

UPDATED
JANUARY 23



Saturday, January 28, 2023

Start Time: 10:00 am

10:00 am	Long Jump	Boys
10:00 am	Shot Put	Boys
10:00 am	High Jump	Girls
10:00 am	Pole Vault	Girls
1:00 pm	High Jump	Boys
1:00 pm	Pole Vault	Boys
1:00 pm	Long Jump	Girls
1:00 pm	Shot Put	Girls

Running Events

10:00 am	4x800 Relay	Girls
10:15 am	4x800 Relay	Boys
10:40 am	60 M Hurdles (PRELIM)	Girls
10:50 am	60 M Hurdles (PRELIM)	Boys
11:00 am	60 M Dash (PRLIM)	Girls
11:25 pm	60 M Dash (PRLIM)	Boys
11:45 pm	Mile	Girls
12:20 pm	Mile	Boys
12:50 pm	400 M	Girls
1:20 pm	400 M	Boys
1:45 pm	60 M Hurdles (FINAL)	Girls
1:50 pm	60 M Hurdles (FINAL)	Boys
1:55 pm	60 M Dash (FINAL)	Girls
2:20 pm	60 M Dash (FINAL)	Boys
2:25 pm	800 M	Girls
2:55 pm	800 M	Boys
3:25 pm	200 M	Girls
3:50 pm	200 M	Boys
4:15 pm	4x400 Relay	Girls
4:35 pm	4x400 Relay	Boys

- **All running event athletes must get their hip numbers at the clerks table, located at the SW corner of the facility, at least 30 minutes prior to the estimated start time of their race**
- All athletes wearing spiked shoes must get their shoes approved before they are allowed to compete. Inspection will take place at the SW corner of the facility.
- All events will be administered on a rolling schedule. The start times shown are an estimate only