

**2023 AAAA REGION III CHAMPIONSHIP
TIME SCHEDULE
APRIL 25, 2023**

<u>PACKET PICKUP/FEE PAYMENT</u>	12:00	FIELDHOUSE
<u>IMPLEMENT-POLE VAULT WEIGH-IN</u>	12:00 - 3:00	FIELDHOUSE

FIELD EVENTS

2:00	GIRL'S SHOT PUT GIRL'S LONG JUMP GIRL'S POLE VAULT	BOY'S DISCUS BOY'S LONG JUMP
3:00	GIRL'S DISCUS GIRL'S TRIPLE JUMP BOY'S POLE VAULT	BOY'S JAVELIN BOY'S HIGH JUMP
4:00	GIRL'S JAVELIN GIRL'S HIGH JUMP	BOY'S SHOT PUT BOY'S TRIPLE JUMP

Each contestant will be given three throws/jumps. The top 7 will advance to the finals for an additional three throws/jumps in reverse order. All throws/jumps will be measured.

<u>COACHES / WORKERS MEAL</u>	4:00
(Visitors Concession Stand)	

TRACK EVENT FINALS **(Girl's Events First)**

3200 METER RELAY	3:30
800 METER RELAY	5:00
1600 METER RUN	
100/110 METER HURDLES	
100 METER DASH	
800 METER RUN	
400 METER RELAY	
400 METER DASH	
300 METER HURDLES	
200 METER DASH	
3200 METER RUN	
1600 METER RELAY	

<u>TEAM AWARDS</u>	8:00
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