

# Pleasanton JH/HS Cross Country Invitational

## October 6, 2022

Dear Coaches and ADs:

The Pleasanton JH/HS Cross Country Invitational will be at the Pleasanton City Lake (Stegge Lake) which is west of the High School on Thursday, October 6th at 4:00 pm.

**Entries:** We will be using Midwest Timing and results this year for timing and results of the meet. I will send this out to you all as soon as I get it.

**RESULTS:** Final results will be emailed to the school ADs when available.

***Live results can be found at:***

**COACHES MEETING:** There will be a brief coaches meeting at 3:30 PM.

**COURSE/MEET INFORMATION:** The course is mostly grass but some parts of it are compacted chat. Athletes will receive their medals as they finish. Varsity Team Medals will be announced/handed out after the conclusion of the meet. Please come dressed to run as there will be no changing areas available.

<b>RACE TIMES &amp; DISTANCES</b>	7th Grade	4:00 pm	2 miles
	8th Grade	4:30 pm	2 miles
	JV (B/G)	5:00 pm	5K
	Varsity Girls	5:30 pm	5K
	Varsity Boys	6:00 pm	5K

**\*\*Times are approximate and we will run ahead of schedule if possible.**

<b>AWARDS:</b>	Varsity Boys:	1st - 15th place medals & 1 - 3 <sup>rd</sup> Team Medals (7 per team)
	Varsity Girls:	1st - 15th place medals & 1 - 3 <sup>rd</sup> Team Medals (7 per team)
	JV Girls:	1st - 10th place medals
	JV Boys:	1st - 10th place medals
	JH Boys	1st - 10th place medals for 7th grade and for 8th grade
	JH Girls	1st - 10th place medals for 7th and for 8th grade

\*There will be a plaque for the first place team in both the varsity divisions.

**ENTRY FEES:** \$50 per high school boys team or \$10 per runner. \$50 per high school girls team or \$10 per runner. \$30 per junior high boys team or \$5 per runner. \$30 per junior high girls team or \$5 per runner. Please make checks out to Pleasanton High School.

**EMERGENCIES:** There will be an EMT on site

**PARKING:** Buses and vans may park on the road along Scott St. to the south of the start/finish line.

**RESTROOMS:** There will be port-a-potties located near the start/finish line.

**LOCATION:** Stegge Lake, Pleasanton Lakeside Park., Pleasanton, KS

**DIRECTIONS:** The lake and course is directly west 2 blocks of the high school on E 1050th Rd, intersecting with Scott Rd.

**Pleasanton Athletic Director:** [tara.carpenter@usd344.org](mailto:tara.carpenter@usd344.org)