

# 2023 Dennis Teeters Tiger Invitational



Dear Coach/Athletic Director:

We would like to invite you to the 2023 edition of the Dennis Teeters Tiger Invitational. This event will be held at **Lincoln Park's Stocker Stadium in Grand Junction, Colorado on Friday the 12th of May and Saturday the 13th of May.**

**There will be a pole vault competition which will be held prior to the other events at 10am on Friday the 12th of May at the new CMU Track and Field Facility located at the corner of Cannell Ave and Orchard Ave.**

This will be a pre-qualification meet. PLEASE be sure to use your state-assigned school name and abbreviation (as found in your CHSAA Bulletin), identify your athlete's year-in-school (use 9, 10, 11, or 12), and make sure your athlete's names stay consistent for every meet when you enter data onto the Colorado Milesplit website.

Should the electronic timing device fail, there will not be a rerun. We will then use hand held times for that heat/event. This is not likely to occur.

- To reserve your team's spot in the 2023 Tiger Invite, send an email to Coach Giesenhausen at [dustin.giesenhausen@d51schools.org](mailto:dustin.giesenhausen@d51schools.org) and a check to the following address:

Dustin Giesenhausen  
Head Track Coach  
Grand Junction High School  
1400 North 5<sup>th</sup> Street  
Grand Junction, Colorado 81501  
*Attn: Tiger Invitational*

Please write all checks to **GJHS Track and Field**

**Full team price for this 2 day meet is \$300**

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# GENERAL Tiger INFO

- All entries must be entered on CO MileSplit by 8pm the day prior to the meet. No entries will be taken or changed after that time. If you have questions or problems with entries please e-mail Dustin Giesenhausen at [dustin.giesenhausen@d51schools.org](mailto:dustin.giesenhausen@d51schools.org).
- Pole Vault will be held at CMU starting at 10am on Friday. Vaulter weigh in will begin at 9:30am. Girls vault will begin at 10am, immediately followed by boys.
- Event seeding will take place Thursday evening after the 8pm deadline.
- Meet information including order of events will be sent out to confirmed teams and will be posted on MileSplit.
- The entry fee is \$300 per school, or \$25 per athlete. Please make your best effort to mail your entry fees to the school ASAP. Also please indicate the name of the meet on the check.
- Please be prepared to provide a worker or two to help us out with running the meet. The more help we get, the smoother things run!
- Each school will be allowed (3) entries per event and one relay team. Schools will be allowed to enter up to 2 additional entries per individual event for a charge of \$25 per athlete. Only the top 3 finishers from each school will be scored.
- Prelims and finals will be held in open track events, 400m and shorter.
- Prelims and finals will be held in all field events. Minimum distances will be determined by the events committee and will be announced. If an athlete has not thrown or jumped the minimum distance, their last attempt will be measured.
- Coaches, your help with the following items will be greatly appreciated:
  - Contestants are to enter and exit the track at the SOUTH gate on the EAST straight
  - Athletes may be on the infield only when warming up, no camps at high jump please
  - Do not cross runways or jump pits
  - Only 3/16" spikes will be allowed on the track
  - NON-COMPETITORS will not be allowed on the infield; coaches, fans, and those athletes not warming up must remain in the stands.
- AWARDS: Medals will be announced and awarded to athletes on the field at Stoker Stadium upon the completion of each event.
- Coaches meetings:
  - Friday at 2:30pm on the finish line.
  - Saturday at 8:30am in the hospitality room located on the NE corner of the track. Coffee/Drinks and breakfast will be provided for coaches only.

# 2023 TIGER INVITATIONAL MEET SCHEDULE

## FRIDAY, MAY 12th

9:30am: Vaulters weigh in- CMU  
10:00am: Girls vault followed by boys at CMU  
  
2:00pm: Throwing Implement Weigh In at Throwing Area at Stocker  
2:30pm: Coaches meeting at Stocker Stadium  
3:00pm: **Field Events:** Girls High Jump, Girls Long Jump,  
Boys Triple Jump, Girls Shot Put, Boys Discus

### Track Rolling Schedule of Events:

800M Run Girls FINAL  
800M Run Boys FINAL  
100M Hurdles Girls Prelim  
110M Hurdles Boys Prelim  
100M Dash Girls Prelim  
100M Dash Boys Prelim  
400M Dash Girls Prelim  
400M Dash Boys Prelim  
300M Hurdles Girls Prelim  
300M Hurdles Boys Prelim  
800M Relay Girls FINAL  
800M Relay Boys FINAL  
3200M Run (A) Girls FINAL  
3200M Run (A) Boys FINAL  
200M Dash Girls Prelim  
200M Dash Boys Prelim



## TRACK AND FIELD

# 2023 TIGER INVITATIONAL

## MEET SCHEDULE

### SATURDAY, MAY 13th

8:00am Throwing implement weigh in at throwing area  
8:30am Coaches meeting at Stocker Stadium  
9:00am **Field Events:** Boys High Jump, Boys Long Jump,  
Girls Triple Jump, Boys Shot Put, Girls Discus

### Track Order of Events:

800M Medley Girls	FINAL
3200M Relay Girls	FINAL
3200M Relay Boys	FINAL
100M Hurdles Girls	FINAL
110M Hurdles Boys	FINAL
100M Dash Girls	FINAL
100M Dash Boys	FINAL
-15 Minute Break-	
400M Relay Girls	FINAL
400M Relay Boys	FINAL
400M Dash Girls	FINAL
400M Dash Boys	FINAL
300M Hurdles Girls	FINAL
300M Hurdles Boys	FINAL
1600M Run Girls	FINAL
1600M Run Boys	FINAL
200M Dash Girls	FINAL
200M Dash Boys	FINAL
Throwers Relay	
1600M Relay Girls	FINAL
1600M Relay Boys	FINAL

All event marks and times will count toward state qualification.