

NORTH GWINNETT TWILIGHT - March 17, 2023

DIRECTIONS & PARKING:

- Address: 20 Level Creek Rd. Suwanee, GA 30024
- PARKING & CONSTRUCTION
 - The school is currently undergoing construction adjacent to the stadium, which will affect parking and access to the track. Please see the map on the last page of this document. Please pass this map along to all parents, spectators, coaches, bus drivers, etc.

COACHES:

- We will have a Coaches Mtg. at 3:15.
- We are going to need your help with some of the field events. Assignments to come. If you have a preference as to which field event(s) you'd like to work, let us know.
- We will have hospitality food & drinks for coaches.

ENTRIES:

- Deadline for entries: Tuesday March 14th at 11:00 p.m.
- Entry Fee: \$150 per team (boys & girls) or \$100 per gender (if only bringing one)
 - Entry fees can be mailed to the address below or brought to the Coaches Meeting.
- Entry limits:
 - Individual Events - 6 per school
 - Relays - 3 per school
 - 200 & 1600 are unlimited
 - GHSA entry limits per athlete apply

GENERAL:

- Concessions will be available
- All seating is in the West Stands and Home Side (along the finish line straightaway)
- 1/4" spikes only: We have a brand new track surface. Please help us maintain it!
- Athletes are not allowed on the infield at any time. At check-in, they will be held in a staging area pending the start of their event and will be released onto the infield at the appropriate time by meet officials. We will have warm-up boundaries marked off on the infield for last-minute warm ups. Any athlete found on the infield for any reason without permission other than to complete their warm-up or competition will be disqualified.
- We will start the meet promptly. Leave for the meet early! Traffic into northeastern Gwinnett County is terrible on a good day.

ADMISSION: \$5 per person (can be paid via GoFan – Link coming soon)

SCORING AND AWARDS:

- Team scoring in each event: 10-8-6-4-2-1
- Only 3 individuals or relays per team in each event will score.

SCHEDULE OF EVENTS - Event times are estimates. We will work on a rolling schedule.

FIELD EVENTS:

*Field event participants should report to their respective competition areas for check-in at first call.

*Three attempts each (no finals) in Discus, LJ, SP, & TJ

3:30 p.m.:

Girls Discus, LJ, PV

Boys Shot Put, HJ

*Boys PV & LJ will immediately follow girls

*Girls HJ will immediately follow boys

~4:30 p.m. (or upon completion of 3:30 events):

Boys Discus

Girls Shot Put

~4:45 p.m. (or upon completion of Boys & Girls LJ):

Girls TJ (followed by boys TJ)

RUNNING EVENTS:

*All events are Girls followed by Boys (except for 110h/100h).

*Schedule is tentative and will be finalized prior to the meet.

*Meet will be run on a rolling schedule. Times shown are approximate.

4:00 p.m. 1600m Run (heats 2 through . . .)

~4:30 p.m. 200m Dash (heats 7 through . . .)

~5:00 p.m. 4x800m Relay (may be combined depending on # of entries)

~5:30 p.m. Boys 110m Hurdles

~5:40 p.m. Girls 100m Hurdles

~6:00 p.m. 100m Dash

~6:20 p.m. 4x200m Relay

~6:40 p.m. 1600m Run (heat 1 only)

~7:00 p.m. Middle School 1600m Run

~7:20 p.m. 4x100m Relay

~7:40 p.m. 400m Dash

~8:00 p.m. 300m Hurdles

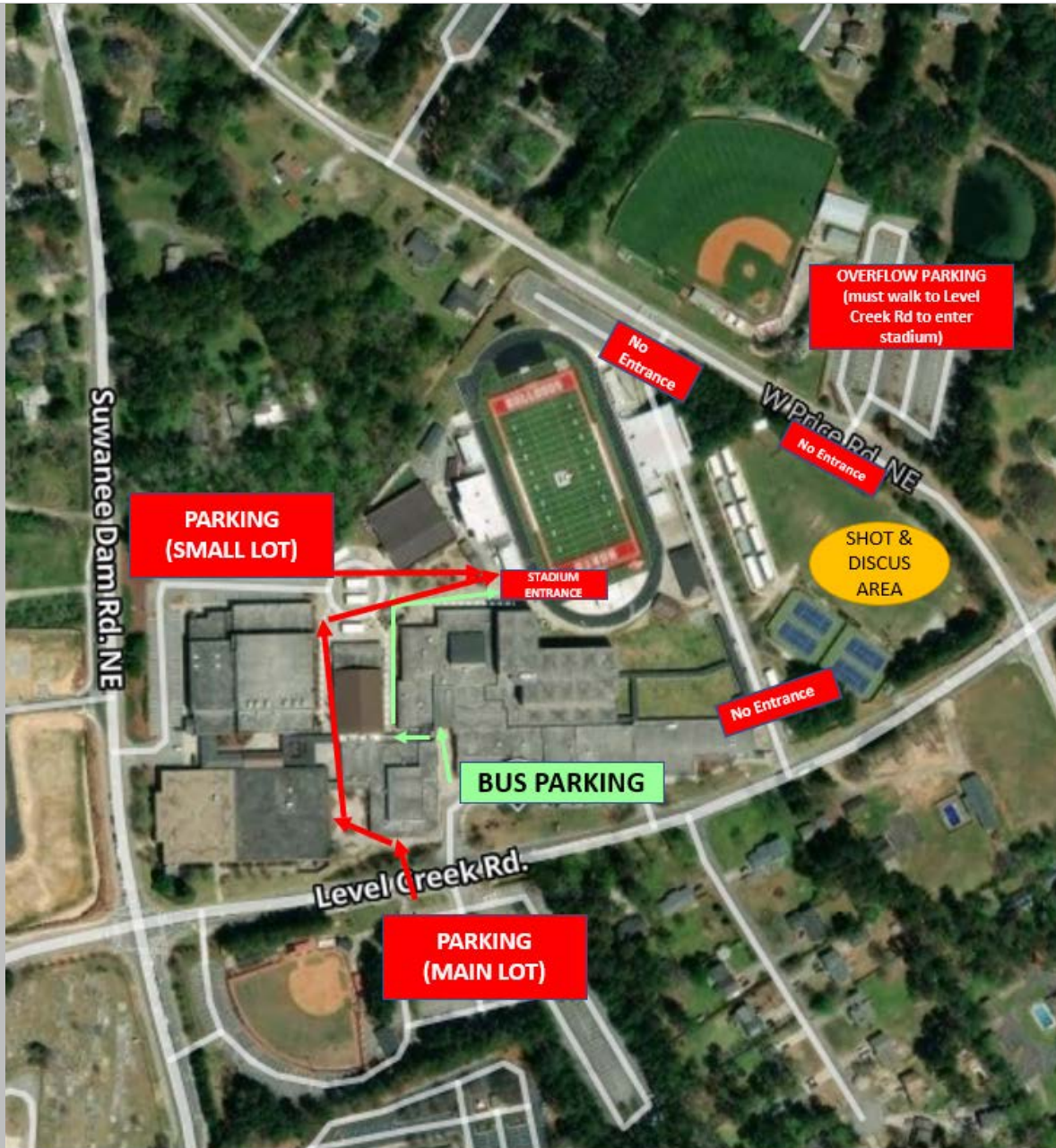
~8:30 p.m. 800m Run

~8:50 p.m. 200m Dash (heats 1 through 6 only)

~9:10 p.m. 3200m Run

~9:30 p.m. 4x400m Relay

NORTH GWINNETT TRACK & FIELD EVENT PARKING



Parking: North Gwinnett Track & Field Meets

We are undergoing construction and will not be able to access the main stadium entrance or parking in the bus lane by the stadium. Spectators should park in one of two parking lots (one on Level Creek Road or the smaller lot off of Suwanee Dam Road). Spectators parking in Overflow Parking will have to walk down West Price Road to Level Creek Road then to the front of the school (off of Level Creek Road). Spectators can follow the red arrows to the stadium. Team Buses will park in the front of the school and follow the green arrows to the stadium. The red & green arrows take you around the outside of buildings, not inside the school.