



LIMA SENIOR ATHLETIC DEPARTMENT



John Zell, Athletic Administrator
Phone: 419-996-3050
Fax: 419-996-3053
Email: jjzell@spartan.limacityschools.org

1 Spartan Way
Lima, OH 45801

Tiffany Daniel, Secretary
Michelle Williams, Secretary-Finances
Thaddeus Phillips, Asst. Athletic Director
Casey Reed, Asst. Athletic Director
Lakeisha Sigman, Asst. Athletic Director
Quincey Simpson, Asst. Athletic Director

March 20, 2023

Hello Coaches,

It is that time of year again for our 39th Annual Lima Senior Spartan Track & Field Invitational that will be held on Saturday April 1, 2023 at Spartan Stadium in Lima, Ohio. The field will be highly competitive as usual. The track is an all - weather surface with 8 lanes. We prefer 1/8 inch spikes on the track only. In order to do entries, log on to oh.milsplit.com. The order of events are enclosed in your packet. The competition will consist of two competitors per event and one relay. The field events will consist of four throws or four jumps and no finals. The running events will be all timed finals. THERE WILL BE NO "B" TEAMS!

The scoring will be the top 8 places which is 10-8-6-5-4-3-2-1. The team trophies are awarded to the top three finishers in both boys and girls competition. Medals for the athletes will be awarded 1st -6th place and ribbons 7th-8th place.

Let's hope for great weather and we will see you soon!

Yours Truly in Track & Field,

Stephen P. Carter

Head Boys Track Coach & Program Coordinator

Lima Senior High School

C:(419)296-7774

W:(419)996-3056

Email: scarter@spartan.limacityschools.org



Order of Events:

10:30 a.m. - Coaches Meeting

11:00 a.m. - Field Events

#1 Girls High Jump
#2 Boys High Jump

#1 Boys Shot Put
#2 Girls Shot Put

#1 Boys Pole Vault - 7'
#2 Girls Pole Vault - 6'

#1 Girls Discus
#2 Boys Discus

#1 Boys Long Jump
#2 Girls Long Jump

#1 Boys Triple Jump
#2 Girls Triple Jump

12:30pm – Timed Finals

Girls 4x800 M Relay

Boys 4x800 M Relay

Girls 100m H

Boys 110m HH

Girls 100m Dash

Boys 100m Dash

Girls 4x200m Relay

Boys 4x200m Relay

Girls 1600m Run

Boys 1600m Run

Girls 4x100m Relay

Boys 4x100m Relay

Girls 400m Dash

Boys 400m Dash

Girls 300m H

Boys 300m H

Girls 800m Run

Boys 800m Run

Girls 200m Dash

Boys 200m Dash

Girls 3200m Dash

Boys 3200m Dash

Girls 4x400m Relay

Boys 4x400m Relay

The following schools will be competing in the 39th Annual Lima Senior Spartan Track & Field Invitational 2023:

Dayton Meadowdale (B&G)

Dayton Ponitz (B&G)

Emmanuel Christian (B&G)

Lima Senior (B&G)

Lima Temple Christian (B&G)

Sandusky (B&G)

Toledo Bowsher (B&G)

Toledo Notre Dame Academy (G)

Toledo Rogers (B&G)

Toledo Scott (B&G)

Toledo St. Francis Desales (B)

Toledo St. Johns (B)

Toledo St. Ursula (G)

Toledo Waite (B)