



MECHANICSBURG EVSD

Department of Athletics

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HS Principal: **Jason Shultz** (ext. 1506)
MS Principal: **Marlo Schipfer** (ext. 1507)
Athletic Director: **Coby Wilhelm** (ext. 1057)
Athletic Assistant: **Cheryl Payne** (ext. 1503)

Mid-Season Invite Friday, April 21, 2023

- LOCATION:** Mechanicsburg High School, 60 High Street, Mechanicsburg, OH 43044
- ENTRY FEE:** \$200.00- Checks made payable to Mechanicsburg Schools
- ADMISSION:** Tickets will be sold online or at the gate, [link to online tickets](#). All Spectators must have a ticket, tickets are \$7.
- TEAM ARRIVAL:** Teams will be asked to drop participants off at entrance 1 on the [event map](#) and then park busses as indicated on the map. Coaches should report to the press box upon arrival to check-in. If you have scratches or substitutions, please feel free to email them wilhelmc@mcburg.org, or report them at the press box upon arrival.
- HOSPITALITY ROOM:** There will be a hospitality room for coaches and officials in the locker room at the end of the concession building as indicated on the [event map](#).
- CONCESSIONS:** Concessions will be available behind the home bleachers.
- TRAINING STAFF:** The Mechanicsburg Athletic Department in collaboration with Memorial Sports Medicine will have a Certified Athletic Trainer on-site.
- SCORING & RESULTS:** We will have a video board at the finish line to display results, they will also be live on [Mile Split](#). The top 8 will score in individual and relay events. Scoring: 10-8-6-5-4-3-2-1
- AWARDS:** There will be Team Trophies for the Team Champions and Runner-Up, Individual Medals will be given for Places 1st through 3rd in each event. Awards can be picked up in the press box at the conclusion of the event.
- ENTRY/SEEDING:** All entries are to be completed using MileSplit. If you do not have a MileSplit account set up for your team, you will need to register for a free account a few days in advance to allow them to process the request. The entry deadline is **9:00 PM, Wednesday, April 19th. Teams may enter up to 2 athletes per individual event and 1 team per relay event.** All events will be finals, participants will be assigned heats/lanes based on the seeding info that is input on MileSplit. Events will not be reseeded the day of the event. All substitutions will go directly into the same heat/lane assignment as the original participant, any addition will be placed in the first available heat/lane.

[Link to Mile Split Entries Page](#)

TENTATIVE SCHEDULE:

Wednesday, April 19th

9:00 PM

Entries and seeding criteria are due on MileSplit

Friday, April 21st

4:00 PM

Gates Open for Teams

Coaches should check into the press box upon arrival to submit [coaches verification](#) and [pole vault certification](#). If you have scratches or substitutions, please feel free to email them wilhelmc@mcburg.org, or report them at the press box upon arrival.

4:30 PM

Gates Open for Spectators/Coaches Meeting at Finish Line

5:00 PM

Field Events Begin (All Finals)

Boys Shot Followed by Girls Shot - 3 Trials

Girls Disc Followed by Boys Disc - 3 Trials

Boys High Jump(Followed by Girls) - Starting Height TBA

Long Jump - Separate boys and girls pits, 3 Jumps

Pole Vault - We will determine the order once we have entries with seed marks. [Pole Vault Certification Form.](#)

5:45 PM

Running Events Begin (All Timed Finals)

GIRLS 3200M RELAY

BOYS 3200M RELAY

GIRLS 100M HURDLES (30" Yellow Marks)

BOYS 110M HURDLES (33" Blue Marks)

GIRLS 100M DASH

BOYS 100M DASH

GIRLS 800M RELAY

BOYS 800M RELAY

GIRLS 1600M RUN

BOYS 1600M RUN

GIRLS 400M RELAY

BOYS 400M RELAY

GIRLS 400M DASH

BOYS 400M DASH

GIRLS 200M HURDLES (30" White Marks)

BOYS 200M HURDLES (30" White Marks)

GIRLS 800M RUN

BOYS 800M RUN

GIRLS 200M DASH

BOYS 200M DASH

GIRLS 1600M RELAY

BOYS 1600M RELAY

30" Hurdle Height: All the way down

33" Hurdle Height: Up One Notch