

KVAC Class B Indoor Track Championship - 2/10/2023
Farley Field House @ Bowdoin College
Meet Program

Event 1 Girls 4x800 Meter Relay

Friday 2/10/2023 - 6:45 PM

KVAC Record: 9:57.95 2/7/2004 , Mt. Ararat HS
 E. Woods, J. Wilcox, R. Lebel, B. Wilcox
'22 Champion: 11:09.84 2/11/2022 , Cony HS
 Z. Albraihi, L. Grady, G. Kirk, E. Brown

Lane	Team	Relay	Seed Time
Section 1 of 1 Timed Finals			
1	Lincoln Academy		10:36.22
	1) Mya Bessey 11	2) Tessa McNamara 10	3) Audrey Hufnagel 11
	5) Violet Bailey 11	6) Alison Roberts 10	7) Freya Drum 9
			4) Adeline Hall 11
			8) Emma Castonia 10
2	Cony High School		11:27.72
	1) Ayanna Goonesekere 12	2) Caroline Hendrickson 10	3) Kate Sirois 11
	5) Ruboneka Keren 10		4) Tenzin Denno 10
3	Morse High School		12:01.57
	1) Lili Labrosse 12	2) Caroline Rand 9	3) Bean Vallade 12
	5) Allie Coombs 11	6) Abigail Hinds 12	7) Lillian Pomerleau 11
4	Maine Central Institute		12:16.32
	1) Alyssa Ardry 12	2) Gabriela Faria 9	3) Addison Verrill 11
	5) Robin Albert 12	6) Amya Braley 11	7) Isabelle Grard 11
			4) Olivia Smith 12
			8) Mikayla Pooley 12
5	Lawrence High School		13:35.99
	1) Natalie Robinson 9	2) Kaylie Smith 10	3) Emily Maul 12
	5) Paige Goodwin 10	6) Lexi Smith 10	4) Mykenna Martin 10
6	Waterville High School		NT
	1) Marianne Renaud 11	2) Kate Rice 10	3) Greta Limberger 10
	5) Isabel Derosby 11		4) Kassidy Gordon 12

Event 2 Boys 4x800 Meter Relay

Friday 2/10/2023 - 7:00 PM

KVAC Record: 8:23.21 2/6/2010 , Brunswick HS
 P. Merrill, L. Cassidy, W. Geoghegan, S. Selberg
'22 Champion: 9:01.84 2/11/2022 , Nokomis Regional HS
 D. Adams, E. Jakubisn, D. Gould, JJ Jakubisn

Lane	Team	Relay	Seed Time
Section 1 of 1 Timed Finals			
1	Winslow High School		9:10.54
	1) Braden Rioux 11	2) Ethan Rancourt 9	3) Justin Rogers 11
	5) Charles Byers 9		4) Joseph Richards 11
2	Cony High School		9:32.34
	1) Martin Ferrusca 10	2) Eben Buck 11	3) Brandon Mastrianno 11
	5) James Mooney 11		4) Luca Hardy 10
3	Morse High School		10:00.36
	1) Evan D'Souza 11	2) Austin Wood 9	3) Levi Riggs 9
			4) Riley Dunn 12
4	Lincoln Academy		10:16.22
	1) Conor Glasier 11	2) Huckleberry Huber-Rees 9	3) CJ Savastano 11
	5) Nathanael Clark 9	6) Connor Parson 11	7) Eliot O'Mahoney 11
			4) Will Clark 11
			8) Adrian Quinn 9
5	Maine Central Institute		10:31.38
	1) Spencer Dyer 12	2) Hein Nanda Kyaw 11	3) Oscar Keresey 10
	5) Harrison Holmstrom 9	6) Dillon Whitney 10	7) Lucius Tran 12
			4) Andrew Ross 11
			8) Gabriele Ouellette 11
6	Waterville High School		12:05.82
	1) Sam Withers 9	2) Dan Joler 9	3) Elijah Levan 9
	5) Cameron Murphy 12	6) Ben Hamelin 11	7) Theo Ruehsen 12
			4) Thomas Labbe 9
			8) Sean Walsh 9

KVAC Class B Indoor Track Championship - 2/10/2023
Farley Field House @ Bowdoin College
Meet Program

Event 3 Girls 55 Meter Hurdles**Top 8 Advance by Time**

Friday 2/10/2023 - 7:15 PM

KVAC Record: 8.40 2/9/2008 **Jesse Labreck, Messalonskee HS**
'22 Champion: 9.44 2/11/2022 **Kristen Kirk, Cony HS**

Lane	Name	Year	School	Seed Time
Heat 1 of 2 Prelims				
1	Lexi Smith	10	Lawrence High School	13.20
2	Emily Daigneault	9	Winslow High School	11.31
3	Ebony Parker	12	Nokomis High School	10.80
4	Emma Burr	12	Maine Central Institute	9.01
5	Morgan Tolliver	11	Belfast Area High School	10.40
6	Shalomi Goewey	12	Maine Central Institute	11.22
7	Torren Nehrboss	9	Lincoln Academy	12.23
Heat 2 of 2 Prelims				
2	Ava Lewis	9	Lawrence High School	11.92
3	Olivea Miller	10	Leavitt Area High School	10.88
4	Jeanie Hunt	12	Lincoln Academy	10.10
5	Carina Castagna	9	Leavitt Area High School	10.32
6	Olivia Drewniak	9	Morse High School	10.92
7	Daphne Hands	9	Maine Central Institute	11.96

Event 4 Boys 55 Meter Hurdles**Top 8 Advance by Time**

Friday 2/10/2023 - 7:25 PM

KVAC Record: 7.4h 2/7/1987 **Alan Hunt, Brunswick HS**
'22 Champion: 8.74 2/11/2022 **Stephen Pierre, Leavitt Area HS**

Lane	Name	Year	School	Seed Time
Heat 1 of 2 Prelims				
2	Andre Morin	11	Winslow High School	10.88
3	Hassan Hobbi	9	Winslow High School	9.71
4	Josiah Hays	12	Medomak Valley High School	8.54
5	Zane Dean	12	Maine Central Institute	9.65
6	Thomas Mullens	10	Erskine Academy	10.46
7	Oscar Keresey	10	Maine Central Institute	12.18
Heat 2 of 2 Prelims				
2	Drew Shorey	10	Maine Central Institute	11.31
3	Wyatt Degrasse	12	Maine Central Institute	9.78
4	David Winchenbach	10	Lincoln Academy	8.94
5	Ethan Vose	10	Cony High School	9.55
6	Noah Gibbs	10	Leavitt Area High School	9.93
7	Cole Fortin	11	Erskine Academy	11.87

KVAC Class B Indoor Track Championship - 2/10/2023
Farley Field House @ Bowdoin College
Meet Program

Event 5 Girls 55 Meter Dash**Top 8 Advance by Time**

Friday 2/10/2023 - 7:35 PM

KVAC Record: 7.26 12/23/2023 **Makenna Drouin, Edward Little HS**
'22 Champion: 7.76 2/11/2022 **Emma Burr, Maine Central Institute**

Lane	Name	Year	School	Seed Time
Heat 1 of 3 Prelims				
1	Jhordaynia Ebanks	10	Lincoln Academy	8.59
2	Isabelle Small	9	Morse High School	8.45
3	Reese Novicka	10	Oceanside High School	8.11
4	Emma Burr	12	Maine Central Institute	7.57
5	Kyri Meak	10	Winslow High School	8.04
6	Orla Murphy	10	Nokomis High School	8.38
7	Erin Robbins	11	Belfast Area High School	8.56
8	Avery Theriault	12	Cony High School	8.68
Heat 2 of 3 Prelims				
1	Sarah Ouellette	11	Morse High School	8.66
2	Olivia Cote	9	Nokomis High School	8.45
3	Elise Cunningham	11	Cony High School	8.13
4	Allie Kimball	12	Winslow High School	7.73
5	Caroline Thelen	11	Morse High School	8.01
6	Allison Hooper	10	Belfast Area High School	8.32
7	Suri RamKissoon	10	Cony High School	8.51
8	Olivia Drewniak	9	Morse High School	8.68
Heat 3 of 3 Prelims				
1	Batool Albraihi	9	Cony High School	8.67
2	Kaydence Raymond	10	Lincoln Academy	8.46
3	Halle Tarbox	9	Belfast Area High School	8.13
4	Nola Boutaugh	11	Leavitt Area High School	7.99
5	Madison Yakimchick	11	Waterville High School	7.99
6	Sadie Pierce	10	Erskine Academy	8.23
7	Mercy Buchwalder	9	Lincoln Academy	8.46
8	Hailey Reynolds	10	Nokomis High School	8.67

Event 6 Boys 55 Meter Dash**Top 8 Advance by Time**

Friday 2/10/2023 - 7:45 PM

KVAC Record: 6.4h 2/17/1987 **Sean Droney, Brunswick HS**
Co-holder: 6.59 2/12/2011 **McKenzie Gary, Mt. Ararat HS**
'22 Champion: 6.87 2/11/2022 **Evan Watts, Winslow HS**

Lane	Name	Year	School	Seed Time
Heat 1 of 3 Prelims				
1	Miles Sagaas	9	Belfast Area High School	7.48
2	Eli Orth	12	Cony High School	7.25
3	Will Rush	11	Medomak Valley High School	7.09
4	Dayton Calder	12	Leavitt Area High School	6.82
5	Drake Bartley	11	Leavitt Area High School	7.08
6	Jordan Anderson	10	Lincoln Academy	7.20
7	Anders Bassett	9	Erskine Academy	7.47
8	Cameron Murphy	12	Waterville High School	7.70

KVAC Class B Indoor Track Championship - 2/10/2023
Farley Field House @ Bowdoin College
Meet Program

Heat 2 of 3 Prelims...(Event 6 Boys 55 Meter Dash)

1	Kaden Crawford	10	Erskine Academy	7.54
2	Wade Desrosiers	10	Leavitt Area High School	7.29
3	Josiah Hays	12	Medomak Valley High School	7.09
4	Logan Berube	11	Leavitt Area High School	6.89
5	Danny Phan	11	Cony High School	7.02
6	Charlie Thelen	9	Morse High School	7.18
7	Slavick Moody	11	Medomak Valley High School	7.42
8	Alden Wilkinson	9	Cony High School	7.62

Heat 3 of 3 Prelims

1	Gage Moody	12	Erskine Academy	7.55
2	Carter Rau	10	Erskine Academy	7.32
3	Aiden Sergent	11	Oceanside High School	7.16
4	Adam Allen	12	Nokomis High School	6.90
5	Dawson Harrison	11	Waterville High School	7.01
6	Cohen Parker	11	Cony High School	7.16
7	Gavin Peck	11	Lincoln Academy	7.34
8	Damion Robinson	11	Nokomis High School	7.62

Event 7 Girls 1 Mile Run

Friday 2/10/2023 - 7:55 PM

KVAC Record: 5:08.09 2/11/2012 Bethanie Brown, Waterville HS**'22 Champion: 6:08.70 2/11/2022 Lorelli Grady, Cony HS**

Lane	Name	Year	School	Seed Time
Section 1 of 1 Timed Finals				
1	Audrey Hufnagel	11	Lincoln Academy	5:40.05
2	Dylan Burmeister	10	Lincoln Academy	5:53.67
3	Celia Stinson	10	Maine Central Institute	5:59.15
4	Madeline Kallin	11	Lincoln Academy	5:59.43
5	Juniper Fowler	12	Belfast Area High School	6:01.10
6	Loralie Grady	10	Cony High School	6:01.72
7	Orla Murphy	10	Nokomis High School	6:14.84
8	Addison Verrill	11	Maine Central Institute	6:22.30
9	Lili Labrosse	12	Morse High School	6:27.56
10	Mackenzie Jones	12	Nokomis High School	6:43.41
11	Alexandria Raymond	9	Winslow High School	6:45.41

KVAC Class B Indoor Track Championship - 2/10/2023
Farley Field House @ Bowdoin College
Meet Program

Event 8 Boys 1 Mile Run

Friday 2/10/2023 - 8:05 PM

KVAC Record: 4:19.77 2/6/2010 Will Geoghegan, Brunswick HS

'22 Champion: 4:47.83 2/11/2022 Jacob Pelletier, Cony HS

Lane	Name	Year	School	Seed Time
Section 1 of 1 Timed Finals				
1	Noah Morris	11	Medomak Valley High School	4:44.48
2	Nick Choate	12	Erskine Academy	4:47.02
3	Liam Card	12	Lincoln Academy	4:53.95
4	Braden Rioux	11	Winslow High School	4:57.34
5	Elijah Jakubisin	10	Nokomis High School	4:57.97
6	Nicholas Russ	11	Lincoln Academy	5:00.66
7	Sam Goldey	11	Cony High School	5:03.24
8	Riley Dunn	12	Morse High School	5:05.49
9	Will Robbins	12	Belfast Area High School	5:05.83
10	James Mooney	11	Cony High School	5:07.29
11	Martin Ferrusca	10	Cony High School	5:08.45
12	Levi Riggs	9	Morse High School	5:14.00

Event 9 Girls 400 Meter Dash

Friday 2/10/2023 - 8:35 PM

KVAC Record: 59.53 2/9/2008 Clare Franco, Brunswick HS

'22 Champion: 1:04.12 2/11/2022 Grace Kirk, Cony HS

Lane	Name	Year	School	Seed Time
Section 1 of 3 Timed Finals				
2	Jamison Ellis	11	Leavitt Area High School	1:17.90
3	Ayanna Goonesekere	12	Cony High School	1:15.65
4	Jocelyn Valleau	9	Belfast Area High School	1:12.54
5	Norah Jamison	9	Maine Central Institute	1:13.58
6	Kara Richards	12	Belfast Area High School	1:16.57
Section 2 of 3 Timed Finals				
2	Erin Robbins	11	Belfast Area High School	1:12.32
3	Kaisley Marquis	9	Leavitt Area High School	1:09.24
4	Lillian Pomerleau	11	Morse High School	1:08.40
5	Serae Fish	11	Leavitt Area High School	1:08.52
6	Morgan Tolliver	11	Belfast Area High School	1:12.15
Section 3 of 3 Timed Finals				
2	Marianne Renaud	11	Waterville High School	1:08.14
3	Allie Kimball	12	Winslow High School	1:04.27
4	Shealyn Brochu	10	Morse High School	1:02.68
5	Emma Brown	12	Cony High School	1:03.45
6	Bean Vallade	12	Morse High School	1:07.49

KVAC Class B Indoor Track Championship - 2/10/2023
Farley Field House @ Bowdoin College
Meet Program

Event 10 Boys 400 Meter Dash

Friday 2/10/2023 - 8:45 PM

KVAC Record: 50.85 2/11/2012 Alex Nichols, Brunswick HS
'22 Champion: 55.26 2/11/2022 Levi Olin, Winslow HS

Lane	Name	Year	School	Seed Time
Section 1 of 3 Timed Finals				
1	Evan D'Souza	11	Morse High School	1:03.64
2	Alex Bates	9	Nokomis High School	1:01.62
3	Hudson Holmstrom	11	Maine Central Institute	1:00.89
4	Kyle Mastrianno	11	Cony High School	1:01.55
5	Anders Bassett	9	Erskine Academy	1:03.62
6	Maddox St. Pierre	11	Cony High School	1:03.72
Section 2 of 3 Timed Finals				
1	Lucas Farrington	10	Erskine Academy	59.97
2	Tristan Hughes	10	Belfast Area High School	59.68
3	Carter Rau	10	Erskine Academy	58.60
4	Hassan Hobbi	9	Winslow High School	59.19
5	Drew Adams	12	Nokomis High School	59.90
6	Jonas Stepanauskas	11	Lincoln Academy	1:00.26
Section 3 of 3 Timed Finals				
1	Danny Phan	11	Cony High School	57.98
2	Theo Ruehsen	12	Waterville High School	56.37
3	Joseph Richards	11	Winslow High School	53.18
4	Slavick Moody	11	Medomak Valley High School	55.40
5	Wade Desrosiers	10	Leavitt Area High School	57.49
6	Luca Hardy	10	Cony High School	58.54

Event 11 Girls 800 Meter Run

Friday 2/10/2023 - 8:55 PM

KVAC Record: 2:17.33 2/11/2012 Bethanie Brown, Waterville HS
'22 Champion: 2:31.61 2/11/2022 Brianna Harriman, Cony HS

Lane	Name	Year	School	Seed Time
Section 1 of 1 Timed Finals				
1	Shealyn Brochu	10	Morse High School	2:31.27
2	Adeline Hall	11	Lincoln Academy	2:37.90
3	Dylan Burmeister	10	Lincoln Academy	2:39.43
4	Orla Murphy	10	Nokomis High School	2:40.37
5	Loralie Grady	10	Cony High School	2:40.70
6	Celia Stinson	10	Maine Central Institute	2:42.13
7	Madeline Kallin	11	Lincoln Academy	2:42.41
8	Tessa McNamara	10	Lincoln Academy	2:43.21
9	Paige Goodwin	10	Lawrence High School	2:45.12
10	Lili Labrosse	12	Morse High School	3:01.44
11	Tenzin Denno	10	Cony High School	3:02.15

KVAC Class B Indoor Track Championship - 2/10/2023
Farley Field House @ Bowdoin College
Meet Program

Event 12 Boys 800 Meter Run

Friday 2/10/2023 - 9:00 PM

KVAC Record: 1:57.15 2/6/2010 Will Geoghegan, Brunswick HS

'22 Champion: 2:06.71 2/11/2022 Joseph Richards, Winslow HS

Lane	Name	Year	School	Seed Time
Section 1 of 1 Timed Finals				
1	Justin Rogers	11	Winslow High School	2:11.18
2	Liam Card	12	Lincoln Academy	2:13.75
3	Elijah Jakubisn	10	Nokomis High School	2:14.49
4	Isaac Keresey	11	Maine Central Institute	2:15.05
5	J.j Jakubisn	12	Nokomis High School	2:15.26
6	Will Robbins	12	Belfast Area High School	2:15.80
7	Levi Riggs	9	Morse High School	2:18.71
8	Spencer Dyer	12	Maine Central Institute	2:18.96
9	Brandon Mastrianno	11	Cony High School	2:19.25
10	Sam Goldey	11	Cony High School	2:19.36
11	Danzig Nave	10	Nokomis High School	2:20.65
12	Martin Ferrusca	10	Cony High School	2:23.95

Event 13 Girls 200 Meter Dash

Friday 2/10/2023 - 9:05 PM

KVAC Record: 26.07 2/9/2008 Kristin Slotnick, Brunswick HS

'22 Champion: 28.08 2/11/2022 Emma Brown, Cony HS

Lane	Name	Year	School	Seed Time
Section 1 of 3 Timed Finals				
1	Cora Littlefield	11	Belfast Area High School	31.28
2	Olivia Cote	9	Nokomis High School	31.15
3	Suri RamKissoon	10	Cony High School	30.96
4	Kaydence Raymond	10	Lincoln Academy	31.05
5	Carina Castagna	9	Leavitt Area High School	31.16
6	Mya Bessey	11	Lincoln Academy	31.34
Section 2 of 3 Timed Finals				
1	Elise Cunningham	11	Cony High School	30.12
2	Kaisley Marquis	9	Leavitt Area High School	29.80
3	Reese Novicka	10	Oceanside High School	29.34
4	Caroline Thelen	11	Morse High School	29.55
5	Juniper Fowler	12	Belfast Area High School	29.83
6	Mercy Buchwalder	9	Lincoln Academy	30.69
Section 3 of 3 Timed Finals				
1	Halle Tarbox	9	Belfast Area High School	28.90
2	Emma Brown	12	Cony High School	28.53
3	Emma Burr	12	Maine Central Institute	26.96
4	Allie Kimball	12	Winslow High School	27.84
5	Cassidy Novicka	12	Oceanside High School	28.90
6	Nola Boutaugh	11	Leavitt Area High School	29.22

KVAC Class B Indoor Track Championship - 2/10/2023
Farley Field House @ Bowdoin College
Meet Program

Event 14 Boys 200 Meter Dash

Friday 2/10/2023 - 9:15 PM

KVAC Record: 22.89 2/12/2022 **Abdirizak Abukar, Lewiston HS**'22 Champion: 24.06 2/11/2022 **Evan Watts, Winslow HS**

Lane	Name	Year	School	Seed Time
Section 1 of 3 Timed Finals				
1	Jonas Stepanauskas	11	Lincoln Academy	26.51
2	Carter Rau	10	Erskine Academy	26.34
3	Eli Orth	12	Cony High School	25.86
4	Cole Hamner	11	Cony High School	26.15
5	Cohen Parker	11	Cony High School	26.35
6	Miles Sagaas	9	Belfast Area High School	26.62
Section 2 of 3 Timed Finals				
1	Danny Phan	11	Cony High School	25.66
2	Aiden Sergent	11	Oceanside High School	25.59
3	Josiah Hays	12	Medomak Valley High School	25.52
4	Dawson Harrison	11	Waterville High School	25.58
5	Slavick Moody	11	Medomak Valley High School	25.64
6	Jordan Anderson	10	Lincoln Academy	25.83
Section 3 of 3 Timed Finals				
1	Theo Ruehsen	12	Waterville High School	25.25
2	Adam Allen	12	Nokomis High School	24.62
3	Logan Berube	11	Leavitt Area High School	24.43
4	Dayton Calder	12	Leavitt Area High School	24.50
5	Joseph Richards	11	Winslow High School	24.72
6	Drake Bartley	11	Leavitt Area High School	25.39

Event 15 Girls 2 Mile Run

Friday 2/10/2023 - 9:25 PM

KVAC Record: 11:11.0h 2/7/1985 **Joanna Greene, Brunswick HS**'22 Champion: 12:56.38 2/11/2022 **Grace Kirk, Cony HS**

Lane	Name	Year	School	Seed Time
Section 1 of 1 Timed Finals				
1	Audrey Hufnagel	11	Lincoln Academy	12:08.66
2	Dylan Burmeister	10	Lincoln Academy	12:48.56
3	Madeline Kallin	11	Lincoln Academy	12:55.33
4	Loralie Grady	10	Cony High School	13:22.23
5	Celia Stinson	10	Maine Central Institute	13:27.12
6	Addison Verrill	11	Maine Central Institute	13:44.42
7	Addison Pellerin	10	Winslow High School	14:20.83
8	Tessa McNamara	10	Lincoln Academy	14:39.31
9	Natalie Robinson	9	Lawrence High School	15:32.53
10	Kassidy Gordon	12	Waterville High School	15:42.43
11	Tenzin Denno	10	Cony High School	15:44.34
12	Emily Maul	12	Lawrence High School	17:10.90

KVAC Class B Indoor Track Championship - 2/10/2023
Farley Field House @ Bowdoin College
Meet Program

Event 16 Boys 2 Mile Run

Friday 2/10/2023 - 9:40 PM

KVAC Record: 9:13.0h 2/19/1975 Bruce Bickford, Lawrence HS**'22 Champion: 10:54.19 2/11/2022 Jacob Pelletier, Cony HS**

Lane	Name	Year	School	Seed Time
Section 1 of 1 Timed Finals				
1	Nick Choate	12	Erskine Academy	10:19.73
2	Noah Morris	11	Medomak Valley High School	10:31.23
3	Braden Rioux	11	Winslow High School	11:03.03
4	Riley Dunn	12	Morse High School	11:11.39
5	Sam Goldey	11	Cony High School	11:11.64
6	Eliot O'Mahoney	11	Lincoln Academy	11:15.27
7	Nicholas Russ	11	Lincoln Academy	11:23.45
8	Aleksander Carsley	11	Nokomis High School	11:43.33
9	Justin Rogers	11	Winslow High School	11:47.67
10	James Mooney	11	Cony High School	11:47.82
11	Will Clark	11	Lincoln Academy	11:53.24
12	Brandon Mastrianno	11	Cony High School	12:11.51

Event 17 Girls 4x200 Meter Relay

Friday 2/10/2023 - 9:55 PM

**KVAC Record: 1:49.72 2/11/2012 , Edward Little HS
L. Clavet, A. Ranucci, J. Masters, A. Chisholm****'22 Champion: 1:59.83 2/11/2022 , Winslow HS
V. Norris, M. Fortin, K. Fortin, A. Kimball**

Lane	Team	Relay	Seed Time
Section 1 of 2 Timed Finals			
1	Waterville High School		2:12.55
	1) Kate Rice 10	2) Isabel Derosby 11	3) Greta Limberger 10
	5) Cassidy Gordon 12	6) Olivia Hanley 11	4) Marianne Renaud 11
2	Nokomis High School		2:10.87
	1) Hailey Reynolds 10	2) Olivia Cote 9	3) Katelyn Raymond 10
	4) Ebony Parker 12		
3	Winslow High School		2:07.12
	1) Kyri Meak 10	2) Emily Daigneault 9	3) Emily Nicols 10
	4) Addison Pellerin 10		
4	Oceanside High School		2:08.84
	1) Hallye King 10	2) Alayna Marchessault 10	3) Cassidy Novicka 12
	4) Reese Novicka 10		
5	Erskine Academy		2:11.89
	1) Hannah Cohen-Mackin 10	2) Daphne Allen 10	3) Jessica Pumphrey 11
	4) Brielle Crommett 11		
6	Lawrence High School		2:13.93
	1) Abigail Bagley 12	2) Mykenna Martin 10	3) Alexis Williams 12
	4) Paige Goodwin 10	7) Grace Gagnon 9	8) Lexi Smith 10
	5) Zoe Hutchins 10	6) Ava Lewis 9	

KVAC Class B Indoor Track Championship - 2/10/2023
Farley Field House @ Bowdoin College
Meet Program

Section 2 of 2 Timed Finals...(Event 17 Girls 4x200 Meter Relay)

1	Cony High School				2:04.87
	1) Batool Albraihi 9	2) Elise Cunningham 11	3) Ayanna Goonesekere 12	4) Caroline Hendrickson 10	
	5) Thea Kanaris 10	6) Suri RamKissoon 10	7) Keren Ruboneks 10	8) Avery Theriault 12	
2	Leavitt Area High School				2:03.12
	1) Emma Couturier 12	2) Serae Fish 11	3) Nola Boutaugh 11	4) Carina Castagna 9	
	5) Lilly Chabot 12	6) Olivea Miller 10	7) Jamison Ellis 11	8) Molly Sealy 10	
3	Morse High School				1:59.25
	1) Bean Vallade 12	2) Lillian Pomerleau 11	3) Caroline Thelen 11	4) Shealyn Brochu 10	
	5) Olivia Drewniak 9	6) Isabelle Small 9			
4	Belfast Area High School				2:01.89
	1) Cora Littlefield 11	2) Erin Robbins 11	3) Juniper Fowler 12	4) Halle Tarbox 9	
	5) Morgan Tolliver 11	6) Jocelyn Valteau 9	7) Estella Sprague 10		
5	Maine Central Institute				2:04.75
	1) Daphne Hands 9	2) Alyssa Ardry 12	3) Gabriela Faria 9	4) Amya Braley 11	
	5) Robin Albert 12	6) Olivia Smith 12	7) Isabelle Grard 11	8) Mikayla Pooley 12	
6	Lincoln Academy				2:06.27
	1) Kaydence Raymond 10	2) Mya Bessey 11	3) Adeline Hall 11	4) Mercy Buchwalder 9	
	5) Alicia Flis 12	6) Jhordaynia Ebanks 10			

Event 18 Boys 4x200 Meter Relay**Friday 2/10/2023 - 10:00 PM**

KVAC Record: 1:35.45 2/12/2000 , Brunswick HS
Breton, Houk, Barnes, McIntyre
'22 Champion: 1:40.02 2/11/2022 , Winslow HS
R. Martin, R. Yang, Z. St. Pierre, J. Richards

Lane	Team	Relay	Seed Time	
Section 1 of 2 Timed Finals				
2	Maine Central Institute			1:56.02
	1) Drew Shorey 10	2) Zane Dean 12	3) Hudson Holmstrom 11	4) Wyatt Robinson 11
	5) Oscar Keresey 10	6) Owen Moore 11	7) Spencer Dyer 12	8) Isaac Keresey 11
3	Belfast Area High School			1:53.08
	1) Will Robbins 12	2) Tristan Hughes 10	3) Miles Sagaas 9	4) Alden Leonard 10
	5) Judson Thomas 9	6) Toni Jimenez-Sanchez 11		
4	Morse High School			1:55.29
	1) Austin Wood 9	2) Evan D'Souza 11	3) Daniel Carrolton 9	4) Caleb Longbottom 9
5	Waterville High School			1:57.67
	1) Jaxson Cotnoir 9	2) Henry Phillips 12	3) Sean Walsh 9	4) Theo Ruehsen 12
	5) Cameron Murphy 12	6) Thomas Labbe 9	7) Ben Hamelin 11	8) Dan Joler 9
Section 2 of 2 Timed Finals				
2	Lincoln Academy			1:50.72
	1) Gavin Peck 11	2) Jonas Stepanauskas 11	3) Connor McFarland 12	4) Jordan Anderson 10
	5) Liam Card 12	6) Eliot O'Mahoney 11	7) David Winchenbach 10	
3	Nokomis High School			1:45.78
	1) Adam Allen 12	2) Danzig Nave 10	3) Jacob Steiner 9	4) Alex Bates 9
4	Leavitt Area High School			1:40.89
	1) Dayton Calder 12	2) Keegan Hawksley 11	3) Logan Berube 11	4) Wade Desrosiers 10
	5) Justin Adams 10	6) Landon Myers 10	7) Brady Barclay 9	8) Noah Gibbs 10
5	Cony High School			1:44.29
	1) Ethan Vose 10	2) Luca Hardy 10	3) Martin Ferrusca 10	4) Kyle Mastrianno 11
	5) Alden Wilkinson 9	6) Maddox St. Pierre 11	7) Dalton Morang 11	
6	Erskine Academy			1:49.31
	1) Anders Bassett 9	2) Lucas Farrington 10	3) Gage Moody 12	4) Nick Choate 12
	5) Brady Desmond 10	6) Jack Murray 9	7) Kaden Crawford 10	

KVAC Class B Indoor Track Championship - 2/10/2023
Farley Field House @ Bowdoin College
Meet Program

Event 19 Girls Shot Put

Friday 2/10/2023 - 8:00 PM

KVAC Record: 42-06 2/9/2008 **Bethany Karter-O'Brien, Waterville HS**
'22 Champion: 32-02.75 2/11/2022 **Jillian Michaud, Maine Central Institute**

Pos	Name	Year	School	Seed	Mark
-----	------	------	--------	------	------

Flight 1 of 2 Finals

1	Isabel Derosby	11	Waterville High School		25-03.50
2	Robin Albert	12	Maine Central Institute		25-06.00
3	Michaela Harrington	10	Leavitt Area High School		25-07.00
4	Allison Hooper	10	Belfast Area High School		25-09.75
5	Lilly Pelletier	10	Leavitt Area High School		26-06.50
6	Sam DeBlois	11	Leavitt Area High School		26-06.50

Flight 2 of 2 Finals

1	Heather Nelson	11	Maine Central Institute		26-10.50
2	Hailey Reynolds	10	Nokomis High School		27-05.50
3	Jenessa Foster	12	Maine Central Institute		28-08.50
4	Zoe Hutchins	10	Lawrence High School		29-06.00
5	Avery Theriault	12	Cony High School		29-08.50
6	Amya Braley	11	Maine Central Institute		30-10.50

Event 20 Boys Shot Put

Friday 2/10/2023 - 6:30 PM

KVAC Record: 55-02 2/6/2016 **Curtis McLeod, Maine Central Institute**
'22 Champion: 49-04.75 2/11/2022 **Gage Boudreau, Lawrence HS**

Pos	Name	Year	School	Seed	Mark
-----	------	------	--------	------	------

Flight 1 of 2 Finals

1	Andrew Ross	11	Maine Central Institute		33-00.50
2	Gavin Peck	11	Lincoln Academy		33-10.50
3	Alden Wilkinson	9	Cony High School		34-03.00
4	Roland Kitchen	12	Nokomis High School		34-04.00
5	Henry Phillips	12	Waterville High School		34-08.00
6	Jaden Geyer	12	Cony High School		34-10.75

Flight 2 of 2 Finals

1	Cole Hammer	11	Cony High School		36-08.00
2	Dominique Daigneault	12	Winslow High School		36-08.50
3	Jacob Steiner	9	Nokomis High School		38-03.25
4	Landon Myers	10	Leavitt Area High School		39-11.50
5	Owen Moore	11	Maine Central Institute		40-03.50
6	Wyatt Robinson	11	Maine Central Institute		40-08.00

KVAC Class B Indoor Track Championship - 2/10/2023
Farley Field House @ Bowdoin College
Meet Program

Event 21 Girls Long Jump

Friday 2/10/2023 - 7:30 PM

KVAC Record: 17-05.50 2/12/2022 Amelia Wedderburn, Lewiston HS**'22 Champion: 15-04.25 2/11/2022 Emma Brown, Cony HS**

Pos	Name	Year	School	Seed Mark
-----	------	------	--------	-----------

Flight 1 of 1 Finals

1	Shalomi Goewey	12	Maine Central Institute	13-05.25
2	Kyri Meak	10	Winslow High School	13-09.75
3	Jenessa Foster	12	Maine Central Institute	13-10.75
4	Alicia Flis	12	Lincoln Academy	14-02.00
5	Sadie Pierce	10	Erskine Academy	14-03.25
6	Emma Brown	12	Cony High School	14-05.00
7	Emma Couturier	12	Leavitt Area High School	15-00.50
8	Madison Yakimchick	11	Waterville High School	15-02.00
9	Kara Anderson	11	Waterville High School	15-07.00

Event 22 Boys Long Jump

Friday 2/10/2023 - 6:30 PM

KVAC Record: 22-02.75 2/10/1989 Sean Droney, Brunswick HS**'22 Champion: 20-07 2/11/2022 Stephen Pierre, Leavitt Area HS**

Pos	Name	Year	School	Seed Mark
-----	------	------	--------	-----------

Flight 1 of 1 Finals

1	Sam Wechsler	11	Waterville High School	17-07.25
2	Cohen Parker	11	Cony High School	17-07.75
3	Dawson Harrison	11	Waterville High School	17-09.75
4	Eli Orth	12	Cony High School	17-11.00
5	Connor McFarland	12	Lincoln Academy	18-02.00
6	Charlie Thelen	9	Morse High School	19-01.00
7	Will Rush	11	Medomak Valley High School	19-03.25
8	Stephen Pierre	10	Leavitt Area High School	19-08.50
9	Conor Morin	12	Cony High School	21-00.50

Event 23 Girls Triple Jump

Friday 2/10/2023 - 9:30 PM

KVAC Record: 37-06 2/12/2022 Mikaela Langston, Mt. Ararat HS**'22 Champion: 32-06.75 2/11/2022 Madison Yakimchick, Waterville HS**

Pos	Name	Year	School	Seed Mark
-----	------	------	--------	-----------

Flight 1 of 1 Finals

1	Heather Nelson	11	Maine Central Institute	29-05.50
2	Estella Sprague	10	Belfast Area High School	29-06.75
3	Daphne Hands	9	Maine Central Institute	29-10.50
4	Paige Goodwin	10	Lawrence High School	30-00.75
5	Emma Couturier	12	Leavitt Area High School	30-10.00
6	Cassidy Novicka	12	Oceanside High School	31-07.00
7	Sadie Pierce	10	Erskine Academy	31-10.50
8	Kara Anderson	11	Waterville High School	32-07.50
9	Madison Yakimchick	11	Waterville High School	33-07.00

KVAC Class B Indoor Track Championship - 2/10/2023
Farley Field House @ Bowdoin College
Meet Program

Event 24 Boys Triple Jump

Friday 2/10/2023 - 8:30 PM

KVAC Record: 45-05.25 2/11/2012 **Connor Harris, Edward Little HS**
'22 Champion: 40-04.25 2/11/2022 **Andrew Abelon, Belfast Area HS**

Pos	Name	Year	School	Seed Mark
Flight 1 of 1 Finals				
1	David Winchenbach	10	Lincoln Academy	34-07.50
2	Kaden Crawford	10	Erskine Academy	35-00.50
3	Cole Hamner	11	Cony High School	36-02.50
4	Connor McFarland	12	Lincoln Academy	37-00.00
5	Sam Wechsler	11	Waterville High School	37-03.50
6	Charlie Thelen	9	Morse High School	37-06.25
7	Wyatt Degrasse	12	Maine Central Institute	40-05.50
8	Will Rush	11	Medomak Valley High School	40-07.75
9	Conor Morin	12	Cony High School	43-08.00

Event 25 Girls High Jump

Friday 2/10/2023 - 6:30 PM

Height Progression: 4-1, 4-4, 4-7, 4-9, 4-11, 5-1, etc.

KVAC Record: 5-05 2/9/2007 **Jesse Labreck, Messalonskee HS**
'22 Champion: 5-04 2/11/2022 **Lia Frazee, Belfast Area HS**

Pos	Name	Year	School	Seed Mark
Flight 1 of 1 Finals				
1	Norah Jamison	9	Maine Central Institute	4-02.00
2	Allison Hooper	10	Belfast Area High School	4-06.00
3	Olivea Miller	10	Leavitt Area High School	4-08.00
4	Kara Anderson	11	Waterville High School	4-08.00
5	Ebony Parker	12	Nokomis High School	4-10.00
6	Sarah Ouellette	11	Morse High School	4-10.00
7	Brielle Crommett	11	Erskine Academy	4-10.00
8	Shalomi Goewey	12	Maine Central Institute	4-10.00
9	Serae Fish	11	Leavitt Area High School	5-00.00

Event 26 Boys High Jump

Friday 2/10/2023 - 8:00 PM

Height Progression: 4-11, 5-2, 5-5, 5-7, 5-9, 5-11, etc.

KVAC Record: 6-09 2/11/1983 **Kevin Sawyer, Lawrence HS**
'22 Champion: 5-08 2/11/2022 **Stephen Pierre, Leavitt Area HS**

Pos	Name	Year	School	Seed Mark
Flight 1 of 1 Finals				
1	Hudson Holmstrom	11	Maine Central Institute	5-00.00
2	Alden Leonard	10	Belfast Area High School	5-00.00
3	Ethan Vose	10	Cony High School	5-04.00
4	Sam Wechsler	11	Waterville High School	5-06.00
5	Noah Gibbs	10	Leavitt Area High School	5-06.00
6	Wyatt Degrasse	12	Maine Central Institute	5-10.00
7	Henry Phillips	12	Waterville High School	5-10.00
8	Conor Morin	12	Cony High School	6-00.00
9	Stephen Pierre	10	Leavitt Area High School	6-02.00

KVAC Class B Indoor Track Championship - 2/10/2023
Farley Field House @ Bowdoin College
Meet Program

Event 27 Girls Pole Vault

Friday 2/10/2023 - 6:30 PM

Height Progression: 5-3, 6-0, 6-6, 7-0, etc.

KVAC Record: 11-05.50 2/9/2007
'22 Champion: 10-00 2/11/2022

Bethany Dumas, Cony HS
Lia Frazee, Belfast Area HS

Pos	Name	Year	School	Seed Mark
Flight 1 of 1 Finals				
1	Norah Jamison	9	Maine Central Institute	5-06.00
2	Jenessa Foster	12	Maine Central Institute	5-06.00
3	Abigail Bagley	12	Lawrence High School	5-06.00
4	Gwen Scherrer	12	Leavitt Area High School	5-06.00
5	Alexis Williams	12	Lawrence High School	6-06.00
6	Alyssa Ardy	12	Maine Central Institute	7-00.00
7	Izzy Gates	10	Leavitt Area High School	7-06.00
8	Heather Nelson	11	Maine Central Institute	7-06.00
9	Sarah Ouellette	11	Morse High School	10-06.00

Event 28 Boys Pole Vault

Friday 2/10/2023 - 8:00 PM

Height Progression: 6-3, 7-0, 7-6, 8-0, etc.

KVAC Record: 16-02 2/9/2008
'22 Champion: 11-03 2/11/2022

David Slovenski, Brunswick HS
Nicholas Ritchie, Belfast Area HS

Pos	Name	Year	School	Seed Mark
Flight 1 of 1 Finals				
1	Hein Nanda Kyaw	11	Maine Central Institute	6-06.00
2	Andrew Ross	11	Maine Central Institute	7-00.00
3	Zane Dean	12	Maine Central Institute	8-00.00
4	Isaac Keresey	11	Maine Central Institute	8-00.00
5	Andre Morin	11	Winslow High School	9-00.00
6	Keegan Hawksley	11	Leavitt Area High School	9-06.00
7	Cole Johanson	11	Leavitt Area High School	10-06.00