

North Canton Hoover High School
North Canton, OH 44720
Phone: (330) 497-5660; Fax: (330) 305-2057

**Information for Boys T&F Coach/Girls T&F Coach and Athletic Directors:
(District Entries Mailing)**

- Event:** Northeast Ohio Boys and Girls Division I District Track & Field Meet – May 17 and May 19, 2023.
- Facility:** North Canton Hoover High School, North Canton, Ohio. Eight lane, all-weather, 400 meter, Olympic style track, with all-weather runways and concrete shot and disc pads (steel cage protected). The pole vault and high jump pits are AAE pits.
- Coach Meeting:** **Wednesday, May 17, 3:30 PM.** The meeting will be held in the maintenance garage just west of the finish line .
- Field Events: (Finals)**
Wednesday, May 17, 4:00 PM: **BOYS:** Discus, Long Jump, Pole Vault. **GIRLS:** High Jump, Shot Put.
Friday, May 19, 4:00 PM: **BOYS:** High Jump, Shot Put. **GIRLS:** Discus, L. Jump, & P. Vault
- Running Events:(Semis)** Wednesday, May 17, 5:00 PM & 3200M Relay (Final).
(Finals) Friday, May 19, 6:00 PM
- Entry Forms:**
1. Submit entries online at <https://oh.milesplit.com/> before **5:00PM on Sunday, May 14, 2023** (see enclosed “**Online Entry**” sheet for complete online instructions).
- Scoring:** Scoring (10-8-6-5-4-3-2-1). Live results will be available on the MileSplit website.
- Locker Rooms:** Locker room facilities will not be provided; however, restrooms will be available for your convenience.
- Arrival:** Please do not plan to arrive at North Canton Memorial Stadium prior to 2:30 PM. Please drop off athletes at the 7th Street entrance (North Stadium Parking Lot), and then buses can park at the Hoover HS parking lot after unloading of your student-athletes.
- Equipment:** 1) Athletes may bring their own **Shot Put** and **Discus** to be weighed in for use. Implements will also be provided; 2) **Starting blocks** will be available; 3) **Tongue depressors only** may be used as markings on the track and all runways (no tape or chalk); 4) **Spikes** of ¼” or smaller only. Any participant using improper spikes will be disqualified.
- Weigh-ins:** Implement weigh-in of shots & discs will take place from 3:00–3:30 PM on Wednesday and Friday at the event site (north side of 7th St.)
- Meet Management:**
The meet is being conducted using a photo-finish system developed by Finish-Lynx and meet management software supplied by Hy-Tek Corporation.
- Special Note:** Contestants must tuck their jerseys into their shorts so that the photo-finish system can read the hip numbers that will be provided for each runner. In addition, the field event areas, the track itself, and the infield of the track are designated as “the areas of competition” where the removal of any portion of the uniform, except shoes, is prohibited.
- Refreshments:** The concession stand will be open to offer a wide variety of customary snacks.
- Admission: Semis & Finals:** **Adult tickets will be \$8. Student tickets will be \$6. All tickets must be purchased online at <https://www.ohsaa.org/tickets> (We will provide a QR code for ticket sales at the gate).**

Remember, your completed online entry form must be submitted to <https://oh.milesplit.com/> by **5:00 PM Sunday, May 14, 2023**. If you have any questions, please call us at NCHHS, (330) 497-5660 from 7:00 AM–3:00 PM or send us a FAX at (330) 305-2057.

All the best,
Tom Oakes
District Manager

2023 OHSAA District Track – Online Entry Instructions

Submit entries online at <https://oh.milesplit.com/> before **5:00 PM on Sunday, May 14!**

Entry window is open starting May 1 and **closes precisely at the time listed above!**

Late entries will not be accepted without payment of a \$50 late fee and approval by the OHSAA!

Entry Requirements: *See 2023 OHSAA Tournament Regulations

(<https://ohsaaweb.blob.core.windows.net/files/Sports/Track-Field/TFTournamentRegulations.pdf>) on the OHSAA web site.

1. **A maximum of two eligible athletes may be named on the entry form for each event** other than relay events.
*See OHSAA Regulations – Sect. 5.4
 - a) **A contestant shall not be entered in more than four individual events including relays!**
2. **Members of relay teams must be designated prior to competing the first time.**
 - a) All members of a relay team must be listed on the **Numeric Roster!**
 - b) **Eligibility Certificates** are not required. Each school is responsible for confirming all athletes entered are eligible.
3. Use the **Online Entry Form** <https://oh.milesplit.com/> at to submit entries before the deadline listed!
 - a) **Submit a complete roster!** The **Numeric Roster** must include everyone!
 - b) **Numbers are required for all athletes before the district entry form can be accessed!**
4. **Substitutions must be submitted online before 12:00 noon the 1st day** the event is contested.
 - a) **You may substitute for a contestant who has been entered on the Online Entry Form or you may delete. You may not add a name in an event that was left blank on the Online Entry Form!**
 - b) A substitute may replace a listed athlete provided the substitute is on the Numeric Roster and provided the substitute is submitted no later than 12:00 noon the first day of the event is contested. After that time no substitutions will be accepted. **Substitutions for events starting on Saturday must be made when the coach checks-in on Saturday!**

To register and submit entries online:

High School Post-Season Meet Management Assistance

Create Account

You will need to create an account to have access to your team or meet.

- How to create an account and claim your team can be found here.
 - <https://support.milesplit.com/en/a/how-do-i-claim-my-team>

Entries

- All meets have been created and setup for you and can be found in the meet hub.
 - <https://oh.milesplit.com/articles/312750/ohsaa-outdoor-track-andfield-district-meet-pages-hub>
- Entries must be done on <https://oh.milesplit.com/>. Online registration is free.
- The scratch/substitution form will be posted to each district meet page.
- Your rosters will populate during the season as you compete in meets. If you'd like to add any athletes to your roster that don't currently exist, please visit this article.

- <https://support.milesplit.com/en/a/how-do-i-edit-my-teams-roster>

- To export your entries, please follow the instructions here.

- <https://support.milesplit.com/en/a/how-do-i-download-entries>

- Regional Qualifier advancement will be done by MileSplit. All MileSplit needs from each

meet director is the flat HTML results.

Contact MileSplit

- To contact MileSplit, please feel free to reach out

- via <https://oh.milesplit.com/support>. Reaching out in any other way will slow down the time it takes to get back to you.

Attention Coaches:

Due to entries being posted online, we will no longer hold a “scratch” meeting on the Tuesday prior to competition. Instead, a **Scratch/Substitution** box will be available below each event **after the entry window closes**. The scratch window must be completed by noon of the day of the event.

Additional Information for Coaches:

- **Timing Re-call:** Note, by rule, in the event of a malfunction by the timing crew system, that timing crews have the authority to recall a race to prevent runners from the unnecessary task of completing a race and having to re-run the race at a later time. This rule is only in effect with the pre-approval of the Games Committee. Timing crews and/or tournament managers and/or referees (in their pre-meet meeting with coaches) should alert coaches to what device will be used to re-call said race.
- **Uniforms:** **Do you have an athlete who requires a waiver to the typical uniform regulations for religious, medical, or other reasons?** If so, you **MUST** obtain a waiver from Dustin Ware, Director of Track and Field for the OHSAA, in order for that athlete to compete. This is a coaches’ responsibility and will be enforced according to the rule. There are no appeals or exceptions to this regulation.
- **Inclement Weather Plan:** If weather interferes with one or both days of the meet, we have prepared an inclement weather plan. This will be discussed at the coach’s meeting on Wednesday before prelims being so all teams are on the same page.
- **Turf Field:** Please advise athletes to stay out of the roped off turf field area. Warm up space will be made available in the end zones and along the sidelines
- **Hospitality:** We will have coaches and officials’ hospitality available in the area where the coaches meeting will take place. No meal tickets will be provided.
- **Athletic Training:** Our athletic trainer will be stationed near the finish line area if athletes need assistance.

Please let me know if you have any questions or concerns.

Tom Oakes
District Manager

2023 Northeast Ohio Division I Track & Field Meet

Schools competing

Archbishop Hoban

Barberton

Canton McKinley

Dover

Garfield

GlenOak

Green

Hoover

Jackson

Lake

Louisville

New Philadelphia

Norton (Boys Only)

Perry

St. Vincent-St. Mary (Boys Only)

Washington

Wooster

**2023 Division I -- Boys and Girls
District Track & Field Tournament
North Canton Memorial Stadium**

Wednesday, May 17

FIELD EVENTS – 4:00 PM

Boys Long Jump
Boys Pole Vault
Boys Discus
Girls High Jump
Girls Shot Put

FINAL – 5:00PM

Girls 4 x 800 M Relay
Boys 4 x 800 M Relay

SEMI-FINALS

Girls 100 M Hurdles
Boys 110 M Hurdles
Girls 100 M Dash
Boys 100 M Dash

SEMI-FINALS

Girls 4 x 200 M Relay
Boys 4 x 200 M Relay
Girls 1600 M Run (if necessary)
Boys 1600 M Run (if necessary)
Girls 4 x 100 M Relay
Boys 4 x 100 M Relay
Girls 400 M Dash
Boys 400 M Dash
Girls 300 M Hurdles
Boys 300 M Hurdles
*Girls 800 M Run – Top 8 Each Heat Qualify to Finals
*Boys 800 M Run – Top 8 Each Heat Qualify to Finals
Girls 200 M Dash
Boys 200 M Dash
Girls 3200 M Run
Boys 3200 M Run [or BREAK if no 3200M event]
Girls 4 x 400 M Relay
Boys 4 x 400 M Relay
*All Semi-Finals advance by time except where noted.

Friday, May 19

FIELD EVENTS – 4:00 PM

Boys High Jump
Boys Shot Put
Girls Long Jump
Girls Pole Vault
Girls Discus

FINALS – 6:00 PM

6:00 PM	Girls 100 M Hurdles Boys 110 M Hurdles
6:10 PM	Girls 100 M Dash Boys 100 M Dash
6:15 PM	Girls 4 x 200 M Relay Boys 4 x 200 M Relay
6:35 PM	Girls 1600 M Run Boys 1600 M Run
6:55 PM	Girls 4 x 100 M Relay Boys 4 x 100 M Relay
7:05 PM	Girls 400 M Dash Boys 400 M Dash
7:15 PM	Girls 300 M Hurdles Boys 300 M Hurdles
7:25 PM	Girls 800 M Run Boys 800 M Run
7:35 PM	Girls 200 M Dash Boys 200 M Dash
7:45 PM	Girls 3200 M Run Boys 3200 M Run
8:15 PM	Girls 4 x 400 M Relay Boys 4 x 400 M Relay

Top 4 Finishers in Each Event Qualify to the Regional Meet held at Austintown Fitch HS

2023 Northeast Ohio Division I Track & Field Championship

COACHES' PACKET – GENERAL INFORMATION

North Canton Hoover High School would like to welcome you to the Northeast Ohio Division I Track & Field Championship. Enclosed in this packet is all the information you need to participate in the meet. If you should have any questions, please direct them to Mr. Nick Stroemple, assistant manager, or myself. Email information for Nick Stroemple is nick.stroemple@northcantonschools.org and my email is tom.oakes@northcantonschools.org.

You should find each of the following items in your packet. If anything is missing, please see a clerk or myself for a copy of the item(s) needed:

- 1) This General Information sheet
- 2) Time Schedule & Order of Events
- 3) Meet Records
- 4) Relay Cards & Pole Vault Certification Card
- 5) OHSAA Verification Form

BOYS' COACHES: Opening heights are as follows:

High Jump: 5'8" – the bar is raised 2" at a time

Pole Vault: 10'6" – the bar is raised 6" at a time until 7 contestants remain, when it will be raised 3" at a time

Long Jump: Two Flights of Open Pit for 1 hour and then advance 9 to the finals.

GIRLS' COACHES: Opening heights are as follows:

High Jump: 4'8" – the bar is raised 2" at a time

Pole Vault: 8' – the bar is raised 6" at a time.

Long Jump: Two Flights of Open Pit for 1 hour and then advance 9 to the finals.

We will hold a coaches' meeting at about 3:30 PM in the maintenance garage, which is directly west of the finish line. Athletes must turn in relay cards to the Clerk in the bullpen prior to the relay race.

Please keep all athletes away from the finish line area. Your assistance with this is greatly appreciated.

Live results will be available on the MileSplit website.

Good luck to all of you and your athletes. Have a great meet!

All the best,
Tom Oakes
District Manager

Boys Division I – Northeast District Track & Field Meet Records

<u>EVENT</u>	<u>TEAM/INDIVIDUAL</u>	<u>PERFORMANCE</u>	<u>YEAR</u>
3200 Meter Relay	Wadsworth (Sussman – Tipton – McCune – Hiltner)	7:42.95 (FAT)	2010
110 Meter Hurdles	Derrick Williams (GlenOak)	13.97 (FAT)	2001
100 Meter Dash	Craig Johnson (Massillon)	10.66 (FAT)	1984
800 Meter Relay	Massillon (Broyles – Clark – Ballard – Wilson-Lamp)	1:27.42 (FAT)	2019
1600 Meter Run	Kevin Sheward (McKinley)	4:11.32 (FAT)	1985
400 Meter Relay	Massillon (Boles – Clark – Broyles – Ballard)	41.93 (FAT)	2019
400 Meter Dash	Ben Hudak (Tallmadge)	48.66 (FAT)	2022
300 Meter Hurdles	Derrick Williams (GlenOak)	36.25 (FAT)	2001
800 Meter Run	Jake Hiltner (Wadsworth)	1:50.63 (FAT)	2010
200 Meter Dash	Dmetre House (Wooster)	21.79 (FAT)	2009
3200 Meter Run	Nathan Moore (Lake)	9:18.06 (FAT)	2021
1600 Meter Relay	GlenOak (Anderson – G. Williams – Iannamorelli – D. Williams)	3:18.24 (FAT)	2001
Discus	Andrew White (GlenOak)	193' 11"	2018
High Jump	Jamil Dudley (Massillon)	6' 10"	2010
Long Jump	Deshawn White (McKinley)	23' 8.5"	2017
Pole Vault	Matt Peare (Hoover)	16'	2015
Shot Put	Matt Rose (Massillon)	59' .75"	2009

Girls Division I – Northeast District Track & Field Meet Records

<u>EVENT</u>	<u>TEAM/INDIVIDUAL</u>	<u>PERFORMANCE</u>	<u>YEAR</u>
3200 Meter Relay	Hoover (Garfield – K. Peare – Christ – A. Peare)	9:22.74 (FAT)	2010
100 Meter Hurdles	Rebecca Maj (Hoover)	14.21 (FAT)	2011
100 Meter Dash	Kandace Thomas (GlenOak)	11.77 (FAT)	2009
800 Meter Relay	GlenOak (Peddicord – Aguiar – Shearer – Mann)	1:39.90 (FAT)	2005
1600 Meter Run	Samantha Norman (Louisville)	5:04.65 (FAT)	2009
400 Meter Relay	McKinley (Montgomery – McLeod – Morgan – Gavin-Hall)	48.10 (FAT)	2003
400 Meter Dash	Janet Baughman (Hoover)	55.68 (FAT)	1982
300 Meter Hurdles	Marsha Cleveland (GlenOak)	43.09 (FAT)	1986
800 Meter Run	Lisa Breiding (Marlington)	2:11.07 (FAT)	1984
200 Meter Dash	Kandace Thomas (GlenOak)	24.51 (FAT)	2009
3200 Meter Run	Kayla Chapman (Jackson)	10:49.18 (FAT)	2016
1600 Meter Relay	Hoover (Whitlock – Ramsey – McDearman – Woods)	3:55.36	2004
Discus	Ashley Muffet (Hoover)	162' 4"	2005
High Jump	Maddie Morrow (Hoover)	5' 10"	2011
Long Jump	Destanie Morgan (McKinley)	18' 10.5"	2005
Pole Vault	Kendal Fisher (Perry)	13' 2"	2021
Shot Put	Ashley Muffet (Hoover)	50' 10"	2005

Wise Ave.

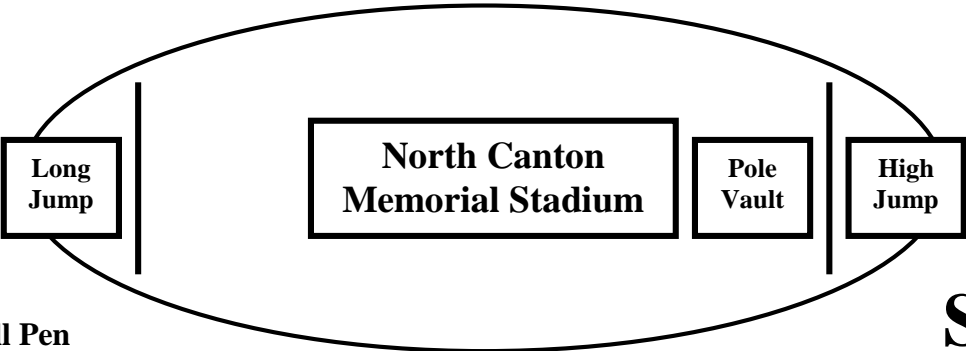
BUS PARKING - AT HOOVER HIGH SCHOOL

Ticket Booth **E**
PASS GATE

REST ROOMS

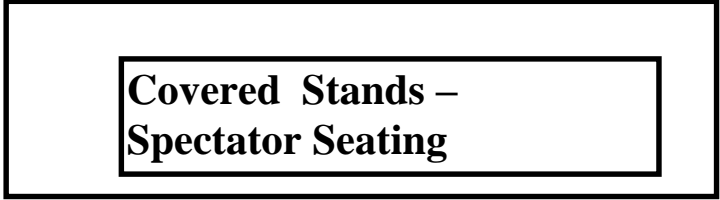


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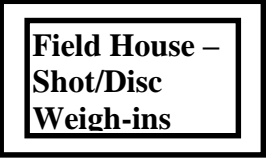


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Maintenance



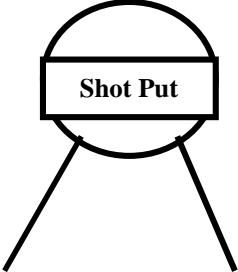
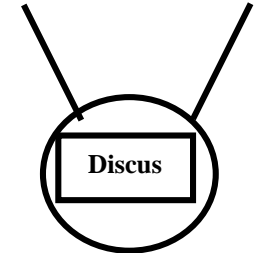
Bull Pen



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7th St.

Ticket Booth



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