

2023 North Georgia Youth Track & Field League: Meet #1

Saturday, March 18th, 2023

Location: Apalachee High School; 940 Haymon Morris Road, Winder, GA

8:30: 80 M Hurdles (All boys and girls)

8:45: 3200 M (All boys and girls)

9:00 AM: Girls will compete in running events in the morning session. Boys will compete in field events in the morning session. Once girls running events have been completed and boys field events have been completed, the afternoon session will begin and girls will begin field events and boys will begin running events.

Girls Morning Session: 9:00- Running events will proceed on rolling starts.

50 Meters: 5-8 Girls; 9-10 Girls

4x100 Meter Relay: 5-8 Girls; 9-10 Girls; 11-12 Girls; 13-18 Girls

1600 Meters: 5-8 Girls & 9-10 Girls; 11-12 Girls; 13-18 Girls

400 Meters: 5-8 Girls; 9-10 Girls 11-12 Girls; 13-18 Girls

100 Meters: 5-8 Girls; 9-10 Girls; 11-12 Girls; 13-18 Girls

800 Meters: 5-8 Girls; 9-10 Girls; 11-12 Girls; 13-18 Girls

200 Meters: 5-8 Girls; 9-10 Girls; 11-12 Girls; 13-18 Girls

4x400 Meter Relay: 5-8 Girls; 9-10 Girls; 11-12 Girls; 13-18 Girls

300 Meter Hurdles: 9-10 Girls; 11-12 Girls; 13-18 Girls

Boys Morning Session: 9:00: Field Events

Time Frame	Field Event 1	Field Event 2	Field Event 3	Field Event 4
9:00 (all on this line)	High Jump (All Boys 9 and older)	Discus (All Boys 11 and older)	Softball Throw Boys (5-8 & 9-10)	
9:00 (all on this line)	Running Long Jump Boys (5-8 & 11-12) Pit 1	Running Long Jump Boys (9-10 and 13-18) Pit 3	Mini Javelin Boys (11-12 and 13-18)	Standing Jump Boys (9-10 and 13-18) Pit 2
	Softball Throw Boys (11-12 and 13-18) when 5-8 and 9-10 are complete	Shot Put (All Boys 9 and older) when discus is complete	Mini Javelin Boys (5-8 and 9-10) when 11-12 and 13-18 are complete	Standing Jump Boys (5-8 and 11-12) Pit 3 when 9-10 and 13-18 standing jump is complete

AFTERNOON SESSION (Begins Once Morning Session Concludes)

Boys Afternoon Session: Running events will proceed on rolling starts.

300 Meter Hurdles: 9-10 Boys; 11-12 Boys; 13-18 Boys

1600 Meters: 5-8 Boys & 9-10 Boys; 11-12 Boys; 13-18 Boys

50 Meters: 5-8 Boys; 9-10 Boys

4x100 Meter Relay: 5-8 Boys; 9-10 Boys; 11-12 Boys; 13-18 Boys

400 Meters: 5-8 Boys; 9-10 Boys; 11-12 Boys; 13-18 Boys

100 Meters: 5-8 Boys; 9-10 Boys; 11-12 Boys; 13-18 Boys

800 Meters: 5-8 Boys; 9-10 Boys; 11-12 Boys; 13-18 Boys

200 Meters: 5-8 Boys; 9-10 Boys; 11-12 Boys; 13-18 Boys

4x400 Meter Relay: 5-8 Boys; 9-10 Boys; 11-12 Boys; 13-18 Boys

Girls Afternoon Session: Field Events

Time Frame	Field Event 1	Field Event 2	Field Event 3	Field Event 4
Beginning of afternoon session (all on this line)	High Jump (All Girls 9 and older)	Discus (All Girls 11 and older)	Softball Throw Girls (5-8 & 9-10)	
Beginning of afternoon session (all on this line)	Running Long Jump Girls (5-8 & 11-12) Pit 1	Running Long Jump Girls (9-10 and 13-18) Pit 3	Mini Javelin Girls (11-12 and 13-18)	Standing Jump Girls (9-10 and 13-18) Pit 2
	Softball Throw Girls (11-12 and 13-18) when 5-8 and 9-10 are complete	Shot Put (All Girls 9 and older) when discus is complete	Mini Javelin Girls (5-8 and 9-10) when 11-12 and 13-18 are complete	Standing Jump Girls (5-8 and 11-12) Pit 3 when 9-10 and 13-18 standing jump is complete