

Henry Crosby Invitational

Hosted by West Jefferson High School

Hoss Memtas Stadium

2200 8th Street, Harvey, LA 70058

January 5, 2023

Coaches,

We welcome you to join us at the Henry Crosby Invitational Track & Field meet to be held on Friday, March 10th. The entry fee is \$50 per gender, boys and girls will be \$100.00. All checks will need to be made out to West Jefferson High School. We will limit the entries to the 1st 12 Girls and 12 Boys teams. Fan entry fee is \$10.00 for adults and \$8.00 for students.

Registration will be hosted on MileSplit and will end on Wednesday, March 8th, at 8:00 pm. Please bring blocks for all sprint races.

This event will be timed by Crescent City Timing. Their email address is coachpanepinto@cox.net. Their phone number is (504) 427-7689.

If you have any questions, please reach out to Isaac Knightshead Jr (504) 782-1135 isaac.knightshead@jpschools.org or Darius Lewis at darius.lewis496@gmail.com.

Henry Crosby Invitational

Friday, March 10, 2023

Hoss Mementas Stadium – West Jefferson High School

Order of Events

- 4:00 PM Shot Put (Boys, Girls)
 Pole Vault (Girls, Boys)
 Long Jump (Girls, Boys) followed by Triple Jump (Girls, Boys)
 High Jump (Boys, Girls)
 Discus (Girls, Boys)
 Javelin (Boys, Girls)
- 4:30 PM 4 x 800 Meter Relay
- 5:30 PM Opening Ceremonies: Honoring Henry Crosby

We will follow a rolling time schedule!

(Girls will precede Boys in all running events.)

- 5:45 PM 4 x 200 Meter Relay
 1600 Meter Run
 100/110 Meter Hurdles
 100 Meter Dash
 800 Meter Run
 4 x 100 Meter Relay
 400 Meter Dash
 300 Meter Hurdles
 200 Meter Dash
 3200 Meter Run
 4 x 400 Meter Relay