## 2023 Grapevine Mustang Relays

Grapevine High School Mustang-Panther Stadium 3000 Ira E. Woods Grapevine, TX 76051

## Coaches:

Thank you for attending the 2023 Grapevine Mustang Relays. We are thrilled to have you at our meet and aim to make it a great experience for you and your athletes. The meet will be held Friday, February 17th at Mustang-Panther Stadium in Grapevine.

**Teams Competing:** Argyle, Carrollton Creekview, Colleyville Heritage, Denton Ryan, Grapevine, Hurst LD Bell, Justin Northwest, Lubbock Monterey, and Prosper Rock Hill

## **Meet Schedule**

1:45 pm: Scratch Meeting - (Scratch only, no adds)

2:30 pm: Field Events

LJ: VB/JVB/VG/JVG - TJ: VG/JVG/VB/JVB - HJ: JVB/VB, JVG/VG
SHOT: VB/JVB/VG/JVG - DISCUS: VG/JVG/VB/JVB - PV: JVG/VG,JVB/VB

2:30 pm: Open 3200m

Bring any extra Distance Runners (No need to register these runners, time your own kids)

**3:00 pm: 3200m** JVG/VG/JVB/VB

5:00 pm: Running Finals (JVG/VG/JVB/VB)

4x100m Relay

800m

100m Hurdles/110m Hurdles

100m

4x200m Relay

400m

300m Hurdles

200m

1600m

4x400m Relay

Registration: Submit all individual entries through <u>Grapevine Mustang Relays - Registration</u> (milesplit.com) by Thursday, February 16th @ Noon

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