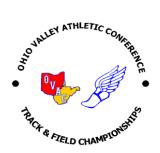
2023 OVAC Junior High Championship Schedule



Thursday, May 4

(Note: All Poles mst be checked in by 3:30pm, and throwing implements must be checked in by 3:45pm)

4:00 PM		Session 1	
	Discus	Boys followed by Girls	
	Long Jump	Boys followed by Girls	
	Pole Vault	Boys followed by Girls	
	Shot Put	Girls followed by Boys	
	High Jump	Girls followed by Boys	
4:00 PM	4 x 800 Meter Relay	Girls followed by Boys	

Session 2 (Note: Track events shall be Girls followed by Boys)

5:00 PM 100/110 Meter High Hurdles
100 Meter Dash
4 x 200 Meter Relay
1600 Meter Run
4 X 100 Meter Relay
400 Meter Dash
200 Meter Hurdles
800 Meter Run
200 Meter Run
4 x 400 Meter Relay