

**Montgomery Invitational 2023 - 1/14/2023**

**Hosted by Walter Johnson HS**  
**Landover Sports & Learning Center**  
**Session Report**

Session: 1 Running Events

Day 1 - Saturday 1/14/2023 - Starts at 09:00 AM

<b>Event</b>		<b>Round</b>
9:00 AM	#1 Boys 4x200 Meter Relay	Finals
9:46 AM	#2 Girls 4x200 Meter Relay	Finals
10:29 AM	#3 Boys 4x800 Meter Relay	Finals
11:15 AM	#4 Girls 4x800 Meter Relay	Finals
11:54 AM	#5 Boys 55 Meter Dash	Prelims
12:07 PM	#6 Girls 55 Meter Dash	Prelims
12:19 PM	#7 Boys 55 Meter Hurdles	Prelims
12:32 PM	#8 Girls 55 Meter Hurdles	Prelims
12:50 PM	#9 Boys 500 Meter Dash	Finals
1:06 PM	#10 Girls 500 Meter Dash	Finals
1:20 PM	#13 Boys 1600 Meter Run	Finals
Heat 1: 1:20pm		
Heats 2 - 5: 1:34pm		
1:27 PM	#14 Girls 1600 Meter Run	Finals
Heat 1: 1:27pm		
Heats 2 - 5: 2:06pm		
2:38 PM	#6 Girls 55 Meter Dash	Finals
2:40 PM	#5 Boys 55 Meter Dash	Finals
2:42 PM	#8 Girls 55 Meter Hurdles	Finals
2:44 PM	#7 Boys 55 Meter Hurdles	Finals
2:46 PM	#15 Boys 800 Meter Run	Finals
3:10 PM	#16 Girls 800 Meter Run	Finals
3:34 PM	#17 Boys 300 Meter Dash	Finals
3:52 PM	#18 Girls 300 Meter Dash	Finals
4:10 PM	#19 Boys 3200 Meter Run Invitational	Finals
4:22 PM	#20 Boys 1600 Sprint Medley 2-2-4-8	Finals
4:43 PM	#21 Girls 1600 Sprint Medley 2-2-4-8	Finals
5:04 PM	#22 Girls 3200 Meter Run Invitational	Finals
5:17 PM	#23 Boys Distance Medley Invitational	Finals
5:29 PM	#24 Girls Distance Medley Invitational	Finals
5:43 PM	#25 Boys 4x400 Meter Relay	Finals
6:16 PM	#26 Girls 4x400 Meter Relay	Finals

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Session: 2 Field Events

Day 1 - Saturday 1/14/2023 - Starts at 09:00 AM

<b>Event</b>		<b>Round</b>
9:00 AM	#28 Girls Pole Vault	Finals
9:00 AM	#30 Girls Shot Put	Finals
9:00 AM	#32 Girls High Jump	Finals
9:00 AM	#33 Boys Triple Jump	Finals
9:00 AM	#36 Girls Long Jump	Finals
1:00 PM	#27 Boys Pole Vault	Finals
1:00 PM	#29 Boys Shot Put	Finals
1:00 PM	#31 Boys High Jump	Finals
1:00 PM	#34 Girls Triple Jump	Finals
1:00 PM	#35 Boys Long Jump	Finals