

# Mosier Indoor Facility - University of Oklahoma - Norman, OK 

Saturday, January 28, 2023

## SITE:

Mosier Indoor Track and Field Stadium at the University of Oklahoma just east of the Gaylord Family Oklahoma Memorial Stadium

## TIMES:

Competition will begin at 10:00 am

## ENTRY PROCEDURE \& DEADLINE:

Entry will take place through OK.MILESPLIT.COM. Due to facility space, the meet has athlete limitations and will be on a first come first serve basis. Once entries close, no exceptions will be made. Entries will close once full or on the Monday of the meet week.

## ENTRY RESTRICTION:

This meet is open to all High School Athletes (9-12 Grades). Meet management reserve the right to bar any athlete, club, team, organization, school, or institution from participating for any reason.

## ENTRY FEE:

1. $\$ \mathbf{2 0 . 0 0}$ per individual
2. Entry fee will need to be paid prior to competing, either before or on the day of the meet. If paying with a school PO, you will need to get prior approval by the meet director timothygrantham@mooreschools.com
3. Make Checks payable to: Westmoore Track
4. Pay online at ok.milesplit.com using PayPal

## PACKET PICK-UP:

Packet pick-up with Bid numbers will take place in the glass foyer at the entrance of the Mosier Facility

## SPIKES:

Athletes will not run if you do not comply with this rule. The only spike allowed for the Mosier Facility is the $1 / 4 "$ pyramid spike. The Omni-Lite $1 / 4 "$ spike is not allowed, as well as, the needle and Christmas tree spike. This rule will be strictly enforced, and all shoes will be checked at heating area prior to getting on track.


## PARTICIPANT/SPECTATOR ENTRY:

- Spectators will enter through the Northwest doors of the Mosier Facility and pass through a metal detector and bag check station. ${ }^{* * *}$ SEE ATTACHMENT
- Athletes and coaches should enter through the Southwest door of the MOSIER
- Please allow spectators to sit on portable bleachers and keep teams in the Everest center, when not competing


## TIMING:

The meet will be timed by ytiming.net and live results can be found here and on Milesplit.live

## COMPETITION \& WARM-UP:

- No warming up will be allowed on the track once the competition begins. If weather permitting, athletes may use the John Jacobs track for warming up
- Running Events: 30 minutes prior to event, report to clerk table, on the Southwest corner of the facility
- Field Events: Athletes will check-in at the event area
- No blocks in events 200 M and up


## EMERGENCY MEDICAL SERVICES:

Will be provided onsite

## PARKING:

Please see included map for team and spectator parking

## AWARDS:

Awards will be presented to top Three (3) Relays and Top Six (6) Individual placers

## SURFACE:

Six-lane on straights and 5 lanes on 200 M and up, 200 Meter track with a Mondo surface

## CONCESSION:

Concession stand will be provided

## APPAREL:

Event apparel will be available for purchase (credit cards will be accepted)

## ADMISSION:

Adults \$ 5.00 - Students/Children \$ 3.00 - Senior Citizens \$ 3.00 (credit cards will be accepted)
*** This is a non OSSAA event and passes will not be accepted ***

## DIVISIONS:

One division for boys and girls (All Classes)
For questions contact Tim Grantham at timothygrantham@mooreschools.com

## Saturday, January 28, 2023

Start Time: 10:00 am

| $10: 00 \mathrm{am}$ | Long Jump | Boys |
| :--- | :--- | :--- |
| $10: 00 \mathrm{am}$ | Shot Put | Boys |
| $10: 00 \mathrm{am}$ | High Jump | Girls |
| $10: 00 \mathrm{am}$ | Pole Vault | Girls |
| $1: 00 \mathrm{pm}$ | High Jump | Boys |
| $1: 00 \mathrm{pm}$ | Pole Vault | Boys |
| $1: 00 \mathrm{pm}$ | Long Jump | Girls |
| $1: 00 \mathrm{pm}$ | Shot Put | Girls |

Running Events

| $10: 00 \mathrm{am}$ | 4x800 Relay | Girls |
| :--- | :--- | :--- |
| $10: 15 \mathrm{am}$ | $4 \times 800$ Relay | Boys |
| $10: 40 \mathrm{am}$ | 60 M Hurdles (PRELIM) | Girls |
| $10: 50 \mathrm{am}$ | 60 M Hurdles (PRELIM) | Boys |
| $11: 00 \mathrm{am}$ | 60 M Dash (PRLIM) | Girls |
| $11: 25 \mathrm{pm}$ | 60 M Dash (PRLIM) | Boys |
| $11: 45 \mathrm{pm}$ | Mile | Girls |
| $12: 20 \mathrm{pm}$ | Mile | Boys |
| $12: 50 \mathrm{pm}$ | 400 M | Girls |
| $1: 20 \mathrm{pm}$ | 400 M | Boys |
| $1: 45 \mathrm{pm}$ | 60 M Hurdles (FINAL) | Girls |
| $1: 50 \mathrm{pm}$ | 60 M Hurdles (FINAL) | Boys |
| $1: 55 \mathrm{pm}$ | 60 M Dash (FINAL) | Girls |
| $2: 20 \mathrm{pm}$ | 60 M Dash (FINAL) | Boys |
| $2: 25 \mathrm{pm}$ | 800 M | Girls |
| $2: 55 \mathrm{pm}$ | 800 M | Boys |
| $3: 25 \mathrm{pm}$ | 200 M | Girls |
| $3: 50 \mathrm{pm}$ | 200 M | Boys |
| $4: 15 \mathrm{pm}$ | $4 \times 400$ Relay | Girls |
| $4: 35 \mathrm{pm}$ | $4 \times 400$ Relay | Boys |

- All running event athletes must get their hip numbers at the clerks table, located at the SW corner of the facility, at least $\mathbf{3 0}$ minutes prior to the estimated start time of their race
- All athletes wearing spiked shoes must get their shoes approved before they are allowed to compete. Inspection will take place at the SW corner of the facility.
- All events will be administered on a rolling schedule. The start times shown are an estimate only


## CJCKLAMR BAAG POLICY

## APPROVED BAGS

ganir ma pra prasany


CLEAR TGTE


ONE CIj GHLLON CLENR PLASTIE STORAGE EHG

6.5"x $4.5^{-1 \%}$

SHELL CLUTCH PUPSE

## PROHIBITED BAGS



PURSE


BACRPACE


CLEAR BACKPACK


HON-CLEAR HERCHANDISE EHG


CHMERA BHG


SOLID OR CLEAR DRANSTRING EAG


PRINTED PATTERH PLASTIC EAG


DIAPER BAG


FAMHY PAEK


MESH EAG
 owner's car or disczuded Any unlwiful items are subjact fo conftecation, and the porsan in porsecsion of such items is subjact to arrest. Fevme lett at pate will be discanded.

## PARKING \& ENTRANCE



