

TRI-STATE SMALL MEET
Saturday, March 18th, 2023
Williams Fieldhouse

Teams Attending: Albany, Benton/Scales Mound/Shullsburg, Boscobel, Brookwood, Cashton, Durant, Fennimore, Iowa-Grant, Kickapoo/La Farge, Lancaster, Marshall, New Lisbon, North Crawford, Northeast, Parkview, Royall, Southwestern, Sugar River and Westby.

Entry Limits: Teams will be limited to 3 athletes per event. One relay entry per event. Wisconsin high school rules apply to the number of events an individual athlete can compete in.

Entry Fee: Entry fee is \$250.00 per school or \$125.00 per single gender team.
Please make check payable to: UW-PLATTEVILLE

Check should be mailed to:

UW-Platteville

Attn: Chris Rotzenberg

1 University Plaza

Platteville, WI 53818

Phone: (608) 342-1008

E-mail: rotzenbergc@uwplatt.edu

If paying with a check, please ensure we receive it a week before entries close. If a check isn't received a week before entries are due, you will be asked to pay with a credit card when finalizing your entries. Credit card payments will incur a user fee.

Entry Deadline: **wi.milesplit.com** will be handling online entries. Only online entries will be accepted. The link to access online entries will be available at:
<http://www accuracetimeing.com/schedule.html>

Registration will begin on **Thursday, March 19th**. Online entries will close at **7:00pm** on **Friday, March 17th**. For questions related to online entries please contact Clark Jillson at Accurace Timing, chvjillson@aol.com.

Performances: Please submit realistic times for all track entries. Races 200m and above will be seeded from slowest to fastest. Only scratches and substitutions will be accepted the day of the meet. This will take place at the coaches meeting.

Pole Vault Verification Form: All schools must supply a pole vault verification form at check-in. This form is located at the following web site:
http://www.wiaawi.org/Portals/0/PDF/Sports/Track/tf_pvweight.pdf

Start Time: The building will open at 8:00 am. Coaches meeting will be in B52 which is on the lower level before you enter the track. This meeting will take place at 8:45 am.

Facility: The meet will take place in the Williams Fieldhouse at UW-Platteville. **No spikes are allowed!** Anyone wearing spikes will be automatically disqualified from the meet. The track is 6 lanes (8 lanes on the straight) with a Rekortan surface. **FOOD OR DRINK WILL NOT BE ALLOWED IN THE INDOOR TRACK AREA. ONLY WATER WILL BE ALLOWED.** Team camps will be located in Bo Ryan Court.

Long Jump: The long jump will only use the South Pit (Garage Door). Distance from the wood takeoff board is 10 feet. Approach is approximately 115 feet. There is also a normal surface board that is five feet from pit if needed.

Triple Jump: The triple jump will only use the West Pit (Back Stretch). Distances from the track surface takeoff boards are 24, 28, 32, 36, and 40 feet. Approach is unlimited.

- Locker Rooms: Locker rooms and showers are located one flight above the track level in the men and women's general locker room. Please provide your own locks and towels. No items should be left unattended in the locker rooms.
- Training Room: A certified trainer will be available throughout the entire event. The trainers will be located on the north side of the track.
- Bus Parking: Buses may drop off athletes/coaches in the circle drive area on the East side of the Williams Fieldhouse. Bus parking will be in Lot 6.
- Gate Information: The gate costs are \$5.00 for adults and \$3.00 for students. Concessions will be available.
- Awards: Medals will be given out to the top 3 finishers in individual events and relays. Plaques will be presented to the top two teams.
- Waiver Form: **Athletes and coaches should be aware and in compliance with paperwork necessary to compete at UW-Platteville. This entails a parent signed waiver form. This form must complete for every athlete and presented to meet management upon arrival to meet.**
- Questions: If you have further questions or concerns, please call:
Andres Young at (608) 342-1263 or
Lexus Lovan at (608) 342-8164

TRI-STATE SMALL SCHOOL Schedule of Events

Schedule is tentative; we will run ahead if possible

FIELD EVENTS

- 9:30 Girls Shot Put – Flights, 3 throws, 9 to finals
Boys Shot Put (follows girl's shot put) – Flights, 3 throws, 9 to finals
- 9:30 Girls Triple Jump (West Pit) – Open pit for 2.5 hours, 3 jumps, no finals
- 12:15 Boys Triple Jump (follows girl's triple jump) – Open pit for 2.5 hours, 3 jumps, no finals
- 9:30 Boys Long Jump (South Pit) – Open pit for 2.5 hours, 3 jumps, no finals
- 12:15 Girls Long Jump (follows boy's long jump) – Open pit for 2.5 hours, 3 jumps, no finals
- 9:30 Girls High Jump – starting height 4'0"
Boys High Jump (follows girl's high jump) – starting height 5'0"
- 9:30 Boys Pole Vault – starting height 7'0" to 8'0" and then 6" increments
Girls Pole Vault (follows boy's pole vault) – starting height 6'0" to 7'0" then 6" increments

RUNNING EVENTS

- 9:30 3200 Meter Run – Boys
- 9:45 4x800 Meter Relay – Girls
- 10:00 4x800 Meter Relay – Boys
- 10:15 55 Meter Hurdle Trials – Girls
- 10:30 55 Meter Hurdle Trials – Boys
- 10:40 55 Meter Dash Trials– Girls
- 11:00 55 Meter Dash Trials– Boys
- 11:20 1600 Meter Run – Girls
- 11:40 1600 Meter Run – Boys
- 12:00 4x200 Meter Relay – Girls
- 12:15 4x200 Meter Relay – Boys
- 12:30 400 Meter Dash – Girls
- 1:00 400 Meter Dash – Boys
- 1:30 55 Meter Hurdle Finals – Boys
- 1:35 55 Meter Hurdle Finals – Girls
- 1:40 55 Meter Dash Finals – Boys
- 1:45 55 Meter Dash Finals – Girls
- 1:50 800 Meter Run – Girls
- 2:10 800 Meter Run – Boys
- 2:30 200 Meter Dash – Girls
- 3:00 200 Meter Dash – Boys
- 3:30 3200 Meter Run – Girls
- 3:45 4x400 Meter Relay – Girls
- 4:00 4x400 Meter Relay – Boys

**Meet results will be posted on UW-Platteville Track & Field and
AccuRace Timing websites**