

CENTRAL CATHOLIC INVITATIONAL  
Wednesday March 29, 2023  
Bob Benson '66 Stadium  
1403 N St. Mary's St.  
San Antonio, TX 78215  
Executive Athletic Director: Eddie Ybarra  
Office: 210-225-6794 Ext. 310, Email: [eybarra@cchs-satx.org](mailto:eybarra@cchs-satx.org)  
Head Coach: Gary Brimmer  
Cell: 254-371-9597, Email: [gbrimmer@cchs-satx.org](mailto:gbrimmer@cchs-satx.org)

1. This is a Varsity Meet only (Girls and Boys). All running events will be finals.
  - Events will be heated and landed by Track for Life T4L. [Seth.brower@trackforlife.com](mailto:Seth.brower@trackforlife.com).
  - It is a Finish Lynx Program. Mr. Brower will provide a camera and operator. He will also set up the meet (heats, lanes, flights) and submit it to the Meet Director for approval. Mr. Brower will provide hip numbers and will post live results after each event. **Entries are due by Noon on March 26.** Any scratches must be emailed to Mr. Brower by 10:00 AM the day of the meet.
  - Mr. Jeffery Oncken ([Jeffery.oncken@flosports.tv](mailto:Jeffery.oncken@flosports.tv)) will set up online registration through [TXMileSplit](#). Jeff will be the point of contact for all registration questions. Click [here](#) for TXMileSplit registration steps.
2. There will not be a scratch meeting.
3. There will be no prelims. **All running events will be finals.**
4. Field event contestants will be allowed **three (3) attempts** in the Shot Put, Discus, Long Jump, and Triple Jump... **NO FINALS.**
5. Only officials, coaches, and contestants are allowed on the field. Contestants should remain in the stands, except when reporting to the field for warm-up or competition.
6. Only ¼ pyramid spikes may be used on the track and on the jumping surface. Do not walk in the stands with spikes on.
7. Student photographers must have campus credentials.
8. Awards:
  - Trophy for Girls and Boys Champions (1<sup>st</sup> place only)
  - Medals 1<sup>st</sup> thru 3<sup>rd</sup>. Please pick up your awards in the press box before leaving.
9. Starting blocks will be furnished.
10. No foreign materials of any kind should be placed on the track or jumping surface areas including dusts, powder, salt, etc; if temporary markers are needed on the track, only tennis ball halves or similar materials are allowed. **NO TAPE**
11. No camps on infield. Tents can be setup in the visitor bleachers. No tents in the home side stands.
12. Mr. Bobby Ramirez will be the onsite trainer. He will be located in the north end zone.

CENTRAL CATHOLIC INVITATIONAL

Wednesday March 29, 2023

Bob Benson '66 Stadium

1403 N St. Mary's St.

San Antonio, TX 78215

Executive Athletic Director: Eddie Ybarra

Office: 210-225-6794 Ext. 310, Email: [eybarra@cchs-satx.org](mailto:eybarra@cchs-satx.org)

Head Coach: Gary Brimmer

Cell: 254-371-9597, Email: [gbrimmer@cchs-satx.org](mailto:gbrimmer@cchs-satx.org)

13. Bus parking will be on the visitor side at the Brooklyn/Dallas gate.

14. **Running Events: 5:30 Start/ All Finals**

3200 Meter Run (G&B) – **4:30**

400 Meter Relay (G&B) – **5:30**

800 Meter Run (G&B)

100 Meter Hurdles (G)

110 Meter Hurdles (B)

100 Meter Dash (G&B)

800 Meter Relay (G&B)

400 Meter Dash (G&B)

300 Meter Hurdles (G&B)

200 Meter Dash (G&B)

1600 Meter Run (G&B)

1600 Meter Relay (G&B)

**Field Events: 4:30 Start/ All Finals**

Boys Discus, Girls Long Jump, Boys Triple Jump, Girls Shot Put, Girls Pole Vault/ then Boys, Girls High Jump

**Cont.**

Girls Discus, Boys Long Jump, Girls Triple Jump, Boys Shot Put, Boys High Jump

**Opening Heights & Distances:**

Girls High Jump 4'6", Girls Long Jump 14', Girls Discus 80', Girls Triple Jump 30', Girls Shot Put 25', Girls Pole Vault 7'

Boys Shot Put 35', Boys Triple Jump 38', Boys High Jump, 5'6", Boys Long Jump 17', Boys Discus 100', Pole Vault Boys 10'

**Schools Participating:** CC/Providence, Kennedy, Memorial, Burbank, Brackenridge, South San, Southside, Highlands, Incarnate Word