH PLACE. RIBBONS FOR PLACES 1-6. HEAD COACHES MAY MEET IN THE PRESS BOX AT THE CONCLUSION OF THE 4 X 400 RELAY TO GET THEIR ATHLETES' AWARDS AND MEET RESULTS.
13. TEAM AWARDS WILL BE FOR THE TOP TEAM ONLY AND Provided by the IVC.
14. INVITATIONAL T-SHIRTS MAY BE AVAILABLE THIS YEAR FOR \$12-\$20.
15. GATE PRICES WILL BE \$5.00 FOR ADULTS \$3.00 FOR STUDENTS
16. **SPECTATORS AND COACHES CAN NOT BE IN COMPETITION AREAS. ATHLETES WHO ARE NOT JUMPERS WILL NOT BE ALLOWED NEAR THE JUMP RUNWAYS. NO ATHLETE SHOULD BE ON THE TURF FIELD UNDER ANY CURCUMSTANCES.**
17. NO TAPE OR ADHESIVE MARKERS ON THE TRACK / JUMPING AREA.
18. RESTROOMS ARE AVAILABLE AT THE CONCESSION STAND AND PORTA-JOHN'S.
19. CONCESSION STAND WILL BE WELL STOCKED WITH FOOD AND BEVERAGES.
20. ATHLETIC TRAINER AND EMERGENCY PERSONEL WILL PROBABLY BE ON SITE.
21. TEAM BUS PARKING WILL BE AT THE SOUTHEAST CORNER OF THE STADIUM, NEAR THE BUS GARAGE. ATHLETE "DROP OFF" AND "PICKUP" CAN TAKE PLACE AT THE SOUTHEAST GATE.
22. ATHLETE'S BEHAVIOR IS THE RESPONSIBILITY OF THEIR COACHES. PLEASE POLICE YOUR TEAM'S AREA. A BAG WILL BE PROVIDED FOR TRASH.
23. EACH SCHOOL IS WELCOME TO HAVE A COACH HELP IN ANY EVENT. IF A COACH IS AT THE SITE OF ANY EVENT AND NOT IN THE "COACHING AREA", THEY WILL BE ASSIGNED A DUTY FOR THE DURATION OF THAT EVENT!
24. RESULTS WILL BE POSTED DURING THE MEET AND CAN BE FOUND AT oh.milesplit.com WITHIN AN HOUR OR SO AFTER THE MEET.