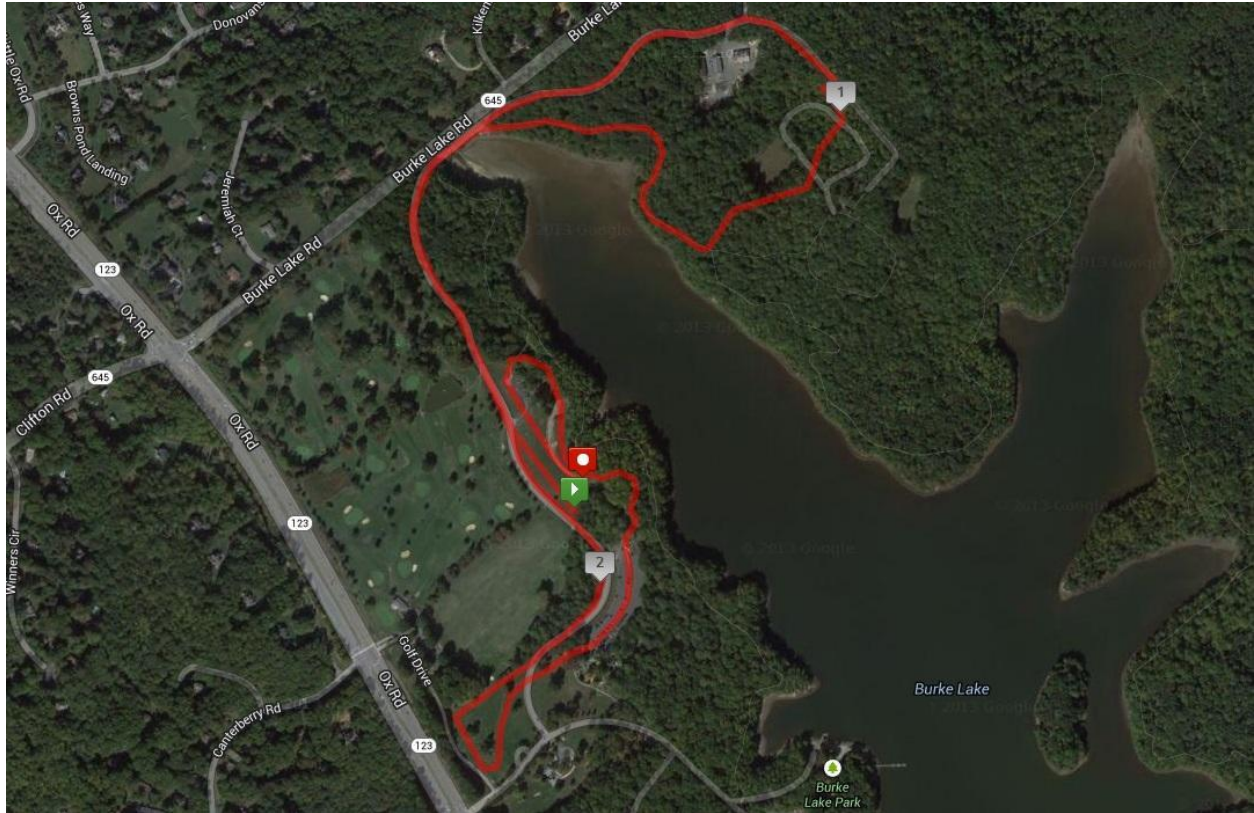


2022 District Cross Country Championships

Burke Lake 2.98 mile Course Map



Race Times





























Patriot Boys	11:30am
National Boys	12:00pm
Patriot Girls	12:30pm
National Girls	1:00pm
Concorde Boys	2:00pm
Liberty Boys	2:30pm
Concorde Girls	3:00pm
Liberty Girls	3:30pm

2022 Cross Country District Championship

Race Schedule

	First Call	Second Call	Final Call		
Race	Warm up on Staging Area	Validate Box Assignment	Athletes Race Ready	Coaches Clear Starting Area	Start
	RT – 15 min	RT-10 min	RT -5 min	RT -3min	RT- 0
Patriot Boys	11:15	11:20	11:25	11:27	11:30
National Boys	11:45	11:50	11:55	11:57	12:00
Patriot Girls	12:15	12:20	12:25	12:27	12:30
National Girls	12:45	12:50	12:55	12:57	1:00
Concorde Boys	1:45	1:50	1:55	1:57	2:00
Liberty Boys	2:15	2:20	2:25	2:27	2:30
Concorde Girls	2:45	2:50	2:55	2:57	3:00
Liberty Girls	3:15	3:20	3:25	3:27	3:30

2022 Box Assignments

Box	Patriot	National	Concorde	Liberty
Near Road	1 Woodson 	Hayfield 	OPEN	OPEN
	2 Lake Braddock 	Annandale 	Westfield 	Wakefield 
	3 West Springfield 	Thomas Jefferson 	Centreville 	Langley 
	4 West Potomac 	Falls Church 	Chantilly 	Marshall 
	5 Alexandria City 	Edison 	Oakton 	Yorktown 
	6 Fairfax 	Mount Vernon 	South Lakes 	McLean 
	7 Robinson 	Justice 	Madison 	Herndon 
Near Finish line	8 South County 	Lewis 	OPEN	Washington & Liberty 