

2023 Jamboree Schedule

Monday, March 6th

Field Events - 3:45 check-in; 4:00 start

Pole Vault - girls (4'4" open) High Jump - boys (4'8" open)

Long Jump - boys (16'min) girls (13'min)

Shot Put - girls (25'min) Discus - boys (80'min) Order of Running Events - 5:00 start

100/110M Hurdles

4x200M Relay

4x800M Relay

300M Hurdles

3200M

4x400M Relay

Tuesday, March 7th

Field Events - 3:45 start; 4:00 start

Pole Vault - boys (7'6" open)

High Jump - girls (4'4" open)

Triple Jump - boys (30'min) girls (24'min)

Shot - boys (35'min)

Discus - girls (55'min)

Order of Running Events - 5:00 start

100M Dash

1600M Run

4x100 Relay

400M Dash

800M Run

200M Dash

Section vs Time. Slow to Fast heat order.