

2022 Willard Hanson Invitational

April 26, 2022

Dear Athletic Director/Coach:

Welcome to the 2022 Hanson Invitational. The order of events and entry information are included. Please read through the information.

Enter athletes at www.milesplit.com

Entries are 3 per individual event (**except 2 in pole vault**) with 1 relay per event.

The 4x100 relay will have 2 entries.

There will be a 4x100 Throwers Relay race. Co-ed relay teams are allowed.

Throwers relay team must be throwers

Throwers relay will run after girls/boys 4x100 relay

Entries will close Wed May 4th at 8:00 p.m

Medals for all 1st place finishes.

Please send the \$200 entry fee to Central High School prior to the meet. We are looking forward to seeing you at the Willard Hanson Invitational.

Concessions will be available and the Central Alumni Association will be serving a Pulled Pork Dinner in the school parking lot also.

Sincerely,

Mark Ambrose
La Crosse Central Activities Director

2022 Willard Hanson Invitational

Teams

Bangor

Cashton

Chippewa Falls

DeSoto

Eau Claire Memorial

Holmen

La Crosse Aquinas

La Crosse Central

Onalaska

West Salem

2022 Willard Hanson Invitational

Field Events

- 3:30 Pole Vault (Boys, Girls)
- 3:30 High Jump (Girls, Boys)
- 3:30 Discus (Boys, Girls) 3 throws in trials – finals immediately following trials
- 3:30 Shot Put (Girls, Boys) 3 throws in trials – finals immediately following trials
- 3:30 Long Jump (Boys, Girls) 3 jumps in trial – finals immediately following trials
- 3:30 Triple Jump (Girls, Boys) 3 jumps in trials - finals immediately following trials

Running Events

4:00

4x800

100/110 Hurdles

100 M Dash

1600 Meters

4x200

400 Meters

4x100

Throwers 4x100

300 M Hurdles

800 Meters

200 Meters

3200

4x400