

## **2023 Johnny “Lam” Jones Relays Lampasas High School**

Coaches:

Lampasas High School and Middle School would like to thank you for attending our 3rd Annual Johnny “Lam” Jones Relays. Our middle school meet will be held on Wednesday, March 1st and our high school meet will be held on Thursday, March 2nd.

Entries will need to be entered on Mile Split and are limited to three athletes per event and one relay per school in all divisions. We will be using Track For Life as our FAT system.

**Middle School Entry Deadline:** Sunday, February 26th.

**High School Entry Deadline:** Monday, February 27th.

The entry fee is \$175 per division.

Make checks payable to: Lampasas High School Track

Mail checks to: Lampasas High School

Attn: Taylor Wood

207 West 8th Street

Lampasas, Texas 76550

★ **Please specify on the check which divisions/gender you are paying for.**

The scratch meeting will start at 3:00PM in our field house and the meet will start at 4:00PM. We will allow subs and scratches only. No additions.

We will award medals to the top 3 places in each event in all divisions. There will be team championship trophies awarded to varsity divisions. All awards will be packaged for pickup at the conclusion of the meet in our field house.

Complete results will be posted on Mile Split within 24-48 hours after the conclusion of the meet. Track for Life will also be providing a link for live results that we will have for you the day of the meet.

Please keep the following in mind when you attend our meet:

- ★ Only participants and coaches are allowed on the infield.
- ★ Team camps can be set up in the bleachers with the press box (East of the field).
- ★ NO GUM, SUNFLOWER SEEDS, OR DRINKS OTHER THAN WATER ON THE TURF.

**Middle School Teams:** Lampasas, Brownwood, Burnet, Harper, Marble Falls & Salado

**High School Teams:** Lampasas, Brownwood, Burnet, Copperas Cove, Liberty Hill, Harper & Marble Falls