



# 2023 Martins Ferry Relays Schedule of Events

**4 p.m. – Finals in All Field Events** (All events will be three throws, jumps and vaults, added together as a team to determine who wins the event)

**Shot Put: Girls then Boys**  
**Discus: Boys then Girls**  
**High Jump: Girls then Boys**  
**Long Jump: Boys then Girls**  
**Pole Vault: Boys then Girls**

**4:30 p.m. Semi-Finals** Top 8 Times to the finals. Six will score.

**100/110HH (G then B)**  
**Boys 1600m Run (Final)**  
**100m Dash (G then B)**  
**Girls 4x800m Relay (Final)**

**\*5:00 p.m.**

**Finals**  
**100m/110m HH: Girls then Boys**  
**100m Dash: Girls then Boys**  
**Girls 1600m Run**  
**Boys 4x800m Relay**  
**Girls Sprint Medley Relay (100m, 100m, 200m, 400m)**  
**Boys Sprint Medley Relay (100m, 100m, 200m, 400m)**  
**300 IH: Girls then Boys**  
**Girls Distance Medley Relay (1200m, 400m, 800m, 1600m)**  
**Boys Distance Medley Relay (1200m, 400m, 800m, 1600m)**  
**Shuttle Hurdle Relay Girls then Boys**  
**4x400m Relay: Girls then Boys**

**\*If needed, a short break will be given.**