



Shadyside Relays Schedule of Events 2024

9:00 A.M. Field Events — Trials & Finals

1st session

Pole Vault — Girls
High Jump — Boys
Long Jump — Girls
Discus — Girls
Shot Put — Boys

2nd session

Pole Vault — Boys
High Jump — Girls
Long Jump — Boys
Discus — Boys
Shot Put — Girls

10:00 A.M. Preliminary Running Events (6 fastest to Finals)

3200 M Run	Girls Finals
100 M High Hurdles	Girls Semis
110 M High Hurdles	Boys Semis
100 M Dash	Girls, Boys
4 x 800 Relay	Boys Finals
200 M Dash	Girls, Boys
4 x 800 Relay	Girls Finals
400 M Dash	Boys, Girls Finals
Shuttle Hurdle Relay	Girls (102.5 M), Boys (110 M) Finals

Opening Ceremony (Approximately 45 minutes after Shuttles)

Finals

100 M High Hurdles	Girls
110 M High Hurdles	Boys
100 M Dash	Girls, Boys
4 x 200 Relay	Girls, Boys
1600 M Run	Girls, Boys
4 x 100 Relay	Girls, Boys
300 M Low Hurdles	Girls
300 M Intermediate Hurdles	Boys
800 M Run	Girls, Boys
200 M Dash	Girls, Boys
3200 M Run	Boys
4 x 400 M Relay	Girls, Boys

Awards Presentation