

**MT. HOREB CROSS COUNTRY
VIKING INVITATIONAL**

To: Activities Directors & Cross Country Coaches

From: Brian McIntyre, Cross Country Coach and
Kolleen Nesheim, Activities Director

Re: Mt. Horeb Viking Invitational Cross Country Meet
Saturday, September 17, 2022

LOCATION:
NORSK GOLF CLUB
2755 NORSK GOLF BOWL RD., MT. HOREB

PLEASE STAY OFF OF ALL TEES & GREENS!!!!!!!!!!

WIAA RULES PROHIBIT DOGS AT CC MEETS
PLEASE HELP REMIND PARENTS ABOUT THIS

Teams:

Lane 1: The Lincoln Academy
Lane 2: Madison East
Lane 3: Milton
Lane 4: Prairie du Chien
Lane 5: Monona Grove
Lane 6: Reedsburg

Lane 7: Mt. Horeb
Lane 8: Southwestern/Benton/Cuba City
Lane 9: Tri-State Homeschool
Lane 10: McFarland
Lane 11: Madison La Follette

Time Schedule:

8:30 Girls Race (Var & Jv Together)
9:15 Boys Race (Var & Jv Together)
10:00 Open Race
10:40 Awards

Entries:

Clark Jillson of Accurace Timing Services will be in charge of entries and scoring of the meet. Entries will be done using MileSplit. You can access this through wi.milesplit.com or through the accuracetiming.com website. **Entry deadline is 12:00pm (noon) on Thursday September 15th, 2022.** You will NOT need to declare which runners are Varsity or Junior Varsity. Your top 7 finishers will count as your Varsity Scorers. All others will count as Junior Varsity. The results/awards will be separated out even though we are only running one race for each gender. Coaches need to obtain their username and password before the deadline by contacting MileSplit. Additions and changes are permitted the day of the meet.

Packet Pick-up:

Packet Pick-up will be at the finish line.

Course Maps:

Course Maps are included. Please see attachment.

Awards:

Awards will be presented by the club house/finish line following the Open 5k. If the weather interferes, we will move the awards presentation into the H.S. Gymnasium.

Varsity:

1st-2nd Place Teams: Plaque

1st - 5th Place Individuals: Medal

6th- 10th Place Individuals: Ribbon

Junior Varsity:

1st Place Team: Plaque

1st-5th Place Individuals: Ribbon

Overall:

Fastest Freshman Boy & Girl: Medal

Entry Fees:

Entry fees are to be made payable to Mt. Horeb Schools. Fees are \$90.00 for both boys & girls teams, and \$50.00 for boys or girls team only. \$9.00 per individual for inc. teams.

Concessions:

No Concessions will be available.

Parking:

There will be Bus Parking at the Golf Course. There will be limited parking for fans at the Golf Course. Fans may park on Garfield St. as well and walk (towards the east) to the course (very short walk).

Tent City:

Teams can set up their tents just to the West of the Club House.

Questions:

If you have any questions, please contact:

Brian McIntyre, Head Coach: 437-7395, mcintyrebrian@mhasd.k12.wi.us

Kolleen Nesheim, Activities Director: 437-7283, nesheimkolleen@mhasd.k12.wi.us

Clark Jillson, Accurace Timing Services: 778-1727, chvjillson@aol.com

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