

Bellaire Relays

Saturday, April 1, 2023



- **EQUIPMENT**

Starting Blocks will be provided by Meet Management.
1/8" pyramid spikes ONLY please

- **NEW FOR 2023 and beyond.** All meet entry will be done on MileSplitOH. You may go to <http://bellairerelays.milesplit.com> to submit entries. Please submit your entries by **FRIDAY MARCH 31st @ 12 NOON.**

If you need directions on how to enter your athletes and team on MileSplit, go to <https://support.milesplit.com/en/t/meet-registration>

- We would like to eliminate all scratches. With the entry submission date close to the meet we would like to not have any scratches the afternoon of the meet; however, sometimes scratches are unavoidable. If needed, all substitutions or scratches in field events will be made at the site, and any unforeseen scratches for running events are to be made when packets are picked up at the finish line between 8:00 and 9:30 AM.
- In the shot put, long jump and discus, there will be three attempts in the trials and three attempts for qualifying individuals in the finals.
- Concession stand and rest rooms will be available.

All entry fees must be received by Thursday 3/30/23. Entry fee is \$75 a team
(\$150 for Boys + Girls).

Please make all checks payable to:

**Bellaire High School Athletic Department
349 35th Street
Bellaire, OH 43906**

- If there are any questions, please call Shawn Valloric @ (304) 281-3149, or email (best way) svalloric@bellairesd.org.
- Due to limited parking space, buses and vans are asked to unload athletes at the main gate and park in the designated Bus/Van parking area (which will be determined at a later time).