

AHSAA 4A Section 3, 6A Section 2, 7A Section 3
Track & Field Championships

April 28-29, 2023

Hosted by Hewitt-Trussville High School

Hewitt-Trussville Stadium

5469 Trussville-Clay Road, Trussville 35173

4A Schools: American Christian Academy, Bibb County High School, Cordova High School, Corner High School, Curry High School, Dallas County High School, Dora High School, Fultondale High School, Hale County High School, Haleyville High School, Hamilton High School, Holt High School, Montevallo High School, Northside High School, Oak Grove High School, Sipsey Valley High School, West Blocton High School

6A Schools: Benjamin Russell High School, Briarwood Christian School, Center Point High School, Clay-Chalkville High School, Gardendale High School, Huffman High School, Mortimer Jordan High School, Mountain Brook High School, Oxford High School, Pell City High School, Pinson Valley High School, Russell County High School, Shades Valley High School, Woodlawn High School

7A Schools: Chelsea, Hewitt-Trussville, Hoover, Oak Mountain, Spain Park, Thompson, Tuscaloosa County, Vestavia Hills

Entry Procedure: All entries will be done through www.alabamarunners.com. All entry marks must have been achieved during the 2023 season and will be verified through the Milesplit database. There is a maximum of three athletes per event and one relay team per school. Each athlete may compete in a maximum of four events. All relay athletes must be entered as well. According to the AHSAA sports book p. 232 relay cards will be used at both Sectionals and State this year.

Entry Deadline: **Tuesday, April 25th at midnight!** LATE ENTRIES WILL NOT BE ACCEPTED!

Entry Fee: \$300 total per school (\$150 for girls and \$150 for boys) or \$20 per individual (p. 232 of sports book). Checks should be made payable to Hewitt-Trussville High School and either brought to the meet or mailed to:

Hewitt-Trussville High School
c/o Tom Esslinger
6450 Husky Parkway
Trussville, AL 35173

Awards: Awards to the top three finishers in each event and team awards to the champion and runner-up.

Team Scoring: Top 8 in each event score as follows: 10-8-6-5-4-3-2-1

*Top 9 will go to finals in the applicable field events.

Coaches Admission: An AHSAA coaches' card will be required for admission for all coaches. Those without cards will have to pay for admission.

Concessions: We will have a concession stand in operation both days of the meet.

Gate: \$7.00 per day. All tickets will be purchased on GoFan for each day.

Friday GoFan link: [CLICK HERE](#)

Saturday GoFan link: [CLICK HERE](#)

Tents: All tents on the home side must be on the upper row, visitor's side can use all rows.

Protest Fee: A \$25.00 cash protest fee will be required for any objections to the meet referee's decision. This includes all rereads on finish photos.

Qualifying: The top FIVE finishers in each open event meeting the state qualifying mark will qualify for the state meet the following weekend at Gulf Shores. Additionally, FOUR wildcards in each event will be selected from all four section meets. These wildcards must also meet the state qualifying mark. All ties for the final qualifying spot will be broken at the meet.

Relay Qualifying: From the 2023 state book, p.231: "Note: In all relays, the top three (3) teams from each section, plus four (4) wilds will qualify. Only 16 teams will qualify instead of 24."

Event Check-In:

Track Athletes - Event check in for running events will be at least 15 minutes prior to the event. Hip numbers will be available at check-in for applicable events. All athletes in the 800m, 1600m, 3200m and the last legs of the 4x400m and 4x800m will pick up their hip numbers prior to reporting to the line.

Field Athletes - Report to the event's head official when the event check in opens, and make sure to come back before your flight if there are multiple flights.

Schedule of Events: see below or [CLICK HERE](#)

Minimum Qualifying Standards from AHSAA: [CLICK HERE](#)

Important Reminders/Details: [CLICK HERE](#) or scroll to the bottom of this document

Friday, April 28th		
Running Events		
<i>Time</i>	<i>Event</i>	<i>Division</i>
10:30	4x100 (prelims)	4A, 6A
10:50	1600	All
12:20	400	All
1:20	100/110H (prelims)	All
2:00	100 (prelims)	All
2:45	4x800	All
4:15	200 (prelims)	All

Field Events		
<i>Time</i>	<i>Event</i>	<i>Division</i>
10:00	Pole Vault	4A Girls
10:00	Long Jump	7A Boys
10:00	Discus	6A Girls
10:00	Javelin	4A Boys
10:00	Triple Jump	4A Girls
10:00	Shot Put	7A Boys
10:00	High Jump	6A Girls
12:30	Javelin	4A Girls
12:30	Shot Put	7A Girls
12:30	Pole Vault	7A Boys
12:30	Discus	4A Boys
12:30	Long Jump	6A Girls
12:30	Triple Jump	4A Boys
12:30	High Jump	6A Boys
3:00	Pole Vault	7A Girls
3:00	Shot Put	6A Boys
3:00	Long Jump	6A Boys
3:00	Triple Jump	7A Girls
3:00	High Jump	4A Boys
3:00	Discus	4A Girls
3:00	Javelin	7A Boys

Saturday, April 29th		
Running Events		
<i>Time</i>	<i>Event</i>	<i>Division</i>
9:00	3200	All
11:00	4x100 (finals)	All
11:30	100/110H (finals)	All
12:00	100 (finals)	All
12:30	300H	All
1:15	200 (finals)	All
1:30	800	All
3:00	4x400	All

Field Events		
<i>Time</i>	<i>Event</i>	<i>Division</i>
9:00	Shot Put	4A Girls
9:00	Javelin	6A Boys
9:00	High Jump	7A Boys
9:00	Long Jump	4A Girls
9:00	Triple Jump	6A Boys
9:00	Discus	7A Girls
9:00	Pole Vault	6A Girls
11:30	Pole Vault	6A Boys
11:30	Discus	7A Boys
11:30	Javelin	6A Girls
11:30	High Jump	7A Girls
11:30	Triple Jump	7A Boys
11:30	Long Jump	4A Boys
11:30	Shot Put	4A Boys
2:00	Discus	6A Boys
2:00	Pole Vault	4A Boys
2:00	Javelin	7A Girls
2:00	Shot Put	6A Girls
2:00	Long Jump	7A Girls
2:00	High Jump	4A Girls
2:00	Triple Jump	6A Girls

Important Reminders and Details for Sectionals at Hewitt-Trussville HS

Entry Fee Reminder

The entry fee is \$150 for girls and \$150 for boys for \$300 per team. Those who don't have full teams will pay \$20 per athlete. This is from the AHSAA, and the entry fee calculations on Milesplit have been corrected. I know Jefferson County checks may be delayed because of their recent security breach.

Implement Weigh-In Details

***Friday - Open 8:30-9:30 a.m.**

***Saturday - Open 7:30-8:30 a.m.**

- Implements will be marked by officials and sorted by event and classification.
- They will be delivered to each event 15-20 minutes before the start of the event.
- Items may be picked up at the conclusion of each event at the event location.
- There will be an official specifically in charge of the weigh-in and marking of implements.

Parking Plan

- Please see the attached map image for details. I have also included the map as a PDF attachment.
- **ALL buses should park in the parking lots on the visitor side of the stadium.** Buses can drive behind the visitor's side stands, and there is a parking lot on the scoreboard side of the stadium. Once that is full then buses will fill the lot closer to the road on the visitor's side. If those reserved lots become full then athletes can be dropped off, and buses can utilize the overflow lot referenced on the map at Deerfoot Baptist Church, which will include a shuttle service.
- Officials and coaches will be able to park in the visitor's lot, and we will have a parking attendant there monitoring that lot for officials, coaches, and buses.
- The map shows general parking areas, but **NO ONE SHOULD PARK AT THE HIGH SCHOOL OR MIDDLE SCHOOL ON FRIDAY.**



Athlete Traffic Flow and Coaching Boxes

All gates to enter competition areas on the home side of the stadium will be closed, and the entry point will be at a large gate on the visitor's side of the stadium on the scoreboard side of the track. The AHSAA has emphasized that they want Sectionals to look more like the State Championships in terms of athletes and coaches on the infield. Therefore, there will be one entry point for coaches and athletes to enter the track and the field event areas inside the track. The only athletes/coaches allowed to enter will be those about to compete or coach an event. Coaching boxes will be clearly marked and will be utilized at the discretion of the officials.

Weather Plan and Tents

We have a large area underneath the stands on both sides, and in the case of severe weather we will have a plan to open up gym space at the high school if necessary. Remember, tents should only be on the top rows on the home side but can be anywhere on the visitor's side.

Packets (Relay Cards, PV Verification Forms, Wristbands for Coaches/Athletes)

We will have packets that have wristbands for athletes/coaches, protest forms, PV weight verification forms, and relay cards for you at the coaches' check in. I am also including access to those items below. Remember, the AHSAA is requiring that you turn in a relay card as your relay team members check in with your four competing athletes listed.

*Link that includes AHSAA Weight Verification for Pole Vault and Protest Forms:

[AHSAA PV Verification Forms, Protest Form](#)

*Link to Relay Cards: [Relay Cards](#)

Jury of Appeals

We have a meet referee, but each classification will also have a jury of appeals consisting of three coaches from schools in a different classification.

- Jury of Appeals for 4A w/ 7A Coaches: Hoover, Vestavia, Chelsea
- Jury of Appeals for 6A w/ 4A Coaches: Hamilton, Fultondale, ACA
- Jury of Appeals for 7A w/ 6A Coaches: Mountain Brook, Oxford, Huffman

Relay Exchange Zone Judges

Relay zones will be judged by coaches from different classifications as follows:

*4x100m Zone Judges for 4A w/ 7A Coaches:

- Zone 1: Chelsea, Hoover
- Zone 2: Oak Mountain, Spain Park
- Zone 3: Thompson, Vestavia

*4x100m Zone Judges for 6A w/ 4A Coaches:

- Zone 1: ACA, Bibb County
- Zone 2: Cordova, Corner
- Zone 3: Haleyville, Montevallo

*4x100m Zone Judges for 7A w/ 6A Coaches:

- Zone 1: Briarwood, Center Point
- Zone 2: Gardendale, Huffman
- Zone 3: Pinson Valley, Shades Valley

Emphasis on Check-Ins, Athletes with Event Conflicts, Uniforms

- Athletes MUST check in prior to the start of each event and get a hip number for those races that don't require athletes to stay in lanes the entire time.
- For field events, there is a requirement for athletes to check in prior to the start of the event even if they are in a later flight. Please make sure your athletes understand this because meets throughout the year don't require this. This is a requirement at both Sectionals and State.
- Relay teams should have the same color scheme for uniforms, and all NFHS rules are in effect.