

TRINITY SUSAN LUMLEY RELAYS 2023 TROJANS

Entries (tx.milesplit.com) will be locked at 5:00 pm on Wednesday March 23rd.

Meet Location: 3191 W. Pipeline Road Euless, TX 76040

3:15 Coaches' Meeting in T Building **Scratch and Add** (small building next to the concession stand).

4:00 Field Events: LJ, TJ, Shot Put, Discus, (4) jumps/throws for Varsity, (3) jumps/throws for JV. Each throw will be measured. We will run events in the following order, there will be a short warm up period between divisions. Please have all marks down pre-meet.

See map for drop off, event locations, & parking

Jump Pit #1 – VG TJ, VB TJ, JVG TJ
Jump Pit #2 – VB LJ, VG LJ, JVB TJ
Jump Pit #3 – JVB LJ, JVG LJ
Shot Put Ring #1 – VB, VG
Shot Put Ring #2 – JVB, JVG
Discus Ring #1 – VG, VB
Discus Ring #2 – JVG, JVB
HJ Pit #1 – VG, VB
High Jump Pit #2 – JVB, JVG
Pole Vault #1 – JVG, VG (combine if possible)
Pole Vault #2 – JVB, VB (combine if possible)



4:30 3200m Run: **JVG, JVB, VG, VB**

After the field events outside the fence are complete ONLY athletes in uniform will be allowed on the infield.

5:30 RUNNING EVENTS. All Finals.

4 X 100m Relay	JVG, JVB, VG, VB
800m Dash	JVG, JVB, VG, VB
100m Hurdles	JVG, VG
110m Hurdles	JVB, VB
100m Dash	JVG, JVB, VG, VB
4 X 200m Relay	JVG, JVB, VG, VB
400m Dash	JVG, JVB, VG, VB
300m Hurdles	JVG, JVB, VG, VB
200m Dash	JVG, JVB, VG, VB
1600m Run	JVG, JVB, VG, VB
4 X 400m Relay	JVG, JVB, VG, VB