

# Burke Lake Top Times

(from current 2.98 mile Burke Lake Cross Country course)

(Special Thanks to Pearl Watts and the late Bill McDowell for assisting with research and preserving the legacy of the Northern Region's course since 1974)

## TOP BOYS TIMES

(Sub- 15:00)

	Boys	School	Time	Meet	Year
1	Alan Webb	South Lakes	13:57	Concorde District Championships	25-Oct-99
2	Sharif Karie	West Springfield	14:19	Northern Region Championships	31-Oct-96
	Sean McGorty	Chantilly	14:19	Northern Region Championships	2-Nov-12
4	Jim Hill	Oakton	14:26.4	Northern Region Championships	2-Nov-78
5	Dwight Stevens	TC Williams	14:29.9	Northern Region Championships	1-Nov-79
6	Mike Mansey	TC Williams	14:30.1	Northern Region Championships	2-Nov-78
7	Ahmed Bile	Annandale	14:38	Northern Region Championships	3-Nov-11
8	Alex Corbett	Lake Braddock	14:41	Region 6A North Championships	5-Nov-14
9	George Watts	Edison	14:42	Northern Region Championships	1-Nov-74
	Louis Colson	Edison	14:42	Capitol Conf. 13 Championships	31-Oct-13
11	Eric Kweder	Edison	14:45	Monroe Parker Invitational	4-Sep-96
12	Eric Post	Chantilly	14:48	Northern Region Championships	31-Oct-96
13	Ryan McGorty	Chantilly	14:49	Concorde Conf. Championships	30-Oct-14
14	Jeff Pajak	Annandale	14:49.2	Northern Region Championships	31-Oct-85
15	Dennis Kappeler	Mt. Vernon	14:49.3	Fairfax County Meet	10-Oct-81
	Bob Murray	Fort Hunt	14:49.3	Fairfax County Meet	10-Oct-81
17	Chris Foley	Chantilly	14:49.6c	Northern Region Championships	5-Nov-09
18	Andrew McCullen	Oakton	14:49.8c	Northern Region Championships	5-Nov-09
19	Steve Halsey	Langley	14:50	Northern Region Championships	4-Nov-76
	Anteneh Girma	TC Williams	14:50	Region 6A North Championships	5-Nov-14
*	21 Laurin Willis	Monocan	14:50.5	George Mason Invitational	26-Sep-81
22	Mike Spooner	West Springfield	14:54.6	Patriot District Championships	26-Oct-06
23	Mike Stafford	Wakefield	14:51	Northern Region Championships	3-Nov-77
24	Andrew Macleod	Oakton	14:52	Northern Region Championships	30-Oct-97
	Pat Conway	West Springfield	14:52	Northern Region Championships	30-Oct-97
26	Pete Tatro	Fort Hunt	14:53	Northern Region Championships	23-Oct-75
*	Charlie Ortman	The Potomac School	14:53	Monroe Parker Invitational	10-Sep-22
28	Jim Martin	West Springfield	14:53.2	Northern Region Championships	30-Oct-86
29	Marc Anderson	Washington-Lee	14:53.9	Great Falls District Championships	25-Oct-79
30	Jon Babcock	Langley	14:54	Northern Region Championships	2-Nov-78
	Ibrahim Aden	WT Woodson	14:54	Northern Region Championships	2-Nov-89
	John Stoney	Oakton	14:54	Region 6A North Championships	6-Nov-13
*	33 Eric Vandendries	St. Albans	14:54.8	George Mason Invitational	28-Sep-80
34	Kevin Dowd	Fairfax	14:54.9c	Northern Region Championships	5-Nov-09
35	Mackenzie Haight	G.C. Marshall	14:55.3	Conference 13 Double Quad Meet	16-Oct-13
36	Christo Landry	Jefferson	14:56	Concorde District Championships	24-Oct-03
*	37 Winston Hurst	Monocan	14:56.4	George Mason Invitational	28-Sep-80
38	Cliff Holtz	Annandale	14:57.4	Potomac District Championship	27-Oct-83
39	Chuck Wimberly	Edison	14:58	Fairfax County Meet	16-Sep-77
	Rasheed Thompson	Herndon	14:58	Northern Region Championships	7-Nov-02
41	Roy Borden	Hayfield	14:59	Northern Region Championships	31-Oct-91
	Sean Stuck	West Springfield	14:59	Patriot District Championships	24-Oct-19
43	David Iverson	Robinson	14:59.2	Northern Region Championships	30-Oct-86
44	Mark Lambert	Robinson	14:59.7	Northern Region Championships	1-Nov-84

\* Runners from non-Northern Region Schools

## TOP GIRLS TIMES

(Sub- 17:30)

	Girls	School	Time	Meet	Year
1	Erin Keogh	Langley	16:09.7	Northern Region Championships	31-Oct-85
2	Aimee Harms	Annandale	16:30.7	Northern Region Championships	31-Oct-85
3	Caroline Alcorta	West Springfield	16:31	Region 6A North Championships	6-Nov-13
4	Kate Murphy	Lake Braddock	16:34	Patriot Conference Championships	26-Oct-16
5	Melissa Dewey	Hayfield	16:42	Patriot District Championships	4-Nov-04
6	Sophie Chase	Lake Braddock	16:42	Northern Region Championships	2-Nov-12
7	Laura Heiner	Centreville	16:47	Northern Region Championships	10-Oct-97
8	Heather Holt	GC Marshall	16:48	Capitol Conference Championship	26-Oct-16
9	Wendy Neely	Lake Braddock	16:49.2	Northern Region Championships	30-Oct-86
10	Gillian Bushee	Herndon	16:54	Monroe Parker Invitational	10-Sep-22
11	Jackie Kerr	Jefferson	16:56	Concorde District Championships	26-Oct-95
12	Andrea Volpe	Lake Braddock	16:59.6	George Mason Invitational	25-Sep-83
*	13 <i>Kris Kavelski</i>	<i>Bowie</i>	<i>17:00.7</i>	<i>George Mason Invitational</i>	<i>26-Sep-81</i>
14	Sarah Colvin	Chantilly	17:02.6	Northern Region AD's Meet	10-Sep-86
15	Megan McCarthy	Robinson	17:03	Northern Region Championships	1-Nov-90
16	Amy Colvin	Chantilly	17:05.9	Northern Region Championships	31-Oct-85
17	Erin Swain	Lake Braddock	17:06	Northern Region Championships	4-Nov-99
	Allie Klimkiewicz	Oakton	17:06	Conference 5 Championships	30-Oct-13
19	Hannah Christian	Lake Braddock	17:08	Northern Region Championships	2-Nov-12
20	Liz Awtrey	Robinson	17:10	Northern Region Championships	5-Nov-98
21	Macey Schweikert	Robinson	17:12	Conference 5 Championships	30-Oct-13
22	Libby Williams	Annandale	17:13.9	Northern Region Championships	31-Oct-85
23	Vicki Verinder	Langley	17:14.1	Northern Region Championships	3-Nov-83
24	Alexa Lange	Herndon	17:20	Great Falls District Championships	26-Oct-88
	Kelley Otstott	Jefferson	17:20	Concorde District Championships	22-Oct-97
26	Rachel McArthur	Patriot	17:21	Region 6A North Championships	5-Nov-14
27	Jackie Concaugh	Annandale	17:22	Northern Region Championships	2-Nov-89
28	Olivia Beckner	South Lakes	17:23	Liberty Conference Championships	26-Oct-17
	Julia Ghiselli	Annandale	17:23	Gunston District Championship	26-Oct-17
	Thais Rolly	McLean	17:23	Liberty District Championships	28-Oct-21
31	Alisa Harvey	Jefferson	17:23.9	Potomac District Championships	27-Oct-82
32	Paige Kwartunas	West Springfield	17:24.6c	Northern Region Championships	5-Nov-09
33	Anne Evans	South Lakes	17:24.9	Northern Region Championships	29-Oct-87
34	Sharon Poole	Langley	17:25.4	Northern Region Championships	30-Oct-86
35	Shannon Sarabyn	Centreville	17:26	Northern Region Championships	24-Oct-96
36	Karen Sanfacon	WT Woodson	17:26.4	Northern Region Championships	31-Oct-85
37	Linda Portasik	Fort Hunt	17:26.8	Gunston District Championships	25-Oct-78
38	Andrea Lengi	Madison	17:27	Great Falls District Championships	26-Oct-88
	Katie Kennedy	West Springfield	17:27	Conference 7 Championships	30-Oct-13
40	Nicole Snider	Jefferson	17:28	Concorde District Championships	22-Oct-97
41	Bailey Kolonich	R.E. Lee	17:29.9	Northern Region Championships	3-Nov-11

\* *Runners from non-Northern Region Schools*

Note: 2009 Times- Course was measured to be 3.01miles (160 ft longer than standard 2.98 miles) by Pearl Watts on Saturday, November 7th. Original times (non-converted) would include:

Chris Foley- 14:58.7

Andrew McCullen- 14:58.9

Kevin Dowd- 15:04.0

Paige Kwartunas- 17:35.3