**Western Ohio Track Officials**

**High School Indoor Track & Field Invitational**

**January 7, 2023**

The Western Ohio Track Officials will sponsor its Eighteenth Annual High School Indoor Elite Track & Field Meet again this year at Ohio Northern University. The meet is set for Saturday, January 7, 2023 and will be held at ONU’s Sports Center.

Listed below, you will find the information needed to enter this meet. If you have any questions contact Jason Maus, Head Coach of Men’s and Women’s Track and Field at Ohio Northern University at (419) 772-2451.

**Individuals:** If you do not have a team, but have individual athletes, copy this information and pass on to the interested parent. These athletes should be entered as UNATTACHED rather than by a team name. Also, athletes may register with the team/school name where they attend as long as the HS Bd of Ed has approved indoor track. This also allows the athlete to be eligible for and qualify to compete in the State Indoor Meet.   An athlete whose BOE has not approved Indoor Track would register as unattached and *would not be eligible for qualification to the Indoor State Track Meet.*

**MEET INFORMATION**

**Date:** January 7, 2023

**Please note: *-weight throw--boys at 9:30*; shot, all other field events and running events—10:00 a.m.**

-entries will be limited to 6 from each team for the 60m dash and hurdles

-all throws and horizontal jumps

-60m Dash and 60m Hurdles are timed finals—no prelims

**Time:** 9:30 a.m. boys weight throw followed by girls. **All other Field Events—10:00**

10:00 a.m. Running Events

**Events:** 60 meter dash, 60 meter hurdles, 200 meters, 400 meters, 800 meters, 1600 meters, 3200 meters, 4 x 200 relay, 4 x 400 relay, 4 x 800 relay, High Jump, Long Jump, Triple Jump, Pole Vault, Shot Put, Weight Throw.

**Time Schedule** Field Events (Rolling Schedule)

9:30 a.m. Weight throw (boys) followed by girls

10:00 a.m. (all throws and horizontal field events)

Long Jump G then B

Triple Jump G then B to follow Long Jump)

Pole Vault B then G

High Jump B then G

Shot B then G at conclusion of Weight Throw; *both a boys and girls weight implement will be supplied for any athlete to use.*

10:00 a.m. (Rolling Schedule—girls will compete first in each running event)

4 x 800m Relay

60m Hurdles—timed finals

60m Dash timed finals

4x200m relay

1600m run

400m Dash

800m Run

200m Dash

3200m Run

4 x 400m Relay

**Entries &**

**Entry Procedure:** Entries must be submitted online using https://oh.milesplit.com/. Meet name **Western Ohio Track Officials High School Indoor Track & Field Invitational**

The online entry window will **open at 12:00 AM on Monday, December 5** and **close precisely at 12:00 PM, on Wednesday, January 4th.** Specific online entry instructions will be posted on the website.

Participants are limited to ***current high school athletes only***. There are neither divisions nor event sections established for athletes at the Jr. high or younger, college or beyond. This is the only way entries will be accepted. ***Entries in the hurdle events and 60m dashes will have a limit of 6 from each team.*** There will be no **“Day of Meet”** entries. If you have any questions on these procedures call Jason Maus at (419) 772-2451 for assistance.

**Entry Fee:** Entry Fee is a flat fee of $10.00 per athlete *with a* ***team maximum of $150*** regardless of the number of entrants or ***school maximum of $300*** with a boys and girls team of at least 15 each; examples—School A boys team of 12 and girls team of 10: $120 for boys and $100 for girls for $220: School B boys team of 8 and girls team of 15: $80 for boys team and $150 for girls team--$230; School C boys team of 9 and girls team of 7: $90 for boys team and $70 for girls team--$160. Each athlete may enter up to three (3) events. Entry Fees are to be made Payable to: **Western Ohio Track Officials Association** and may be sent to the following address prior to the meet:

**Bill Swank, Sec-Treas WOTOA**

**201 Gay St.**

**Van Wert, Ohio 45891**

**OR teams/individuals may pay with cash or by check at registration the day of the meet.**

**Admission Charge:** There will be an admission charge of $2.00 per adult; children 10 and under free.

**Sports Center Facilities:**

**Track:** 200 Meter Mondo Super X surface with thirty-six inch lanes on the oval. Eight forty-two inch lanes on the straight. **Only 1/8 inch exposed pyramid spikes will be permitted on the track surface. *Spikes will be available for purchase at the meet; $2/pkg of 6 at clerking table.* NO PINS OR NEEDLES.**

**Long Jump:** Distance from pit to the board is seven feet. Pit is 27’ by 9’. Runway is located in lane six of the backstretch. The approach is 190 feet.

**Triple Jump:** Painted boards at 26’, 30’, 34’, 38’, 42’, we can put a tape board down at 20’ or 24’ if needed.

**High Jump:** Located on the infield of the track. Spacious area. Mondo Court surface.

**Pole Vault:** Located on the infield of the track. Runway is “rollout” Mondo Super-X surface. Distance of runway is 140 feet. Pit is located directly in front of our elevated seating.

**Shot Put/Weight:** Events will be contested in the track infield. Wooden recessed circle, and throwing cage.

**Timing System:** All events will be timed with Ohio Northern University’s Finish Lynx timing system.

**Starting Blocks:** Starting blocks will be provided by Ohio Northern University.

**Seating:** Seating capacity of the Sports Center is 1,000 spectators. All spectators seating is located on the outside of the track surface. Over flow seating for coaches and athletes will be in the infield on the backstretch. No spectators will be allowed in the infield.