

MEET INFORMATION

Check-in:

Athletes will check in with the Clerk of Course (big Houston pop-up tent) at the north end of the field 30 minutes prior to the event to receive lane assignments and hip numbers. Athletes are then allowed into the track warm up area and wait for their heat. Athletes will **NOT** check in at the finish line.

We are attempting to have as few people as possible in the track infield area. This is an athlete safety issue.
TEAMS and COACHES are not allowed in the warm up area.

Coaches not assisting in running the meet and athletes not warming up will not be allowed entry.

TEAMS and COACHES should be in the stands to cheer for their team.

Seeding:

Since this is the first meet of the season, coaches are allowed to change a seed time. Coaches, PLEASE use this option as a last resort. In the past we have witnessed coaches changing times to NATIONAL RECORDS. <u>Top seeds of events will be verified.</u>

Changes:

No changes will be made once heat sheets are made. Substitutions are not allowed.

Hospitality:

We will have food and drinks both nights. Located at the OLD CONCESSION STAND, North end of the track.

Restrooms - located behind the new concession stand.

Awards:

We will award medals for places 1-3. Medals will be given at the Clerk of Course tent.

Field Events:

All horizontal jumps and throws will have 3 attempts. All first attempts will be measured, attempts 2 and 3 must hit the standard for measurement. DISCUS- the discus field area is located outside of the track stadium. Athletes and spectators will walk south of the track approximately 300 meters.

Payment:

Please pay your team entry at packet pickup at the main entrance of the track if you did not mail the entry fee. The MileSplit website can generate an invoice for accounting purposes.