

Central Charger Relays 2023

When: Saturday, February 25th

Where: Central High School Track
9450 Ray White Road
Ft. Worth, TX 76244

Entry Fees: \$250 for each varsity division; 200 for each sub-varsity division; \$600 for all divisions. Please make checks payable to **CHS Track and Field** and pay prior to February 1, 2023.

Entries: Each school will be able to enter **1 Varsity and 1 Junior Varsity** relay team per division.

- Please enter only 3 athletes per division in each field event
- The 300 hurdles is the only individual running event.

All long and triple jump competitors will get 3 jumps **NO FINALS**.
All throwers will get 3 attempts **NO FINALS**.

*****There will be a minimum distance required for measurement of all jumps and throws*****

Entries are due by Friday, February 24th at Noon and will be done on MileSplit.

Awards: Medals will be given to the top three places for each relay in each division, and the top 3 finishers in each field event will also receive medals. Team points **WILL NOT** be kept.

We are excited about having you at our meet. Please let us know if you have any questions.

Thank you!

Emily Russell
Central High School
Head Girls Track and Field
Cell # (254) 396-0137 emily.russell@kellerisd.net

Clancey Kilcoyne
Central High School
Head Boys Track Coach
Cell # (817) 914-5067 clancey.kilcoyne@kellerisd.net

Central Charger Relays 2023

Schedule of Events:

8:00 am Scratch Meeting: Field House classroom. Breakfast will be provided for coaches.

8:30am Field Events

Shot - (located behind the stands on the visitor side or East side of the track)

VG/JVG

JVB/VB

Discus - (located on the grass practice fields on the East side of the track)

VB/JVB

JVG/VG

Pole Vault – VB/JVB/VG/JVG

High Jump – VG/VB (North Pit) JVG/VB (South Pit)

Long Jump – VB/VG/JVB/JVG (North or South Pit depending on wind)

Triple Jump – JVG/JVB/VG/VB (Center Pit)

9:00 am Distance Medley Relays (12-4-8-16)

JVG, JVB, VG, VB

11:00 am or 30 Minutes after Completion of Field Events:

Running events in the following order: JVG, JVB, VG, VB (ALL FINALS)

4x100m Relay

Sprint Medley Relay (2-2-4-8)

300 Hurdles

4x200m Relay

4x800m Relay

4x400m Relay