## 13th Annual Mike Tooley Relays

## 9:00 am Saturday, March 11, 2023

## **Tiger Stadium**

8:00am – 8:30am – Weigh In (in track shed East side of stadium)

8:30 – Coaches/Scratch Meeting (no write ins)

Entries: You may enter 3 athletes per event. One relay per team. Registration must be made on www.milesplit.com . \*\*\*DEADLINE WILL BE WEDNESDAY, MARCH 8TH AT 7:00 PM.\*\*\*

**Field Events:** All throwing events, Long Jump, and Triple Jump will have 4 attempts with no finals. Pole Vault and High Jump will begin at an opening height as determined at the coaches meeting. Pole Vault and High Jump will be permitted 3 attempts per height until eliminated due to 3 misses at their highest attempt. While your athlete is in a field event and they need to compete in another event, they must check out with the event official. They will have 10 minutes after the event finishes to make their attempts. The official will call their name and they will have one minute or be scratched at that time. Field events will be given one hour to complete from the time they start. The event official has the discretion to combine girls and boys together.

Running Events: All running events will be timed finals.

8-11 am Boys/Girls Pole Vault Open Pit

Boys/Girls Long Jump Open Pit Boys/Girls High Jump Open Pit

Girls Shot Put Boys Discus Girls Javelin

Boys/Girls Triple Jump Open Pit (following LJ)

Boys Shot Put Girls Discus Boys Javelin

## 11 am Running Events Start (Girls first then Boys)

3200 Meter Run

100 Meter Hurdles/110 Meter High Hurdles

4 x 100 Meter Relay

400 Meter Run

100 Meter Dash

800 Meter Dash

4 x 200 Meter Relay

1600 Sprint Medley Relay

4 x 800 Meter Relay

300 Meter Hurdles

1600 Meter Run

200 Meter Dash

4 x 400 Meter Relay