

52nd Del Oro Invitational Order of Events

On the Track:

Running events begin at 1:30pm SHARP

FSB 4x100m
VG 4x100m
VB 4x100m

FSB 1600m
VG 1600m
VB 1600m

VB 110 HH(39")
FSB 110 IH(36")
VG 100 LH (33")

FSB 400m
VG 400m
VB 400m

FSB 100m
VG 100m
VB 100m

FSB 800m
VG 800m
VB 800m

VG 300m LH (30")
FSB 300m LH (33")
VB 300m IH (36")

FSB 200m
VG 200m
VB 200m

FSB 3200m
VG 3200m
VB 3200m

FSB 4x400m
VG 4x400m
VB 4x400m

IN The Field:

Shot Put: 4 throws- Starting at 1:00pm

Frosh/Soph then Varsity Boys
Varsity Girls

Discus: 4 throws

Varsity Boys
Varsity Girls then Frosh Soph Boys

Pole Vault: Starting height can be adjusted

VG, FS Boys, Var Boys

Long Jump: (Left Pit- 4 jumps)

1pm to 2:15pm: VG
2:45pm to 4pm: FSB
4:30-5:45pm: VB (Using both pits when TJ is completed)

Triple Jump: (Right Pit: 4 jumps)

1pm-2pm FSB
2:15pm- 3:15pm- VB
3:30pm-4:30 VG

High Jump: (starting height can be adjusted):

Var Boys
Var Girls
FS Boys

Opening Heights & Minimum Measure Marks

	VB	VG	FSB
High Jump	5'0	4'0	4'6
Pole Vault	9'	6'	7'
Long Jump	16'	12'	15'
Triple Jump	32'	25'	28'
Discus	80'	50'	60'
Shot Put	34'	22'	32'

