

2023 Middle School Schedule

Thursday, April 13th

This schedule follows the TMSAA State Championship format

Field Events- 4:30 PM start

Long Jump- boys & girls

Shot Put-boys followed by girls

High Jump-boys & girls

Discus- girls followed by boys

Implement weights- Shot- girls 6lb, boys 4k; Discus- 1k-

All implements will be weighed at the event location

Running Events- 5:30 PM start

100H 30"/110H-30"

100M Dash

4x200M Relay

1600M Run

4x100M Relay

400M Dash

800M Run

200M Dash

4x400M Relay

Section vs Time. Slow to Fast heat order.