



John Klement Invitational *presented by* Monona Grove High School

Boys & Girls – Friday, April 21st, 2023
4:00 PM -- Field Events
4:30 PM -- Running Events

Entry Deadline:

Entries must be submitted to <http://wi.milesplit.com/> by April 20th at 8:00 PM.

Bus Drop-Off:

From Monona Drive, look for a person flagging you to enter the south lot. Take the road behind school and drop off in the back of the HS. School traffic will be an issue until 4:00 pm. Because of this we ask all buses to drop off teams and leave the school area until after 4:00pm.

Bus Parking:

When returning, buses can park on Jerome Street to the north of the stadium.



Meet Information:

TEAMS: Edgerton, Fort Atkinson, Madison East, Madison Memorial, Madison West, Marshall, Monona Grove, Mount Horeb, Oshkosh West, River Valley, Sun Prairie East, Verona Area

ENTRY FEE: **\$160/team.** Make checks payable to Monona Grove HS. Mail checks to:
Monona Grove HS – Attn: Amelia Leger, 4400 Monona Drive, Monona, WI 53716. Entry fee is separate for boys' and girls' teams.

TIME: Field Events – 4:00 PM
Running Events – 4:30 PM

MEET DIRECTOR: Joe Schneider, Athletic Director

WEBSITE: <http://wi.milesplit.com/> **Due by: April 20th, 8:00pm**

EVENTS: The traditional Monona Grove Invitational events will be offered, along with a couple relay twists that we don't often get to run: 100, 200, 400, 600, 800, 1000, 1600, 3200, 100H, 300H, long jump, triple jump, high jump, pole vault, shot put, and discus. Relay events will include the 4x100, Sprint Medley (200, 200, 400, 800), 4x400, and Distance Medley Relay (1200, 400, 800, 1600).

ENTRIES: Entries are as follows:

- **ONE** entry in the 600, 1000, and each relay
- **TWO** entries in all other running events
- **THREE** entries in each field event

INFO PICK-UP: Coaches can pick up information packets underneath the bleachers as they enter the facility. Replacements and scratches only will be allowed at the finish line and must be submitted by 4:00 PM.

CONCESSIONS: Concessions and restrooms will be available at the concession stand.

EQUIPMENT: All schools will be responsible for their own equipment – vaulting poles, relay batons, and throwing implements. Starting blocks will be the only equipment furnished by the host team. Shot and discus will be checked at the event site.

SPIKES: Shot and discus: rubber-soled shoes are required for the concrete pads. For running events, high jump, pole vault, long & triple jump: ¼" or shorter pyramid spikes will be allowed. **NO PIN OR CHRISTMAS TREE SPIKES WILL BE ALLOWED.**

FIELD EVENTS: Contestants in the long and triple jump will have 60 minutes of open pit for preliminary attempts. Shot and disc will follow the 1-1-1 format, and athletes will be placed into flights. Each contestant will get three preliminary attempts with the top nine advancing to finals for another three final attempts after a 10-minute break for warm-ups. Pole vault and high jump will run according to WIAA rules with the established standards as the starting heights. Standard checkout rules will apply – 15 minutes once your name is called.

AWARDS: Top 3 individuals in each event will receive a medal. Awards will be given for 1st Place Girls' Team, and 1st Place Boys' Team. Team awards will be announced at the meet's end. Packets that contain your school's individual athletes' medals will be ready for coaches to pick up at the end of the meet.

GENERAL: Running events will be on a rolling schedule. Contestants may dress in the stadium restrooms, as no school facilities will be available. MGHS will not be responsible for any lost or stolen items. Please secure your belongings. Have athletes warm up on the far south side of the track, as the infield is OFF LIMITS. Hip numbers will be required & available for pick up by athletes when they check in with the Clerk of Course for their event.

TRAINER: An athletic trainer will be available for athletes during the meet by the scoreboard. If special

circumstances apply, please contact the trainer at jacqueline.landry@mgschools.net.

TEAM AREA: Warm-ups should be done on the practice field to the south of the track, the field by the long jump/triple jump pits.

SPECTATORS: Admission for spectators is \$5.00. Bleacher areas are for all spectators.

PARKING: Buses should park on side streets to allow parking lots for spectators. Buses are not able to be idling while parked on side streets.

FINAL RESULTS: Results will be available on the official timing website: accuracetime.com

CONTACT: Athletic Director – Joe Schneider - joseph.schneider@mgschools.net - (608) 316-1385
Athletics Administrative Assistant - Amelia Leger - amelia.leger@mgschools.net - (608) 316-1371
Boys' Head Coach – Brian Jefferson - brian.jefferson@mgschools.net - (608) 316-1840
Girls' Head Coach – Sharon Fritz - sharon.fritz@mgschools.net - (608) 316-1850

Schedule of Events:

Field Events – 4:00 PM

Girls: long jump, high jump, shot put
Boys: triple jump, pole vault, discus

Upon completion of these events, we will have a short warm-up period (30 mins) for the other gender to get ready and do warm-ups. Competition for these events will begin shortly thereafter. Listen for announcements at the meet to alert athletes of warm-up and starting times for the second rotation of events.

Running Events – 4:30 PM

Running events will be on a rolling time schedule.

Distance Medley Relay (1200, 400, 800, 1600)
100HH/110HH Prelims
600m
100m Prelims
1000m

--- [10 minute break] ---

100HH/110HH
100m
1600m
Sprint Medley Relay (200, 200, 400, 800)
400m
400m Relay (4x100m)
300m Hurdles
800m
200m
3200m
1600m Relay (4x400m)