

REGION 1-5A TRACK & FIELD MEET

TIME SCHEDULE: Wednesday May 3rd, 2023

4:45 COACHES MEETING AT THE FINISH LINE.

5:00 BOYS HIGH JUMP FOLLOWED BY GIRLS HIGH JUMP
BOYS LONG JUMP FOLLOWED BY GIRLS TRIPLE JUMP
GIRLS LONG JUMP FOLLOWED BY BOYS TRIPLE JUMP
GIRLS POLE VAULT FOLLOWED BY BOYS POLE VAULT
GIRLS DISCUS FOLLOWED BY GIRLS SHOT
BOYS JAVELIN

5:00 GIRLS JV 4X100 FINALS
5:05 BOYS JV 4X100 FINALS
5:15 GIRLS VARSITY 4X800 FINALS
5:30 BOYS VARSITY 4X800 FINALS
ROLLING SCHEDULE FOR JV EVENTS AFTER 4X800
GIRLS JV 100 HURDLE FINALS
BOYS JV 100 HURDLE FINALS
GIRLS JV 100 FINALS
BOYS JV 100 FINALS
GIRLS JV MILE
BOYS JV MILE
GIRLS JV 400 FINALS
BOYS JV 400 FINALS
GIRLS JV 800 M
BOYS JV 800 M
GIRLS JV 200 M
BOYS JV 200 M

REGION 1-5A TRACK & FIELD MEET

TIME SCHEDULE: Thursday May 4th, 2023

4:45 COACHES MEETING AT THE FINISH LINE

5:00 GIRLS JAVELIN
BOYS DISCUS FOLLOWED BY BOYS SHOT

5:00 4X100 FINALS
5:10 GIRLS 100 HURDLE FINALS
5:30 BOYS 110 HURDLE FINALS
5:45 GIRLS 100 M FINALS
5:55 BOYS 100 M FINALS
6:05 GIRLS 1600 M FINALS
6:15 BOYS 1600 M FINALS
6:25 GIRLS 400 M FINALS
6:35 BOYS 400 M FINALS
6:45 GIRLS 400 HURDLE FINALS
6:55 BOYS 400 HURDLE FINALS
7:05 GIRLS 800 M FINALS
7:15 BOYS 800 M FINALS
7:25 GIRLS 200 M FINALS
7:35 BOYS 200 M FINALS
7:45 GIRLS 3200 M FINALS
7:55 BOYS 3200 M FINALS
8:15 GIRLS 4X400 FINALS
8:25 BOYS 4X400 FINALS