

23rd Annual GREENVILLE COUNTY JUNIOR VARSITY TRACK & FIELD CHAMPIONSHIPS

**Ed Boehmke Track & Field Facility
John Carlisle Stadium
Eastside High School
Saturday April 30, 2023**

Entry Limit and Rules: There will be THREE divisions in the JV Meet – a Middle School (MS) division for athletes in the 7th and 8th grade, a High School (HS) division for athletes in the 9th and 10th grade and an 11-12 grade sub-varsity division. Athletes entered in this meet cannot be entered or allowed to compete in the varsity County Championships. There is no limit of athletes you may enter per event. Because of the mass of athletes that we will have, please make certain that each athlete that you enter will be in that event on the day of the meet.

Relay Entries and Rules: Relays will not be divided by grade. You may enter any combination of grades (except 11-12) to complete a team. You may enter as many teams as you want, but only the “A” teams will be given awards. Make sure that all athletes do not exceed the 4 event limit. Enter all relays in the 9-10 division.

Awards: Medals will be given to 1 – 3 places. Ribbons for 4-8. There are NO team awards. Awards will be presented to the athletes after the conclusion of each event.

On-line Entry: All entries must be submitted on-line at SCRrunners.com by the entry deadline of 11:59 pm on Thursday April 27th. Please make sure that you have gone on this site and understand how to use it well before the entry deadline. PLEASE MAKE SURE THAT YOU PUT YOUR ATHLETES IN THE CORRECT MEET. All three divisions are listed – one for the HS (9-10) JV Meet, one for the MS (7-8) JV Meet, and one for the Sub-Varsity (11-12). PLEASE BE VERY CAREFUL THAT YOU ENTER YOUR ATHLETES INTO THE CORRECT GRADE GROUP ACCORDING TO THEIR GRADE ON SCRRunners!!! Remember that an athlete can only be in ONE of these meets and cannot be entered in the Varsity County Championships. You do not have to enter RELAY NAMES for the JV Meet! Make CERTAIN that any athlete does not exceed the FOUR EVENT RULE! The online entry will be locked at 11:59 p.m. on Thursday April 28th.

Entry Deadline: 11:59 p.m. on THURSDAY April 27.

Entry Fee: JV Meets JV entry fee is \$5.00 per entered athlete, \$75 max per team for JV's for all divisions per gender or \$150 max per school. Make checks payable to Eastside High and bring it to the meet or mail to Eastside in care of Ed Boehmke at Eastside High School 1300 Brushy Creek Road Taylors, SC 29687. This entry must be paid before your team is allowed to participate. Remember this fee is an ENTRY FEE - if you enter you MUST pay.

Numbers: Will only be given to distance runners.

Meet Packet: You may pick up your meet packet at the timing trailer. In your packet you will find:

1) A team roster showing each athlete's assigned number. Have each athlete pin these numbers to the front of their uniform. Four pins per athlete will be included in your packet. Please tell your athletes not to lose their number. Make sure that each athlete gets and wears the correct number.

2) Coaches Meal Tickets – one per coach up to four coaches per school, provided I receive their names before the meet on a separate email that I will send out. If you receive an extra supplement from the district, you must notify me before the packets are put together. Please do not lose these.

3) Field Event Assignments – Please check this and help us make the meet go as smoothly as possible by working your assigned event.

4) 400 Relay Zone Assignments – Please get a flag from the starting line and distribute yourselves at the 3 zones for this relay.

At The Championships

1) Bus Parking – Front of school

2) Stadium Entry – Athletes and coaches enter through the gate at the baseball field and walk to the back of the stadium.

3) Team Camps - Teams may set up camp in the visitor stands, anywhere along the top of the hill surrounding the stadium, or in the grassy area outside the fence near the start of the 100. You may NOT set up camps at the bottom of the hill near the finish line, on the infield of the track, baseball or softball fields, or on any paved walking areas.

Field Event Minimums – In the horizontal jumps and throws, each athlete will be given 3 attempts. The first attempt for everyone will be marked. Subsequent attempts will not be marked unless it equals or exceeds the minimum requirements listed below. The starting heights for the vertical jumps are also listed.

Event	MS BOYS FIELD EVENT Minimums for Marks	HS and Sub Varsity BOYS FIELD EVENT Minimums for Marks	MS GIRLS FIELD EVENT Minimums for Marks	HS and SUB Varsity GIRLS FIELD EVENT Minimums for Marks
High Jump	4'0"	4'04"	3'10"	4'0"
Pole Vault	6'0"	6'06"	5'06"	6'0"
Long Jump	14'0"	15'0"	11'0"	11'06"
Triple Jump	27'0"	29'0"	22'0"	23'0"
Shot Put	24'0"	28'0"	18'0"	22'0"
Discus	50'0"	65'0"	35'0"	55'0"
Javelin	50'0"	65'0"	35'0"	55'0"

Time Schedule: Starts at 9:00 a.m. We will be on a rolling schedule. I will publish a suggested schedule after the entry deadline.